### Spirometry for Primary Care Nurse Practitioners

**Track:** Respiratory/Pulmonology; Procedures  
**Content Level:** Competent  
**CE Hours:** 2.75  
**Speaker(s):** Catherine (Casey) S. Jones, PhD, RN, ANP-C, AE-C; B. Gwen Carlton, DNP, FNP

Repeated in 15.015

How do you make sense out of all of those numbers on office spirometry? All primary care nurse practitioners should be competent in the interpretation of basic spirometry. The proper identification and diagnosis of lung disease is based upon the accuracy of the nurse practitioner's interpretation of spirometry. The "Gold" standard for the diagnosis of both asthma and COPD relies upon spirometry. Evidence-based practice depends upon the knowledge of nurse practitioners and their level of comfort with spirometry.

Important Note: $100 fee  
(Limited attendance)

### Minor Surgical Skills for the Primary Care & Acute Care Nurse Practitioner

**Track:** Acute Care  
**Content Level:** Advanced Beginner  
**CE Hours:** 2.75  
**Speaker(s):** Richard McLaughlin, MS, ACNP-BC, FAANP; Noel M. Pycior, MS, FNP-BC

Repeated in 15.1.016 & 15.6.006

Minor Surgical Skills for the Primary Care & Acute Care Nurse Practitioner is designed to familiarize the participant with a basic orientation and practical experience with common minor surgery procedures used in the office, emergent care or hospital setting. During the first 90 minutes, the skills will be introduced through an interactive PowerPoint lecture. In the second half of the workshop, participants will practice incision and drainage of an abscess, removal of a sebaceous cyst using the Elliptical Incision and subcutaneous and subcuticular closure, digital blocks, treatment for paronychia and toenail removal.

Important Note: $100 Fee  
(Limited attendance)
The number of people diagnosed with type 2 diabetes (T2DM) is ever growing, and most are managed in primary care. Since the choices of pharmacological agents for this disease also are expanding and becoming more complex, primary care NPs need to stay up to date on the latest advances so they can optimize treatment for their patients. Research in the field has indicated that the vast majority of people with T2DM eventually will require insulin to maintain glycemic goals due to steady beta cell decline over time (1). So, NPs must be able to determine the need for augmenting therapy, choose specific agents for each individual patient, and initiate and intensify treatment (1, 2). Being comfortable with choosing from the variety of injectable agents as well as the delivery devices necessary for adequate management are competencies that all primary care NPs must master. This session will focus on initiating and augmenting diabetes treatment with a particular emphasis on "hands-on" learning to help participants become proficient with insulin delivery systems and other agents used for managing diabetes. Under the teaching supervision of several diabetes NP experts at equipment stations, participants can handle the devices and learn how to use and prescribe them as well as receive valuable teaching tips for their patients.

Important Note: $100 fee

(Limited attendance)
#### June 09, 2015, Tuesday

**15.1.005 Essential Concepts for Dermatologic Procedures in Primary Care**

**8:00 AM - 11:00 AM**  
Track: **Dermatology**  
Content Level: **Advanced Beginner**  
Category: **Procedures**  
CE Hours: **2.75**  
Speaker(s): Margaret A. Bobonich, DNP, FNP-C, DCNP, FAANP; Theodore D. Scott, RN, MSN, FNP-C, DCNP

Repeated in 15.1.019

Primary care and non-dermatology specialty NPs commonly perform in-office procedures. Many times these skills are acquired through on-the-job training without a complete understanding of the evidence-based concepts that are essential for competency. This session will detail indications or disease entities for the procedures, alternatives, contraindications, risks, intended and unintended outcomes and management of patient expectations. Patient safety, documentation of competency and billing for reimbursement will be discussed. Procedures: Cryotherapy (hands-on), microscopy, hemostasis with minor procedures, destruction techniques for benign lesions and intralesional injections.

Important Note: $100 fee

(Limited attendance)

**15.1.006 Long Acting Reversible Intrauterine Contraception in Primary Care Settings: A Hands-On Training Workshop**

**8:00 AM - 11:00 AM**  
Track: **Women's Health**  
Content Level: **Advanced Beginner**  
Category: **Reproductive; Procedures**  
CE Hours: **2.75**  
Speaker(s): Versie Johnson-Mallard, PhD, ARNP, FAANP, FAAN; Elizabeth A. Kostas-Polston, PhD, APRN, WHNP-BC, FAANP

This workshop is designed to provide nurse practitioners working in primary care settings the knowledge and skills needed to counsel and manage women on the use of long acting reversible intrauterine contraception. Attendees will participate in hands-on training as a preliminary step towards independence in the insertion and removal of intrauterine contraceptive devices.

Important Note: $100 fee

(Limited attendance)

**15.1.007 Vascular Access in the Acute Care Environment**

**8:00 AM - 11:00 AM**  
Track: **Acute Care**  
Content Level: **Advanced Beginner**  
Category: **Procedures; Vascular**  
CE Hours: **2.75**  
Speaker(s): Audrey Snyder, PhD, RN, ACNP-BC, FAANP, FAEN; Julie Grishaw, RN, MSN, CCRN, ACNP-C

This advanced practice lab will review peripheral and central access and techniques for success in vascular access placement including the use of ultrasound guided peripheral access, intraosseous infusion, central line placement and arterial line placement. Participants will have the opportunity to practice these skills with supervision in a simulated environment.

Important Notes: $100 fee. If you are late you are considered a no-show and will lose your place in the workshop.

(Limited attendance)
**June 09, 2015, Tuesday**

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<th>Session No.</th>
<th>Title</th>
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<th>CE Hours</th>
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<tr>
<td>15.1.008</td>
<td>Using Integrative Modalities to Treat Musculoskeletal and Common Medical Problems</td>
<td></td>
<td>Complementary; Pain Management;</td>
<td>Lawrence B. Li, MD, MPH, FAAFP</td>
<td>Advanced Beginner</td>
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<td>Musculoskeletal; Procedures</td>
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This workshop will demonstrate and teach participants a variety of physical and energy therapies (isometric stretches, body relaxation, hand reflexology and non-needle acupuncture) to resolve tension, pain and impaired functioning in the musculoskeletal system. Learn how releasing tight neck and back muscles directly impacts on common medical problems.

**Important Note:** $100 fee

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<tr>
<td>15.1.009</td>
<td>Musculoskeletal Injection &amp; Arthrocentesis in Primary Care</td>
<td>Orthopedics</td>
<td>Musculoskeletal; Procedures</td>
<td>Gregory B. Holm, PhD, NP-C, FAANP</td>
<td>Advanced Beginner</td>
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This lively, fun and interactive presentation will use PowerPoint lecture and return demonstration practice on manikin and human models to learn orthopedic injections and arthrocentesis commonly performed in the primary care setting. You will leave with a better understanding and feeling of comfort for these important procedures!

**Important Notes:** $100 fee. Active sportswear clothing strongly suggested.

(Limited attendance)

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<td>15.1.015</td>
<td>Spirometry for Primary Care Nurse Practitioners</td>
<td>Respiratory/Pulmonology; Procedures</td>
<td></td>
<td>Catherine (Casey) S. Jones, PhD, RN, ANP-C, AE-C; B. Gwen Carlton, DNP, FNP</td>
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How do you make sense out of all of those numbers on office spirometry? All primary care nurse practitioners should be competent in the interpretation of basic spirometry. The proper identification and diagnosis of lung disease is based upon the accuracy of the nurse practitioner's interpretation of spirometry. The "Gold" standard for the diagnosis of both asthma and COPD relies upon spirometry. Evidence-based practice depends upon the knowledge of nurse practitioners and their level of comfort with spirometry.

**Important Note:** $100 fee

(Limited attendance)
June 09, 2015, Tuesday

15.1.016 Minor Surgical Skills for the Primary Care & Acute Care Nurse Practitioner

1:00 PM - 4:00 PM  Track: Acute Care  Content Level: Advanced Beginner
Category: Procedures; Surgical  CE Hours: 2.75
Speaker(s): Richard McLaughlin, MS, ACNP-BC, FAANP; Noel M. Pycior, MS, FNP-BC

Repeat of 15.1.002 and Repeated in 15.6.006

Minor Surgical Skills for the Primary Care & Acute Care Nurse Practitioner is designed to familiarize the participant with a basic orientation and practical experience with common minor surgery procedures used in the office, emergent care or hospital setting. During the first 90 minutes, the skills will be introduced through an interactive PowerPoint lecture. In the second half of the workshop, participants will practice incision and drainage of an abscess, removal of a sebaceous cyst using the Elliptical Incision and subcutaneous and subcuticular closure, digital blocks, treatment for paronychia and toenail removal.

Important Note: $100 Fee

(Limited attendance)

15.1.017 Diabetes Workshop - The Three Ds: Devices, Delivery Systems & Diabetes Teaching in Primary Care

1:00 PM - 4:00 PM  Track: Endocrinology  Content Level: Competent
Category:  CE Hours: 2.75
Speaker(s): Ellie Strock, ANP-BC, FAANP, CDE; Dixie Harms, DNP, ARNP, FNP-C, BC-ADM, FAANP; Shannon Idzik, DNP, CRNP; Angela Thompson, FNP-C, BC-ADM, CDE

Repeat of 15.1.003

The number of people diagnosed with type 2 diabetes (T2DM) is ever growing, and most are managed in primary care. Since the choices of pharmacological agents for this disease also are expanding and becoming more complex, primary care NPs need to stay up to date on the latest advances so they can optimize treatment for their patients. Research in the field has indicated that the vast majority of people with T2DM eventually will require insulin to maintain glycemic goals due to steady beta cell decline over time (1). So, NPs must be able to determine the need for augmenting therapy, choose specific agents for each individual patient, and initiate and intensify treatment (1, 2). Being comfortable with choosing from the variety of injectable agents as well as the delivery devices necessary for adequate management are competencies that all primary care NPs must master. This session will focus on initiating and augmenting diabetes treatment with a particular emphasis on "hands-on" learning to help participants become proficient with insulin delivery systems and other agents used for managing diabetes. Under the teaching supervision of several diabetes NP experts at equipment stations, participants can handle the devices and learn how to use and prescribe them as well as receive valuable teaching tips for their patients.

Important Note: $100 fee

(Limited attendance)
15.1.018  12 Lead ECG Interpretation: Intermediate Level

1:00 PM - 4:00 PM  Track: Cardiovascular; Diagnostic; Adult
Content Level: Competent
Category:  Intermediate Level
Speaker(s): Leslie L. Davis, PhD, RN, ANP-BC, FAANP, FAHA

Repeat of 15.1.004

Didactic content and case studies will be used to increase participant knowledge and skills for interpreting 12 Lead ECGs in adult patients. During the session, participants will practice hands-on activities to increase their confidence in applying a systematic approach to interpretation.

Important Note: $100 fee

(Limited attendance)

15.1.019  Essential Concepts for Dermatologic Procedures in Primary Care

1:00 PM - 4:00 PM  Track: Dermatology Procedures; Billing & Coding
Content Level: Advanced Beginner
Category:  CE Hours: 2.75
Speaker(s): Margaret A. Bobonich, DNP, FNP-C, DCNP, FAANP; Theodore D. Scott, RN, MSN, FNP-C, DCNP

Repeat of 15.1.005

Primary care and non-dermatology specialty NPs commonly perform in-office procedures. Many times these skills are acquired through on-the-job training without a complete understanding of the evidence-based concepts that are essential for competency. This session will detail indications or disease entities for the procedures, alternatives, contraindications, risks, intended and unintended outcomes and management of patient expectations. Patient safety, documentation of competency and billing for reimbursement will be discussed. Procedures: Cryotherapy (hands-on), microscopy, hemostasis with minor procedures, destruction techniques for benign lesions and intralesional injections.

Important Note: $100 fee

(Limited attendance)

15.1.020  Honing Your Cardiac Exam: A Focus on Heart Sounds & Murmurs

1:00 PM - 4:00 PM  Track: Cardiovascular; Diagnostic
Content Level: Competent
Category:  CE Hours: 2.75
Speaker(s): Margaret A. Fitzgerald, DNP, FNP-BC, NP-C, FAANP, CSP, FAAN, DCC

Hone your cardiac exam skills in this case-based session. Highlights include obtaining a symptom-focused health history for the person with or at risk for cardiovascular disease, identifying the components and significance of findings in the symptom-focused cardiac exam, identification of abnormal heart sounds, common systolic murmurs and select 12-lead ECG evaluation.

Important Note: $100 fee

(Limited attendance)
June 09, 2015, Tuesday

**15.1.021 Using Integrative Modalities to Treat Musculoskeletal and Common Medical Problems**

1:00 PM - 4:00 PM  
Track:  
Category: Complementary; Pain Management;  
Speaker(s): Lawrence B. Li, MD, MPH, FAAFP  
Content Level: Advanced Beginner  
CE Hours: 2.75

Repeat of 15.1.008

This workshop will demonstrate and teach participants a variety of physical and energy therapies (isometric stretches, body relaxation, hand reflexology and non-needle acupuncture) to resolve tension, pain and impaired functioning in the musculoskeletal system. Learn how releasing tight neck and back muscles directly impacts on common medical problems.

Prerequisite: Participants must have basic clinical training and experience and have some familiarity with standard clinical evaluation & management of tendonitis, muscle strains, overuse injuries, headaches, neck & back pain, upper respiratory infections, allergies, reflux, indigestion & constipation. If you do not have this experience, do not register for this workshop as it is not fair to the other participants who have the required background and knowledge.

Important Note: $100 fee

(Limited attendance)

**15.1.022 Percutaneous Tracheostomy: Theory & Practice**

1:00 PM - 5:00 PM  
Track: Acute Care  
Category: Procedures; Respiratory  
Speaker(s): Douglas Houghton, MSN, ARNP, ACNPC, CCRN, FAANP; Mary Wyckoff, PhD, MSN, ACNP-BC, FNP-BC, NNP-BC, CCNS, CCRN, FAANP; Salma Hernandez, DNP, ARNP, ACNP-BC; Vinciya Pandian, PhD, RN, ACNP-BC; Valerie Wells, ANP-BC, MSN, CCRN  
Content Level: Expert  
CE Hours: 3.75

This workshop will provide participants with the requisite knowledge and skills to perform percutaneous tracheostomy. Theory will cover appropriate indications, patient selection, consent, applicable research evidence and anatomy. We will review the procedure step by step. After approximately one hour of theory, the remainder of the workshop will consist of hands-on practice and small group instruction.

**15.1.023 Musculoskeletal Injection & Arthrocenstesis in Primary Care**

1:00 PM - 5:00 PM  
Track: Orthopedics  
Category: Musculoskeletal; Procedures  
Speaker(s): Gregory B. Holm, PhD, NP-C, FAANP  
Content Level: Advanced Beginner  
CE Hours: 3.75

Repeat of 15.1.009 and Repeated in 15.5.009 & 15.6.008

This lively, fun and interactive presentation will use PowerPoint lecture and return demonstration practice on manikin and human models to learn orthopedic injections and arthrocentesis commonly performed in the primary care setting. You will leave with a better understanding and feeling of comfort for these important procedures!

Important Notes: $100 fee. Active sportswear clothing strongly suggested.

(Limited attendance)
June 09, 2015, Tuesday

15.1.030  First Time Attendee Orientation

6:00 PM - 7:00 PM  Track: 
Category: 
Speaker(s):  Function of AANP

If you are a first time attendee of an AANP national conference, we encourage you to attend this orientation to help maximize your first experience. This introduction to conference operations and features will assist you in getting the most from the national conference. Take full advantage of the benefits that are offered by meeting with AANP and AANP volunteer leadership for this exciting start to your first AANP national conference!
June 10, 2015, Wednesday

**FCCS - Group 1 Schedule:**

**Wednesday, June 10**
7:30 AM - 1:00 PM
15.2.008 - Lectures - Part 1

**Wednesday, June 10**
2:00 PM - 5:00 PM
15.2.068 - Skill Stations - Part 1

**Thursday, June 11**
7:45 AM - 12:00 PM
15.3.008 - Lectures - Part 2

**Friday, June 12**
8:00 AM - 12:00 PM
15.4.018 - Skill Stations - Part 2 & Post-Test

Important Note: If you are late you are considered a no-show and will lose your place in the workshop. There will be a
lunch break each day (on your own). A course textbook is required for each participant in this workshop and is included in
the $200.00 fee for this course. Payment is due at time of conference registration. Once you have received the textbook
and other materials, no refund is available for course if cancelled by the registrant for any reason. You will not receive a
completion certificate in this FCCS course unless you attend and complete the entire two-day course and pass the post-test.

(Limited attendance)
This is an educational course spread over a 3-day period at this conference and is supported by the Society of Critical Care Medicine. The Fundamental Critical Care Support Course (FCCS) is designed for both instructors and providers. FCCS is a standardized course, providing an approach to initial management (first 24 hours) of the critically ill patient for the non-intensivist. The course offers classroom and "hands on" interactive instruction, especially care related to mechanical ventilation, organ hypoperfusion, respiratory failure, acute coronary syndromes and neurological/trauma support.

FCCS - Group 2 Schedule:

Wednesday, June 10
7:30 AM - 1:00 PM
15.2.009 - Lectures - Part 1

Thursday, June 11
7:45 AM - 12:00 PM
15.3.009 - Lectures - Part 2

Thursday, June 11
1:00 PM - 4:00 PM
15.3.084 - Skill Stations - Part 1

Friday, June 12
1:00 PM - 5:00 PM
15.4.082 - Skill Stations - Part 2 and Post-Test

Important Note: If you are late you are considered a no-show and will lose your place in the workshop. There will be a lunch break each day (on your own). A course textbook is required for each participant in this workshop and is included in the $200.00 fee for this course. Payment is due at time of conference registration. Once you have received the textbook and other materials, no refund is available for course if cancelled by the registrant for any reason. You will not receive a completion certificate in this FCCS course unless you attend and complete the entire two-day course and pass the post-test.

(Limited attendance)
June 10, 2015, Wednesday

15.2.012  General Session: Presentation of Colors, Welcome & Opening Keynote: Speaking from the Heart
8:00 AM - 9:15 AM  
Track:  
Category:  
Speaker(s): Naomi Judd  

Content Level:  
CE Hours: 1.25

General Session: Presentation of Colors, Welcome and Opening Keynote

Speaking from the Heart
Naomi Judd

Maximizing work-life balance is a familiar topic to our opening keynote speaker, Naomi Judd. Formerly an RN, she also is a Grammy award winning music superstar, TV personality, actress, humanitarian and mother of two successful daughters. A popular author and authority on the mind, body and spirit, Ms. Judd emerged from humble beginnings in rural Kentucky; conquered countless challenges as a divorced, working mother; reached the pinnacle of success as a country music icon; and overcame a potentially fatal Hepatitis C diagnosis. Enlightened by her unique experience, Ms. Judd will share her thoughts on health care today as we celebrate the Impact NPs are having in advancing access to care and improving patients' lives.

15.2.015  Attended NP Posters: Group 1 Posters Exhibit for Wednesday only
10:00 AM - 12:00 PM  
Track:  
Category:  
Speaker(s): Function of AANP  

Content Level:  
CE Hours: 2

Attended NP Invited Posters: Group 1 Posters exhibit for Wednesday only

15.2.020  2013 Uniformed Corps Chief Updates
10:30 AM - 1:15 PM  
Track: Military/Uniformed Services  
Category:  
Speaker(s): Uniformed Services  

Content Level:  
CE Hours: 2.75

Open to Active and Retired Military & USPHS Attendees

15.2.032  Beginning Spanish for NPs
12:30 PM - 5:30 PM  
Track: Business/Professional  
Category:  
Speaker(s): Suzy Martinez, BA, Bilingual Cross-Cultural Trainer  

Content Level: Advanced Beginner  
CE Hours: 4.75

Repeated in 15.3.006 & 15.5.010

This lively and interactive medical Spanish class offers basic "survival" skills to those with little or no background. In a low-stress high-energy atmosphere, discover how to pronounce anything, use basic courtesy phrases, ask selected questions for a simple history, learn body parts and the most commonly needed instructions.

Important Notes: Please do not take this session as a refresher course if you have basic Spanish skills. If you have questions, please ask AANP to contact the instructors on your behalf.

(Limited attendance)
June 10, 2015, Wednesday

15.2.036 Skin Biopsy Indications and Techniques
1:30 PM - 4:30 PM  
Track: Dermatology  
Category: Procedures; Diagnostic  
Speaker(s): Victoria Lazareth, MA, MSN, NP-C, DCNP

Challenging rashes and suspicious lesions will be assessed to determine the best approach and site to perform a skin biopsy. The fundamental principles, potential complications and appropriate wound care for performing cutaneous biopsies will be presented. The participant will have the opportunity to master performing a shave biopsy, a punch biopsy and an interrupted sutured closure.

Important Note: $100 fee

(Limited attendance)

15.2.037 Endocrine Topics for Primary Care: Thyroid, Parathyroid & Adrenal Disorders - A Case Study Approach
1:30 PM - 4:30 PM  
Track: Endocrinology  
Category: Endocrinology  
Speaker(s): Susan S. VanBeuge, DNP, APRN, FNP-BC, CNE, FAANP

This program will discuss common thyroid and parathyroid diseases seen and managed in primary care. We will briefly cover the most common adrenal disorders and management for a primary care provider. Each disorder will have case study application of the concepts learned to an actual patient scenario to provide application skills for the nurse practitioner to utilize in their own practice. A review of the role of the nurse practitioner in primary care working interprofessionally with the sub-specialty of endocrinology also will be discussed.

15.2.038 ER/LA Opioid REMS: Achieving Safe Use While Improving Patient Care
1:30 PM - 4:30 PM  
Track: Pharmacology  
Category: Pain Management  
Speaker(s): Brett Badgley Snodgrass, MSN, APRN, FNP-BC; Randall S. Hudspeth, PhD, MS, APRN-CNP, FRE, FAANP; Deb Kiley, DNP, ANP, NP-C, FNP-BC, FAANP

Opioid pain relievers are the most widely misused and abused controlled prescription drugs. Nearly 17,000 drug-poisoning deaths in the United States involved these medications in 2011.

In this 3-hour program, nurse practitioners can learn about balancing the risks of addiction, abuse and overdose with the benefits of prescribing extended release and long acting (ER/LA) opioid analgesics for patients suffering with severe chronic pain.

The presentation will consist of a 2-hour didactic lecture and a 1-hour moderated discussion of case studies.

15.2.039 The Menopausal Woman: Reviewing the Evidence & Developing a Collaborative Plan for Primary Care
1:30 PM - 4:30 PM  
Track: Women's Health  
Category: Pharmacology  
Speaker(s): Barbara Dehn, NP, FAANP, NCMP; Diane Todd Pace, PhD, APRN, FNP-BC, NCMP, FAANP

NPs in primary care settings are managing women at midlife, who have a multitude of issues that affect their quality of life, from Hot Flashes and Night Sweats to sleep disturbances, weight gain and changes in the genitourinary system. Women are concerned about long term health risks as well as their day to day enjoyment of life. This presentation will provide evidence-based practical algorithms for assessment, options for treatment as well as long term issues to consider.
Recognizing radiographic changes on a chest x-ray is becoming essential in assisting a health care provider in identifying the potential etiology of a patient's clinical symptoms. A recent finding from the National Lung Screening Trial found that screening of patients at high risk for lung cancer with chest CT allows for detection of many early-stage lung cancers and decreases mortality by up to 20%. An understanding how to read a chest CT scan becomes important in a mid-level provider's practice to provide comprehensive assessment of a possible solitary lung lesion, for example, and other possible lung abnormalities as a pneumonia.

This presentation will allow the participant to review normal anatomy and landmarks found on a Chest X-ray and Chest CT scan; recognize some basic abnormalities on these radiographic films to assist in developing a differential diagnosis of clinical symptoms; and visualize some intraoperative findings which will correlate with radiographic presentations.

Accurate interpretation of chest radiographic findings, including those on a plain chest x-ray to a more detailed chest CT scan, is essential in establishing a clinical diagnosis and providing accurate patient treatment. This session will assist the mid-level provider in interpreting chest x-rays and chest CT utilizing actual case studies and intraoperative findings.

This lively, fun and interactive presentation will combine PowerPoint and return demonstration practice to learn about the background anatomy, pathophysiology, assessment, diagnosis and treatment of upper extremity orthopedic complaints commonly found in the primary care setting. Red flag conditions will be reviewed. You will leave feeling confident and comfortable about your orthopedic competence.

Important Notes: $100. Active sportswear clothing strongly suggested.

(Limited attendance)

This presentation will provide participants with knowledge necessary to provide high quality, complete, legally and ethically sound care near the end of life. The presentation will begin with a review of applicable principles of biomedical ethics and how they apply in clinical practice. Case studies and historical case law will help illustrate important principles. Common clinical situations will be described with recommendations on how to best handle them. Evidence-based recommendations on how to best conduct family care conferences and shared decision-making will be described in depth. Cultural variation and its effects on end of life care scenarios will be described according to available evidence. The emphasis throughout will be on the acute care setting and related scenarios.
June 10, 2015, Wednesday

15.2.045  
**Acne & Rosacea: A Case-Based Approach to Related Skin Conditions**

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<td>Dermatology</td>
<td>Pharmacology</td>
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Speaker(s): Heather Roebuck, BS, DNP, FNP-BC

This interactive presentation will be a case-based approach to diagnosing acne, Rosacea and related skin disorders. The nuances of appropriate treatments also will be shared as well as available evidence-based guidelines. Acne and Rosacea resources will be provided that are helpful for providers and patients.

15.2.046  
**The Elderly in the ED**

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<td>Gerontological</td>
<td>Proficient</td>
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Speaker(s): Renee S. Holleran, FNP-BC, PhD, CEN, FAEN

The elderly, older adult or geriatric patient (whatever term one chooses to use) continues to be one of the fastest growing populations across the world. The ED continues to be one of the most prevalent places where patients are treated for both chronic and acute problems. Safe and quality care requires continuity of care. This presentation discusses the physiological challenges of aging - including co-morbidities - and their impact on patient treatment, the illnesses and injuries that frequently are seen and treated in the ED, end of life issues, the social impact of aging and the crucial need for continuity of care to prevent further illness and injury in this population. The current recommendations from ACEP, AGS, ENA and SAEM which address Geriatric Care in the Emergency Department and the recommendations from National Transition to Care Coalition on patient transition from the ED to home or referral for further care also will be included.

15.2.047  
**The Ebola Crisis Response: Experience From the Field at the US Public Health Service Monrovia Medical Unit in Liberia**

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<td>Military/Uniformed Services</td>
<td>Infectious Disease</td>
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Speaker(s): CDR Stefanie Glenn, ANP-BC, ACNP-BC, US Public Health Service; CDR Michelle Braun, MS, ANP, US Public Health Service

This presentation will describe the deployment of the Commissioned Corps of the United States Public Health Service to manage and staff the Monrovia Medical Unit (MMU), a 25-bed hospital in Liberia dedicated to providing treatment to healthcare workers who contracted the Ebola virus. Information about the Ebola virus (brief review of pathophysiology, mode of transmission, history of the disease) and the epidemiology of a cluster will be discussed.

Additionally, CDR Michelle Braun, NP and CDR Stefanie Glenn, NP will share their experiences as members of the first and third MMU teams deployed to build healthcare force capacity in a nation devastated by the worst recorded outbreak of Ebola in history.

15.2.048  
**Healthy Bones: Rethinking Osteoporosis Management**

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<td>Musculoskeletal; Pharmacology;</td>
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Speaker(s): Laurel Short, MSN, FNP-C

It is estimated that approximately 9 million women and 3 million men in the United States have osteoporosis. Up to half of women and a quarter of men over age 50 will sustain a major fragility fracture in their remaining lifetime. Patients with osteoporosis are seen across the healthcare system, and many go untreated. This presentation will review the pathophysiology of osteoporosis, with emphasis on current treatment guidelines and strategies for implementing bone health programs in clinical practice.
June 10, 2015, Wednesday

**15.2.049  Post-Operative Pain Management**

1:30 PM - 2:45 PM  
Track:  
Pain Management  
Category:  
Pharmacology; Addiction  
Speaker(s): Yvonne D'Arcy, MS, CRNP, CNS

This presentation will cover a wide variety of topics to include pain assessment, medications choices and the use of interventional options for post-operative pain relief. Patient controlled analgesia will be discussed as well as the use of epidural analgesia, blocks and exarel - a new medication for extended pain relief. Additionally, treating patients with chronic pain or addiction after surgery will be examined.

**15.2.050  Autism in Children and Adolescents**

1:30 PM - 2:45 PM  
Track:  
Pharmacology  
Category:  
Pediatrics; Adolescents; Neurology;  
Speaker(s): Craig Balkon, PharmD, RPh; Nancy Balkon, PhD, ANP-BC, NPP, FAANP

Autism poses NPs and other members of the inter-professional health team unique challenges as it relates to the diagnosis and clinical management of children and adolescents. The focus of this session is to review what currently is known about pharmacologic and biologic CAM interventions as well as emerging trends.

Objectives: 1. Define Autism; 2. Discuss therapeutic drug classes used in treating autism spectrum symptoms antipsychotics, antidepressants, mood stabilizers, alpha-adrenergic agonists, opiate agonists and beta blockers; 3. Discuss biologic CAM (complementary and alternative medicine) interventions such as dietary restrictions, probiotics, vitamins, minerals and natural products; and 4. Discuss what currently is known about pharmacologic and biologic CAM interventions as well as emerging trends.

**15.2.051  Contraception Update 2015: The CDC MEC Guidelines & Implications for Practice**

1:30 PM - 2:45 PM  
Track:  
Women's Health  
Category:  
Pharmacology; Reproductive  
Speaker(s): Mimi Secor, DNP-C, FNP-BC, NCMP, FAANP

During this lively session, the new CDC medical eligibility criteria for contraceptive use will be discussed including updates, clinical implications and resources. New research, trends and clinical pearls also will be presented.

**15.2.052  Research: Eliminating the Fear**

1:30 PM - 2:45 PM  
Track:  
Business/Professional; Research  
Category:  
Content Level: Proficient

Speaker(s): Lorraine Reiser, PhD, CRNP, FAANP

The focus of this presentation will be guiding movement through the research process in a clear straightforward fashion for individuals in practice; An overview that includes identifying or researchable problems in the clinical setting, research questions development, choosing methodology, the need for Institutional Review Boards, and effective presentation of findings will be discussed. Participants will be encouraged to identify potential research in their setting.
Lupus is a complex, chronic autoimmune disease that is devastating and potentially life threatening. In alignment with the mission and vision of The Lupus Initiative, this presentation will focus on early and accurate diagnosis and effective management of patients with lupus, regardless of age, gender, race, ethnicity or socioeconomic status, so that they may potentially lead healthier lives. Additional information will be provided regarding primary care considerations for patients with lupus including pregnancy, managing co-morbidities and potential side effects to medications.

Pulmonary function tests (which include spirometry, lung volume measurements and measurement of diffusing capacity) are essential to understanding pulmonary physiology and pathophysiology. They are performed routinely to evaluate patients with cough, dyspnea, wheezes, crackles and abnormal chest films, to assess the response to therapeutic interventions, to follow the course of disease, and to determine surgical risk/eligibility. This lecture reviews the foundational physiology and pathophysiology that determines pulmonary function and the interpretation of these tests, and provides attendees the opportunity to interpret sample tests with the faculty.

The disease of obesity is impacting over 30% of the adult population of the United States and impacts other chronic diseases such as cardiovascular disease, diabetes, degenerative joint disease and cancer. Nurse Practitioners have a responsibility to understand the social and financial cost of this chronic disease and how to approach the treatment in practice. This presentation will review the best evidence for providing care to patients with obesity including lifestyle interventions, medications and when to refer to specialists.

What infectious disease threats are emerging? Are some of these old foes, such as enterovirus 68, or are some new threats such as Ebola virus? Dengue fever, chikungunya virus and others? Learn about these and many more in this case-based presentation.
15.2.057  **Diets and Calories and Scales. Oh, My! Eating Disorders in Your Primary Care Practice**  
1:30 PM - 2:45 PM  
Track: Psychology/Behavioral Health  
Category: Psych/Mental Health  
Speaker(s): Ann C. Falkenberg Olson, PhD, RN, FNP-BC, WHNP-BC, FAANP  
CE Hours: 1.25  
Content Level: Advanced Beginner  

Identifying patients with eating disorders (ED) is challenging in primary care and traditionally has focused on diagnosis and management of anorexia nervosa, bulimia and binge eating. However, many patients of all ages are affected by disordered eating behaviors as well as by eating disorders. These potentially life-threatening conditions often are not easily identified. The updated SDM-5 Feeding and Eating Disorders section represents ED symptomatology and behaviors more inclusively. This presentation will present actual ED case studies and treatment plans using an interactive-audience format.

15.2.058  **Legislative Policy Update**  
1:30 PM - 2:45 PM  
Track: Business/Professional; Health Policy  
Category: Business/Professional; Health Policy  
Speaker(s): MaryAnne Sapio, BS, Vice President, Federal Government Affairs, AANP, Alexandria, VA; Taynin Kopanos, DNP, NP, Vice President, State Government Affairs, AANP, Alexandria, VA  
CE Hours: 1.25  
Content Level: Advanced Beginner  

The Vice Presidents of Government Affairs at the American Association of Nurse Practitioners at the Office of Government Affairs will cover current state and federal policy issues and provide an update on active legislation at the national and state levels.

15.2.059  **Dementia in the DSM-5: Diagnosis & Treatment**  
1:30 PM - 2:45 PM  
Track: Psych/Mental Health; Gerontology  
Category: Psych/Mental Health; Gerontology  
Speaker(s): Sattaria S. Dilks, DNP, APRN, PMHNP-BC, FAANP  
CE Hours: 1.25  
Content Level: Competent  

The changes and modifications to dementia in the DSM-5 will be examined along with assessment tools. Pharmacological and non-pharmacological treatment strategies in the primary care environment will be discussed.

15.2.060  **Interprofessional Team Training in High Value Care Delivery**  
1:30 PM - 2:45 PM  
Track: Business/Professional; Practice  
Category: Business/Professional; Practice  
Speaker(s): TBD  
CE Hours: 1.25  
Content Level: Competent  

Diane Padden, PhD, CRNP, FAANP, Vice President of Research, Education & Professional Practice, AANP, Austin, TX  

This presentation will provide a description of a collaborative effort between the American College of Physicians and the American Association of Nurse Practitioners to identify and evaluate methods to promote interprofessional learning specifically related to the high value care initiative.

15.2.061  **Overview of Multiple Sclerosis and the Critical Role of the Nurse Practitioner**  
1:30 PM - 2:45 PM  
Track: Neurology; Immunology; Chronic  
Category: Neurology; Immunology; Chronic  
Speaker(s): Carrie Lyn Sammarco, DNP, FNP-C, MSCN  
CE Hours: 1.25  
Content Level: Advanced Beginner  

The speaker will review multiple sclerosis demographics, symptoms, diagnosis and management along with outlining the role of the nurse practitioner in the management of this chronic disease.
June 10, 2015, Wednesday

15.2.062 The Crisis of Pain Resistant Organisms in Neonatology & Pediatrics
1:30 PM - 2:45 PM  Track:  Content Level:  Competent
Category:  Neonatology; Pediatrics;  CE Hours: 1.25
Speaker(s): Mary Wyckoff, PhD, NNP-BC, ACNP-BC, FNP-BC, MSN, CCNS, CCRN, FAANP

This presentation provides an overview of the epidemiology of antimicrobial resistance on a global scale. Multidrug-resistant organisms (MDOs) are prevalent worldwide and infections caused by MDOs result in severe illness, especially in the neonatal and pediatric intensive care patient populations who are acute and chronically ill. Choosing appropriate antimicrobial therapy has become increasingly complex as more choices become available and resistant bacteria continue to evolve. Multiple factors affect the choice of an agent and resistance forces vary widely among clinical settings, patient populations and geographic areas. This presentation provides evidence-based information on data collection from culture-specific information and how to implement antibiogram data into everyday prescriptive practice. This presentation further provides information for nurse advocates to understand which antibiotics should be prescribed for their patients and when they should be discontinued.

According to the WHO, high percentage of hospital-acquired infections are caused by highly resistant bacteria such as methicillin-resistant Staphylococcus aureus (MRSA). Inappropriate and irrational use of antimicrobial medicine provides favorable conditions for resistant microorganisms to emerge, spread and persist. Facilitating the understanding of the cellular mechanisms through which bacteria become resistant is vital for healthcare providers. Individual patient care practices affect resistance within patients and clinical environments. This research-based information and recommendations on how to manage the use of antimicrobial agents, minimize iatrogenic infections in acutely-ill pediatric population and responsibly care for patients, in an age of widespread bacterial resistance, will enhance the individual's knowledge base. Recommendations will include description of evidence-based guidelines from professional societies as well as provision of multiple resources through which participants may further gain knowledge of the state of the science of this important topic.

Antibiograms based research are an important resource for healthcare professionals involved in deciding and prescribing empiric antibiotic therapy. Appropriate empiric therapy is essential in attempting to treat infections correctly and quickly in an effort to decrease mortality. One of the uses of antibiograms is to identify trends in antibiotic resistance. Basic components of an antibiogram include antibiotics tested, organisms tested, number of isolates for each organism, percentage susceptibility data for each drug/pathogen combination, specimen sites notations and specific area or unit being tested.

15.2.063 Migraine: Updates in Diagnosis & Treatment
1:30 PM - 2:45 PM  Track:  Content Level:  Competent
Category:  Adult; Neurology; Pain Management  CE Hours: 1.25
Speaker(s): Theresa Mallick-Searle, MS, RN-BC, ANP-BC

This presentation will review the working ICHD-3 beta criteria for migraine headaches and define non-migraine headaches, while exploring what currently is known about the pathophysiology and epidemiology of migraines. Evidenced-based pharmaceutical and non-pharmaceutical treatment strategies will be presented. The basics of taking a focused headache history and performing a focal physical exam will be reviewed.
June 10, 2015, Wednesday

15.2.064 Insulin Management in Type 2 Diabetes: A Case-Based Approach
1:30 PM - 2:45 PM  Track:  Endocrinology; Pharmacology  Content Level:  Advanced Beginner
Category:  CE Hours: 1.25
Speaker(s):  Ellie Strock, ANP-BC, FAANP, CDE

Due to the progressive nature of Type 2 Diabetes, many patients require insulin-based therapies to achieve optimal glycemic control. This presentation will provide practical approaches to start, adjust and advance insulin therapies in patients with diabetes. Use of insulin in combination with other therapies also will be reviewed. Case studies will be utilized throughout the presentation for practical application.

15.2.068 Fundamental Critical Care Support Course (FCCS) (multi-day course) - Group 1 Skill Stations - Part 1
(continued in 15.3.008 and 15.4.018)
2:00 PM - 5:00 PM  Track:  Acute Care  Content Level:  Proficient
Category:  CE Hours: 2.75
Speaker(s):  Kent D. Blad, DNP, ACNP-BC, FNP-C, FCCM, FAANP; Sabrina Jarvis, DNP, ACNP-BC, FNP-BC, FAANP; Sophia Rodgers, ACNP, FNP, FAANP, FCCM; Sarah Layman, MSN, APRN, PNP-BC, ANP-BC, ANP-BC, ACNP-BC; Robert L. Palmer, PA-C; Honey M. Jones, DNP, ACNP-BC; Justin Speyer, MSN, ARNP, FNP-BC

This is an educational course spread over a 3-day period at this conference and is supported by the Society of Critical Care Medicine. The Fundamental Critical Care Support Course (FCCS) is designed for both instructors and providers. FCCS is a standardized course, providing an approach to initial management (first 24 hours) of the critically ill patient for the non-intensivist. The course offers classroom and "hands on" interactive instruction, especially care related to mechanical ventilation, organ hypoperfusion, respiratory failure, acute coronary syndromes and neurological/trauma support.

FCCS - Group 1 Schedule:

Wednesday, June 10
7:30 AM - 1:00 PM
15.2.008 - Lectures - Part 1

Wednesday, June 10
2:00 PM - 5:00 PM
15.2.068 - Skill Stations - Part 1

Thursday, June 11
7:45 AM - 12:00 PM
15.3.008 - Lectures - Part 2

Friday, June 12
8:00 AM - 12:00 PM
15.4.018 - Skill Stations - Part 2 & Post-Test

Important Note: If you are late you are considered a no-show and will lose your place in the workshop. There will be a lunch break each day (on your own). A course textbook is required for each participant in this workshop and is included in the $200.00 fee for this course. Payment is due at time of conference registration. Once you have received the textbook and other materials, no refund is available for course if cancelled by the registrant for any reason. You will not receive a completion certificate in this FCCS course unless you attend and complete the entire two-day course and pass the post-test.

(Limited attendance)
15.2.072  Antibiotic Therapy: Principles & Practice in Acute Care

3:15 PM - 4:30 PM  Track:  Acute Care  Content Level:  Competent
Category:  Pharmacology; Infectious Disease  CE Hours: 1.25
Speaker(s):  Douglas Houghton, MSN, ARNP, ACNPC, CCRN, FAANP

This presentation will provide the participant with knowledge necessary for the effective use of antibiotics in the acute care setting. A heavy emphasis on clinical applications will be throughout the presentation. An overview of common infections and appropriate treatment will be described with recommendations for antibiotic choice as well as length of treatment. Pharmacology of all major classes of antibiotics will be reviewed in depth. Discussion of drug management, interactions and pharmacokinetic principles in the acutely ill patient will be described.

15.2.073  Commonly Prescribed Topicals: The Perils & Pearls of Corticosteroids and Antimicrobials for Skin Conditions

3:15 PM - 4:30 PM  Track:  Dermatology  Content Level:  Competent
Category:  Pharmacology  CE Hours: 1.25
Speaker(s):  Margaret A. Bobonich, DNP, FNP-C, DCNP, FAANP

All NPs prescribe topical therapies for their patients. Selecting the most appropriate agent along with the correct vehicle, concentration, frequency and duration are vital to optimizing patient outcomes and minimizing risks and side effects. The pharmacodynamics of topical corticosteroids, antibacterials, antivirals and antifungals will be reviewed. An evidence-based approach to prescribing topical therapies along with practice pearls will be discussed.

15.2.074  ED Management of Acute Ingestions & Exposures

3:15 PM - 4:30 PM  Track:  Emergent/Urgent Care  Content Level:  Proficient
Category:  Pharmacology; Toxicology  CE Hours: 1.25
Speaker(s):  Michael D. Gooch, MSN, RN, ACNP-BC, FNP-BC, ENP-BC, CFRN, CTRN, CEN, NREMT-P

Accidental or intentional ingestions and exposures only account for 1% of ED visits, but they can be challenging and sometimes difficult to manage. During this presentation a range of chemicals, toxins and medications will be reviewed. Their signs and symptoms, management options and potential complications will be discussed. This presentation also will highlight some of the recent advancements in toxicology including the use of high dose insulin and lipid therapy, along with the multiple uses of naloxone and glucagon.

15.2.075  Readying Warriors and Caring for Heroes: VA & DOD FNPs Integrate to Meet the Mission in the Nation’s Only Combined Federal Facility

3:15 PM - 4:30 PM  Track:  Military/Uniformed Services  Content Level:  Proficient
Category:  Business/Professional  CE Hours: 1.25
Speaker(s):  CDR Kathaleen Smith, NC/USN, FNP-BC, CNS-BC, RN-BC; Kathleen Ziccarelli, FNP-BC

The Captain James A. Lovell Federal Health Care Center (FHCC) is the nation’s first integrated Department of Veterans Affairs/Department of Defense federal health care facility. It offers a unique opportunity for VA and DoD nurse practitioners to work in a joint environment. This presentation will explore the FHCC, discuss the role of the nurse practitioner and review the similarities/differences of the models of patient centered care with the facility.
June 10, 2015, Wednesday

15.2.076  Taking Care of the Squeaky Wheel: Long-Term Issues of Joint Replacement  
3:15 PM - 4:30 PM  
Track: Orthopedics  
Category: Musculoskeletal; Surgical  
Speaker(s): Laurel Short, MSN, FNP-C  
Content Level: Proficient  
CE Hours: 1.25

Approximately 7 million people living in the United States have undergone hip or knee replacement, and over 1 million of these procedures are performed annually. Nurse practitioners treat adults who are post-arthroplasty in a variety of settings. This presentation will address complications of joint replacement and recommendations to optimize function for these patients.

15.2.077  Selecting Pain Medications for Chronic Pain in 2015  
3:15 PM - 4:30 PM  
Track: Pain Management  
Category: Pharmacology; Chronic Conditions;  
Speaker(s): Yvonne D'Arcy, MS, CRNP, CNS  
Content Level: Proficient  
CE Hours: 1.25

This presentation will cover the use of opioid and non-opioid medications for treating chronic pain. It briefly will review how to screen patients for aberrant behaviors or addictive potential. It will cover the new methadone guidelines and spend time discussing how to initiate and titrate methadone when used to treat chronic pain. Equianalgesia and opioid rotation also will be discussed.

15.2.078  The Art and Science of Polypharmacy in Primary Care  
3:15 PM - 4:30 PM  
Track: Pharmacology  
Category:  
Speaker(s): Tammy Austin-Ketch, PhD, FNP-BC, FAANPS; Susan Bruce, PhD, ANP-C  
Content Level: Advanced Beginner  
CE Hours: 1.25

This presentation will define the variety of definitions that encompass polypharmacy, examine the appropriate utilization of medications in primary care, and discuss the interplay of pharmacokinetics and pharmacodynamics of multiple medication usage. Exemplars, case discussions and anecdotes will be utilized in risk/benefit analysis of commonly encountered conditions in primary care with evidence-based treatment guidelines serving as the backdrop for the discussion. Audience participation will be encouraged during the case discussion.

15.2.079  STI Update - Focus on the Female: New CDC Guidelines, Research & Trends for the Busy Clinician  
3:15 PM - 4:30 PM  
Track: Women's Health  
Category: Pharmacology; Infectious Disease;  
Speaker(s): Mimi Secor, DNP-C, FNP-BC, NCMP, FAANP  
Content Level: Competent  
CE Hours: 1.25

During this lively session, learn about the New CDC STI Guidelines, clinical implications, contraceptive challenges and trends, new research and impact for the busy clinician. Long-acting, reversible contraceptives will be highlighted.

15.2.080  FAANP Lecture Series - Writing for Publication: Articles, Chapters & Books  
3:15 PM - 4:30 PM  
Track:  
Category: Business/Professional  
Speaker(s): Mary Jo Goolsby, EdD, MSN, NP-C, CAE, FAANPS, FAAN  
Content Level: Proficient  
CE Hours: 1.25

We will discuss the skills and characteristics needed to carry a publishable manuscript to fruition and resources that will support the process. The process for writing a manuscript will be described from identifying a topic and related target audience and publication, through the writing and submission processes. While an emphasis will relate to journal manuscripts, we also will discuss writing book chapters and books. Ethical and professional considerations will be explored.
June 10, 2015, Wednesday

15.2.081  Clinical Guidelines in Genomics: How Will This Impact My Practice?

3:15 PM - 4:30 PM  Track: Genomics  Content Level: Advanced Beginner
Category:  CE Hours: 1.25
Speaker(s):  Kenneth Wysocki, PhD, FNP-BC, FAAN; Diane Seibert, PhD, ARNP, FAAN, FAAN

The purpose of this session is to introduce and/or review clinical practice guidelines (CPGs) that contain recommendations for genetic/genomic testing. The program-focused audience is NP clinicians who have or may consider genetic/genomic testing.

Program participants will be able to: Identify agencies that publish CPGs containing genetic testing recommendations; Rapidly locate relevant CPGs to determine whether or not genetic testing is recommended; Identify important clinical decisions that need to be made before genetic testing is ordered; and Describe the implications of ordering and interpreting genetic tests in non-genetics clinical settings.

The presentation will include discussion of the principles of disease risk assessment, including most current available clinical guidelines related to genomics (i.e., ISONG, NSGC, ACMG, GCMC, and HGGE). Testing considerations will be discussed including appropriateness, prediction of the disease likelihood, clinical laboratory considerations (i.e., prenatal screening), cost/benefit, informed consent (i.e., time to obtain appropriate informed consent and patient autonomy), whether or not the test can answer the clinical question, building time into your schedule for pre/post test counseling, addressing incidental findings, knowledge and fluency of the provider to explain range of possibilities, and when to refer. The presentation also will include quality, benefit and risks of clinician versus direct to consumer genetic testing. Additionally, there will be a discussion of clinical practice guideline resources and discussion of available genetic tests.

15.2.082  Dyslipidemia: An Update on Treatment Goals & Options

3:15 PM - 4:30 PM  Track: Cardiovascular; Pharmacology;  Content Level: Competent
Category:  CE Hours: 1.25
Speaker(s):  Margaret A. Fitzgerald, DNP, FNP-BC, NP-C, FAANP, CSP, FAAN, DCC

What are the latest recommendations for lipid goals? What are the best options to help patients meet these goals? Find out the answers to these questions and more in this case-based session.

15.2.083  Top Cardiovascular Research Headlines: What’s New in 2015

3:15 PM - 4:30 PM  Track: Cardiovascular; Pharmacology;  Content Level: Competent
Category:  CE Hours: 1.25
Speaker(s):  Leslie L. Davis, PhD, RN, ANP-BC, FAANP, FAHA

The presentation will cover top cardiovascular research headlines that have been selected by the speaker with emphasis on implications to daily NP practice.

15.2.084  Prescribing in Primary Care for Common Illness During Pregnancy

3:15 PM - 4:30 PM  Track: Women's Health  Content Level: Advanced Beginner
Category:  CE Hours: 1.25
Speaker(s):  Karen Holder, FNP-BC, CNM, AHN-BC, FAANP

This lecture and case presentation format will include basic approach to the pregnant woman in primary care and updates on new guidelines, research and medication safety data pertinent to commonly treated chronic and infectious diseases in pregnancy.
June 10, 2015, Wednesday

15.2.085  Restrictive & Interstitial Lung Diseases for Primary Care Nurse Practitioners
3:15 PM - 4:30 PM  Track: Content Level: Proficient
Category: Respiratory/Pulmonology; Diagnostic  CE Hours: 1.25
Speaker(s): Catherine (Casey) S. Jones, PhD, RN, ANP-C, AE-C

As you are evaluating a patient with dyspnea, the spirometry tracings reveal small volumes but no obstruction. Where do you go from here? Restrictive processes including interstitial lung diseases will be presented along with a diagnostic approach. Common medication therapies utilized for interstitial lung disease will be discussed.

15.2.086  The 3-Minute Obesity Treatment Plan
3:15 PM - 4:30 PM  Track: Content Level: Proficient
Category: Obesity  CE Hours: 1.25
Speaker(s): Catherine Proebstle, APRN, CNP

The "Three-Minute Obesity Treatment Plan" provides participants the skills to address the diagnosis of obesity during patient encounters, including how to talk to your patients about obesity and prepare you for a variety of patient responses. Participants will learn about the "Stages of Change" approach. This includes an understanding of patient readiness to make change, how to assist patients to move from one stage to the next, and to appreciate barriers to change. Participants also will learn how to help patients fill their weight loss toolbox, address lifestyle changes, assist patients to set realistic goals, and guide patients to advance to the "action stage" of behavior change.

Multiple resources will be discussed including newly approved weight loss medications and off-label medications. The participant will learn about relapse rates, be able to define what constitutes weight loss success and know when and where it is appropriate to refer obese or morbidly obese patients. This presentation will focus on meeting the patient where he or she is at, teaching the importance of self-management, and learning how to appropriately document encounters in the medical record.

15.2.087  Winning the Game with a Comprehensive Pre-Participation Physical
3:15 PM - 4:30 PM  Track: Content Level: Advanced Beginner
Category: Sports Medicine; Cardiovascular  CE Hours: 1.25
Speaker(s): Kathleen Bradbury-Golas, DNP, RN, NP-C, ACNS-BC

United States schools require millions of athletes to obtain pre-participation evaluations or sports physicals yearly. Extensive health care hours are spent performing these physicals. The primary reason for this screening is to detect any significant abnormality, especially cardiovascular ones that can lead to sudden cardiac death due to the lethal combination of exercise and the defect. These abnormalities are rare, affecting only one in every 100,000 athletes, and that one death is preventable. Patterns of illness within a family is a good indicator of potential conditions; therefore, the medical history is the most important part of the sports physical examination. This activity will review the essential medical history questions and standardized physical examination techniques needed to perform a comprehensive pre-participation physical examination.

15.2.088  Acid-Base Interpretation at the Bedside: A Simplified Approach to Improve the Assessment & Management of Acutely Ill Patients
3:15 PM - 4:30 PM  Track: Content Level: Advanced Beginner
Category: Acute Care  CE Hours: 1.25
Speaker(s): Susan J. Corbridge, PhD, ACNP, FAANP; Thomas C. Corbridge, MD

Proper acid-base analysis is crucial to the assessment and management of acutely ill patients in emergency departments, hospital wards and intensive care units. The purpose of this interprofessional session is to provide an overview of simple and mixed acid-base disturbances using an approach that minimizes the use of equations and nomograms. Through sample cases, we will focus on the importance of history and clinical presentation and teach a disciplined approach to analysis of acid-base disturbances at the bedside of acutely ill patients.
Caring for patients with uncontrolled epilepsy can be a challenge for the primary care provider. Issues such as gender, age, concomitant medications and co-morbidities can influence the diagnosis and management of the condition. Using a case study approach, the participant will be able to formulate individualized treatment plans using evidence-based learning. Cases will represent various patient populations including women, children, elderly and persons with nonepileptic events.

AANP members have expressed interest in educational offerings designed to increase their knowledge of NP scholarship and the research process. Few NPs pursue research doctorates and devote their careers to the pursuit of knowledge. The majority of NPs are practicing clinicians, who provide evidence-based care, identify clinical problems, formulate ideas to enhance care delivery, and seek ways to improve patient outcomes. Across educational levels, degrees and practice environments, scholarship opportunities abound in today's complex healthcare environment. For the DNP NP, scholarly work is an expectation. Yet, the mere thought of conducting a scholarly project or research study can be intimidating and overwhelming. Where and how do you start?

This presentation is designed for the beginning grant application writer who wants to get a scholarly project funded and off the ground. Participants will learn (1) preparing for the grant, (2) locating potential funding sources, (3) components of a grant application and (4) the grant application process.

The FTC issued a major Policy Perspective in March 2014 focused on the anti-competitive effects of many states' restrictions on NPs and other Advanced Practice Nurses' scopes of practice. Their analysis of the data indicated that many of these laws lacked any verifiable health or safety justification, and that the restrictions seemingly only diminished access to competent providers while increasing costs. This report provides valuable information for policy reforms rationalizing the practice parameters of NPs.

Gastrointestinal (GI) disorders affect one in four Americans. GI and immune health is linked intrinsically to the microbial balance or microbiotic of the intestines. When disruption of the GI flora occurs, a number of extra-intestinal disorders can develop to include allergies, asthma, diabetes, obesity, cancer and neuropathologies. The positive and health promoting role of probiotics is presented including the impact of various strains sites of action and antimicrobial substances produced at the gut lining. The research literature on the role of probiotics to positively boost immune status by preventing overgrowth of pathogenic bacteria and impact autoimmune disorders will be presented.
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<tr>
<td>15.2.096</td>
<td>Uniformed Military Services Branch Meetings - Service Specific Issues: Air Force</td>
<td>4:45 PM - 6:00 PM</td>
<td>Military/Uniformed Services</td>
<td>Content Level:</td>
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<tr>
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<td>15.2.104</td>
<td>Regional Meeting: Region 1 (CT, MA, ME, NH, RI and VT)</td>
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<td>Function of AANP</td>
<td>Opportunity to meet with AANP regional and state leaders and conference attendees from your geographic area to discuss regional and state issues.</td>
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<tr>
<td>15.2.105</td>
<td>Regional Meeting: Region 2 (NJ, NY and Puerto Rico)</td>
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<tr>
<td>15.2.106</td>
<td>Regional Meeting: Region 3 (DC, DE, MD, PA, VA and WV)</td>
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<td>Function of AANP</td>
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### June 10, 2015, Wednesday

#### 15.2.107 Regional Meeting: Region 4 (KY, NC, SC and TN)

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Opportunity to meet with AANP regional and state leaders and conference attendees from your geographic area to discuss regional and state issues.

#### 15.2.108 Regional Meeting: Region 5 (IL, IN, MI, MN, OH and WI)

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Opportunity to meet with AANP regional and state leaders and conference attendees from your geographic area to discuss regional and state issues.

#### 15.2.109 Regional Meeting: Region 6 (AR, LA, NM, OK and TX)

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Opportunity to meet with AANP regional and state leaders and conference attendees from your geographic area to discuss regional and state issues.

#### 15.2.110 Regional Meeting: Region 7 (IA, KS, MO and NE)

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Opportunity to meet with AANP regional and state leaders and conference attendees from your geographic area to discuss regional and state issues.

#### 15.2.111 Regional Meeting: Region 8 (CO, MT, ND, SD, UT and WY)

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Opportunity to meet with AANP regional and state leaders and conference attendees from your geographic area to discuss regional and state issues.

#### 15.2.112 Regional Meeting: Region 9 (AZ, CA, HI, NV and Pacific U.S. Territory)

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Opportunity to meet with AANP regional and state leaders and conference attendees from your geographic area to discuss regional and state issues.
### Regional Meeting: Region 10 (AK, ID, OR and WA)

**4:45 PM - 6:15 PM**

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Opportunity to meet with AANP regional and state leaders and conference attendees from your geographic area to discuss regional and state issues.

### Regional Meeting: Region 11 (AL, FL, GA, MS and Caribbean U.S. Territory)

**4:45 PM - 6:15 PM**

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Opportunity to meet with AANP regional and state leaders and conference attendees from your geographic area to discuss regional and state issues.

### Other Countries (Outside of U.S. or Its Territories)

**4:45 PM - 6:15 PM**

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Opportunity to meet with AANP leaders and conference attendees from your geographic area to discuss regional issues.

### Regional Meetings Meet & Greet (Non-CE)

**6:15 PM - 7:30 PM**

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<td>Speaker(s): Function of AANP</td>
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Connect with nurse practitioners from your state for a casual time to meet and mingle. This informal, program-free and non-CE socializing opportunity will immediately follow the Regional Meetings. Plan to attend and enjoy meeting with NPs from around your state, territory or "other country."
June 11, 2015, Thursday

15.3.006  Beginning Spanish for NPs

7:30 AM - 12:30 PM  Track:  
Category: Business/Professional  
Speaker(s): Suzy Martinez, BA, Bilingual Cross-Cultural Trainer

Content Level: Advanced Beginner  
CE Hours: 4.75

Repeat of 15.2.032 and Repeated in 15.5.010

This lively and interactive medical Spanish class offers basic "survival" skills to those with little or no background. In a low-stress high-energy atmosphere, discover how to pronounce anything, use basic courtesy phrases, ask selected questions for a simple history, learn body parts and the most commonly needed instructions.

Important Notes: Please do not take this session as a refresher course if you have basic Spanish skills. If you have questions, please ask AANP to contact the instructors on your behalf.

(Limited attendance)
This is an educational course spread over a 3-day period at this conference and is supported by the Society of Critical Care Medicine. The Fundamental Critical Care Support Course (FCCS) is designed for both instructors and providers. FCCS is a standardized course, providing an approach to initial management (first 24 hours) of the critically ill patient for the non-intensivist. The course offers classroom and "hands on" interactive instruction, especially care related to mechanical ventilation, organ hypoperfusion, respiratory failure, acute coronary syndromes and neurological/trauma support.

FCCS - Group 1 Schedule:

Wednesday, June 10
7:30 AM - 1:00 PM
15.2.008 - Lectures - Part 1

Wednesday, June 10
2:00 PM - 5:00 PM
15.2.068 - Skill Stations - Part 1

Thursday, June 11
7:45 AM - 12:00 PM
15.3.008 - Lectures - Part 2

Friday, June 12
8:00 AM - 12:00 PM
15.4.018 - Skill Stations - Part 2 & Post-Test

Important Note: If you are late you are considered a no-show and will lose your place in the workshop. There will be a lunch break each day (on your own). A course textbook is required for each participant in this workshop and is included in the $200.00 fee for this course. Payment is due at time of conference registration. Once you have received the textbook and other materials, no refund is available for course if cancelled by the registrant for any reason. You will not receive a completion certificate in this FCCS course unless you attend and complete the entire two-day course and pass the post-test.

(Limited attendance)
June 11, 2015, Thursday

15.3.009 Fundamental Critical Care Support Course (FCCS) (multi-day course) - Group 2 Lectures - Part 2 (continued in 15.3.084 and 15.4.082)

7:45 AM - 12:00 PM

Track: Acute Care

Content Level: Proficient

CE Hours: 4

Speaker(s): Kent D. Blad, DNP, ACNP-BC, FNP-C, FCCM, FAANP; Sabrina Jarvis, DNP, ACNP-BC, FNP-BC, FAANP; Sophia Rodgers, ACNP, FNP, FAANP, FCCM; Sarah Layman, MSN, APRN, PNP-BC, ANP-BC, ANP-BC, ACNP-BC; Robert L. Palmer, PA-C; Honey M. Jones, DNP, ACNP-BC; Justin Speyer, MSN, ARNP, FNP-BC

This is an educational course spread over a 3-day period at this conference and is supported by the Society of Critical Care Medicine. The Fundamental Critical Care Support Course (FCCS) is designed for both instructors and providers. FCCS is a standardized course, providing an approach to initial management (first 24 hours) of the critically ill patient for the non-intensivist. The course offers classroom and "hands on" interactive instruction, especially care related to mechanical ventilation, organ hypoperfusion, respiratory failure, acute coronary syndromes and neurological/trauma support.

FCCS - Group 2 Schedule:

Wednesday, June 10
7:30 AM - 1:00 PM
15.2.009 - Lectures - Part 1

Thursday, June 11
7:45 AM - 12:00 PM
15.3.009 - Lectures - Part 2

Thursday, June 11
1:00 PM - 4:00 PM
15.3.084 - Skill Stations - Part 1

Friday, June 12
1:00 PM - 5:00 PM
15.4.082 - Skill Stations - Part 2 and Post-Test

Important Note: If you are late you are considered a no-show and will lose your place in the workshop. There will be a lunch break each day (on your own). A course textbook is required for each participant in this workshop and is included in the $200.00 fee for this course. Payment is due at time of conference registration. Once you have received the textbook and other materials, no refund is available for course if cancelled by the registrant for any reason. You will not receive a completion certificate in this FCCS course unless you attend and complete the entire two-day course and pass the post-test.

(Limited attendance)
### June 11, 2015, Thursday

<table>
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<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Datum</th>
<th>Time</th>
<th>Track</th>
<th>Category</th>
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<tr>
<td>15.3.012</td>
<td>Basic Suturing: A Cut Above</td>
<td>AM 20</td>
<td>8:00 AM - 11:00 AM</td>
<td></td>
<td>Procedures</td>
<td>Cynthia Durham, RN, MSN, ANPC, RNFA</td>
<td>Advanced Beginner</td>
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<td>Repeated in 15.4.009 &amp; 15.6.001</td>
<td>AM 20</td>
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<td>This course is designed for the nurse practitioner who has limited to no skill in the assessment and management of lacerations. The participant will learn how to accurately assess a laceration, deliver a local anesthesia, choose suture material and close a laceration. Techniques utilized to close will be a simple interrupted and vertical mattress stitch. If those closure techniques are mastered, you also will learn to close skin with a running subcuticular stitch. Important Note: $100 fee (Limited attendance)</td>
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<td>15.3.013</td>
<td>Obesity Treatment - Diet, Exercise, Drugs &amp; Surgery: Everything the NP Needs to Know to Treat Obesity</td>
<td>AM 20</td>
<td>8:00 AM - 11:00 AM</td>
<td></td>
<td>Obesity; Endocrinology</td>
<td>Caroline M. Apovian, MD, FACP, FACN; Kenya D. Palmer, FNP-BC; Katie S. McClendon, PharmD, BCPS</td>
<td>Advanced Beginner</td>
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<td>The audience will understand that obesity is a disease and the mechanisms of pathophysiology involving the hypothalamus and neurobiological control of energy balance appetite and satiety as well as understand that treatment involves the CORE which is dietary therapy exercise and lifestyle modification. Drugs and surgery add to the weight loss achievable with diet and exercise. Descriptions of diets, exercise and drugs will be given along with types of surgical interventions and type of weight loss that can be achieved.</td>
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<td>15.3.014</td>
<td>Scoping Through the Assessment History - Lynch Syndrome and Other Hereditary Colon Cancer Syndromes: An Update for Nurse Practitioners in Primary Care Clinical Settings</td>
<td>AM 20</td>
<td>8:00 AM - 11:00 AM</td>
<td></td>
<td>Genomics; Oncology</td>
<td>Quannetta T. Edwards, PhD, MS, MSN, BSN, FNP-C, WHCNP-C, FAANP; Ann Maradiegue, PhD, FNP-BC, FAANP</td>
<td>Advanced Beginner</td>
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<td>This 3 hour session provides an update and overview of hereditary colorectal cancer syndromes with an emphasis on Lynch Syndrome for nurse practitioners working in primary care settings. Specifically, we will begin with a discussion of &quot;risk assessment&quot; and its importance and use in primary care settings. This is followed by an overview of genetics and hereditary colorectal cancer syndromes including polyposis and non-polyposis syndromes. Lynch Syndrome is further discussed and emphasized as it is the most common cause of hereditary colon cancer accounting for as much as 3% of all colon and endometrial cancers. We will focus on the genetics of hereditary colon cancer syndromes specifically that of Lynch syndrome. A case-based learning approach will be used to emphasis identification of individuals suspect for hereditary colon cancer syndromes in primary care settings. Specifically the use of a minimum 3-generation pedigree, identification of red flags based upon personal or family history, pathology reports and/or physical examination (clinical and tumor characteristics and clinical presentation). The role of nurse practitioners is emphasized with guidance on risk identification stressing the importance of referral consultation. An update of current guidelines also will be discussed.</td>
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June 11, 2015, Thursday

15.3.015  Billing & Coding Reminders for the Primary Care Nurse Practitioner

8:00 AM - 11:00 AM  Track:  
Category:  Business/Professional; Billing &  CE Hours: 2.75
Speaker(s):  Barb Pierce, CCS-P, ACS-EM

Nurse practitioners in the primary care setting use E/M codes daily, so we will review the specifics of the various code sets. Also included will be Medicare specific codes that are now payable in certain circumstances, including screenings and annual wellness visits. This session also will include information on minor surgical procedures and the appropriate use of modifiers.

15.3.016  Antibiotics Review

8:00 AM - 11:00 AM  Track:  Pharmacology  
Category:  CE Hours: 2.75
Speaker(s):  Alan P. Agins, PhD

This presentation will be a review of the basic fundamentals of antibiotic therapy including pharmacodynamics and pharmacokinetics followed by an examination of the basic and clinical pharmacology of the major classes of antibiotics used in primary care (beta lactams, macrolides, sulfa drugs, tetracyclines, fluoroquinolones, etc.).

15.3.017  Assessment and Treatment of Common Cervical & Lumbar Spine Issues in Primary Care

8:00 AM - 11:00 AM  Track:  Orthopedics  
Category:  Musculoskeletal; Procedures  CE Hours: 2.75
Speaker(s):  Gregory B. Holm, PhD, NP-C, FAANP

This lively, fun and interactive presentation will use PowerPoint and hands-on return demonstration to learn about the background anatomy, pathophysiology, assessment, diagnosis and treatment of cervical and lumbar complaints commonly found in the primary care setting. Red flag conditions will be reviewed. You will leave feeling confident and comfortable about your ortho-spine competence.

Important Note: $100 fee. Active sportswear clothing strongly suggested.

(Limited attendance)

15.3.022  Heart Failure in the Acute Care Setting: Concepts & Management

8:00 AM - 9:15 AM  Track:  Acute Care  
Category:  Cardiovascular  CE Hours: 1.25
Speaker(s):  Ylenia Quiaoit, MSN, CRNP-BC

The focus of this presentation is on the concepts and management of heart failure (HF) in the acute care setting. The presentation is divided in 4 major parts: a) The pathophysiology of acute decompensated heart failure; b) Heart Failure Clinical Hemodynamic Profiling of Heart Failure Patients - that will include review of physical assessment findings and hemodynamics; c) Management of acute decompensated HF in relation to the hemodynamic profiles and underlying pathophysiologic concepts. This section will include review of evidence based HF pharmacologic (including diuretic strategies), non-pharmacologic, and advance therapies; and d) Application section which will involve discussion of few patient case studies.
Hair and nail disorders are a frequent source of anxiety when presented to the primary care provider. This presentation will provide diagnostic clues and tests which will help you decide if referral is needed.

This will be an evidence-based presentation covering the definition of concussion, evaluation including the roles of neuroimaging and neuropsychological testing, and management including treatment of post-concussion syndrome and return to play guidelines.

This presentation will provide an overview of how military and civilian humanitarian planning is performed with specific examples referenced. Further, discussion on how the three military services select personnel for upcoming humanitarian missions will be discussed. Generic planning advice will be provided to participants. Several non-governmental organizations will be highlighted providing nurse practitioners specific locations to contact in order to get involved with humanitarian work.

This session will review approach to plain radiographs to interpret extremity x-rays including radiographic anatomy, common fractures and dislocations, including those that are high risk for avascular necrosis. Normal and abnormal radiographs of the hand, wrist, elbow, foot, ankle and knee will be reviewed.

The purpose of this panel is to answer those pain management questions that arise when providing care to any type of pain patient. Submit your pain management questions in advance (we will have an email address to receive them - you will receive an email prior to conference) or bring them to the session. Questions on all aspects of acute and chronic pain are welcome. These speakers with years of diverse experience will share their knowledge and expertise to promote high quality pain management with positive outcomes.
### 15.3.028 2015 Pharmacological Update in Women's Health Care

**8:00 AM - 9:15 AM**

**Track:** Pharmacology  
**Category:** Women's Health; Reproductive;  
**Content Level:** Proficient  
**CE Hours:** 1.25  
**Speaker(s):** Nicole Rouhana, PhD, CNM, FNP-BC

This presentation will provide pharmacological updates for common issues in women's health care. This will be a comprehensive presentation of the latest evidence-based practice approaches that address contraceptive updates, recommended HPV vaccinations, hormone therapy and osteoporosis management. Complementary and alternative treatment modalities also will be discussed to include implications to clinical practice.

### 15.3.029 Genetics in Preconception and Pregnancy: Prenatal Screening, Diagnosis & Management Tools for the Primary Care Provider

**8:00 AM - 9:15 AM**

**Track:** Women's Health  
**Category:** Reproductive; Genomics; Diagnostic  
**Content Level:** Advanced Beginner  
**CE Hours:** 1.25  
**Speaker(s):** Elizabeth A. Kostas-Polston, PhD, APRN, WHNP-BC, FAAN

This session is designed to increase the knowledge and clinical confidence of Primary Care Nurse Practitioners addressing preconception and prenatal genetic risk assessment, testing options and decision making. Although most genetic disorders do not have a cure, prenatal genetic risk assessment, counseling, screening and diagnosis may be beneficial, including the ability to make well-informed decisions, access valuable resources and determine appropriate healthcare planning. Attendees will leave with an understanding of genetic risk assessment tools; differences between prenatal screening and diagnostic testing; different options available for first and second trimester genetic screening; and financial, ethical, legal and social issues related to genetic testing. Case studies pulled from clinical experiences will be presented along with screening and diagnostic lab results and ultrasounds for the purpose of developing treatment and management plans.

### 15.3.030 Translating, Evaluating & Creating Evidence: From Clinic to Acute Care Settings

**8:00 AM - 9:15 AM**

**Track:** Practice; Acute Care  
**Category:**  
**Content Level:** Proficient  
**CE Hours:** 1.25  
**Speaker(s):** Suzanne M. Burns, RN, MSN, ACNP, CCRN, RRT, FAAN, FCCM, FAAN

Nurse practitioners who work in hospital specialty clinics and acute care units are responsible for innovating and improving practice by applying the best evidence. Busy NPs wonder how best to accomplish this goal and often feel it is impossible! This session describes how to effectively evaluate evidence based practice guidelines and protocols for application in the clinical setting. A systematic approach is used to identify the level of evidence, assess the risks associated with implementation, consider the complexity associated with implementation, identify the key stakeholders affected by a potential change in practice, evaluate the potential for sub-optimization, list steps to assure adherence, and develop a plan to monitor and manage the data associated with an evidence-based practice change. The session will cover how to obtain and use data from different sources such as institutional benchmark data, nurse sensitive outcomes data, and other clinical data and how they are best be used to demonstrate a clinical outcome. Finally, examples of APN projects are intertwined throughout the talk to make the topic come alive for the participants.

### 15.3.031 Cardiovascular Exam for Patients with Various Disorders

**8:00 AM - 9:15 AM**

**Track:**  
**Category:** Cardiovascular  
**Content Level:** Proficient  
**CE Hours:** 1.25  
**Speaker(s):** Barbara A. Todd, DNP, ACNP-BC, FAAN

This presentation will provide an overview of the approach to the cardiovascular examination in patients with various clinical presentations. There are many subtle and obvious clues to the cardiac examination that will be described and illustrated via case studies.
### 15.3.032  Apps for You and Your Patient

**8:00 AM - 9:15 AM**  
Track: Business/Professional  
Category: CE Hours: **1.25**  
Speaker(s): Angela Golden, DNP, FNP-C, FAANP

This presentation will provide participants with current apps for use in practice as well as what apps to recommend to patients to help them create their own health. We will review the FDA guideline for apps as well as use examples of ways to incorporate them into daily practice.

### 15.3.033  Immunization Update in Primary Care

**8:00 AM - 9:15 AM**  
Track: Pharmacology  
Category: Immunology  
CE Hours: **1.25**  
Speaker(s): Wendy L. Wright, MS, RN, APRN, FNP, FAANP

Never before in the history of immunizations have there been such widespread changes to the immunization schedule. This lecture will provide the nurse practitioner with the latest information regarding immunizations, updates and safety information pertaining to each vaccine.

### 15.3.034  Hypertension Update: The Latest Treatment Recommendations from JNC-8

**8:00 AM - 9:15 AM**  
Track: Pharmacology  
Category: Cardiovascular  
CE Hours: **1.25**  
Speaker(s): Margaret A. Fitzgerald, DNP, FNP-BC, NP-C, FAANP, CSP, FAAN, DCC

Using case studies and the recommendations from the JNC-8 Guidelines, this session focuses on choosing antihypertensive medications and highlights the rationale for therapeutic choices to reduce the risk of hypertensive target organ damage.

### 15.3.035  Specialty Care of Rheumatic Patients with Obesity

**8:00 AM - 9:15 AM**  
Track: Obesity; Chronic Conditions;  
CE Hours: **1.25**  
Speaker(s): Christine Stamatos, DNP, ANP-C

Inflammatory, autoimmune and chronic pain conditions in rheumatology are difficult to treat in general; the impact of obesity can be devastating. Not only does obesity impact the disease process itself, but it also has a strong influence on response to treatment and is critical for creating overall health and wellness. This session will address the consequences of obesity in rheumatic diseases and emphasize the need to aggressively address this issue in order to address a number of rheumatic conditions from osteoarthritis, rheumatoid arthritis, systemic lupus and fibromyalgia.
June 11, 2015, Thursday

**15.3.036 Joining Forces: Your Patient Served in the Military, Now What? Guidance for Civilian NPs**

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<tr>
<th>8:00 AM - 9:15 AM</th>
<th>Track: Military/Uniformed Services</th>
<th>Content Level: Competent</th>
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<tbody>
<tr>
<td>Category:</td>
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<td>CE Hours: 1.25</td>
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<tr>
<td>Speaker(s):</td>
<td>Catherine G. Ling, PhD, FNP-BC, FAANP; Heather L. Johnson, Lt Col, USAF (Ret), DNP, FNP-BC, FAANP; Alicia Gill Rossiter, Lt Col, USAFR, DNP, FNP, PNP-BC, FAANP</td>
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</table>

Over 2 million Americans have served in the military since 9/11. These numbers include Active Duty, Reservists and those in the National Guards. When they retire or return to their civilian lives, military service becomes far less visible. However, the time in the military has created varied and at times significant health risks that require special screening and monitoring. Often civilian providers are these veterans' primary source of health care.

Given that any past military service has long term health consequences, The American Academy of Nursing with the Joining Forces Initiative have created a campaign for providers to ask "Have you ever served in the military" improving care for veterans. This campaign encourages civilian providers to ask about a patient's military service. Our presentation supports the campaign and then takes the next logical step -- what to do with the answers.

**15.3.037 Care of the Adolescent: Treatment of Common Adolescent Problems**

<table>
<thead>
<tr>
<th>8:00 AM - 9:15 AM</th>
<th>Track: Acute Care</th>
<th>Content Level: Proficient</th>
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<tbody>
<tr>
<td>Category:</td>
<td>Adolescent</td>
<td>CE Hours: 1.25</td>
</tr>
<tr>
<td>Speaker(s):</td>
<td>Audrey Stevenson, PhD, MPH, MSN, FNP-BC</td>
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The care of the adolescent is unique from the provision of care for younger children or adults. This presentation will review the unique aspects of providing care for adolescents as well as the most up-to-date diagnosis and treatment of common adolescent problems.

**15.3.038 The Microvascular Complications of Diabetes Mellitus: The Critical Role of the NP in Screening & Identifying Patients at Risk**

<table>
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<tr>
<th>8:00 AM - 9:15 AM</th>
<th>Track: Endocrinology</th>
<th>Content Level: Competent</th>
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<tr>
<td>Category:</td>
<td>Endocrinology</td>
<td>CE Hours: 1.25</td>
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<tr>
<td>Speaker(s):</td>
<td>Lucia M. Novak, MSN, ANP-BC, BC-ADM, CDTC</td>
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</table>

The microvascular complications of diabetes mellitus are a significant cause of morbidity for patients contending with this complex, chronic disease. Almost 50% of patients will present with at least one of these complications at time of diagnosis with diabetes. Poorly controlled diabetes is the leading cause of blindness, renal failure and non-traumatic lower-limb amputations in the United States. Diabetes also is the predominant factor in the etiology of autonomic neuropathy, which causes abnormal cardiac, gastric and genitourinary innervation and function. The knowledge that these outcomes are preventable is what drives clinicians to partner with their patients and assist them with achieving optimal glucose control. The goal of this presentation is to provide an overview of the microvascular complications of diabetes and will include a discussion of the clinical manifestations and screening recommendations.

**15.3.039 Thyroid Cancer: Update on Evidence**

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<tr>
<th>8:00 AM - 9:15 AM</th>
<th>Track: Oncology; Endocrinology; Genomics</th>
<th>Content Level: Competent</th>
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<tr>
<td>Category:</td>
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<td>CE Hours: 1.25</td>
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<tr>
<td>Speaker(s):</td>
<td>Susan S. VanBeuge, DNP, APRN, FNP-BC, CNE, FAANP</td>
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</table>

Review epidemiology, risk, survival and staging for patients with thyroid cancer utilizing the current evidence and practice guidelines. This program will cover genetics and familial trends associated with thyroid cancer. We will examine the treatment and care of the patient through the lifespan, then apply to a case study in an interactive format.
June 11, 2015, Thursday

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<tr>
<th>Session</th>
<th>Title</th>
<th>Time</th>
<th>Track</th>
<th>Content Level</th>
<th>CE Hours</th>
<th>Speaker(s)</th>
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<tbody>
<tr>
<td>15.3.040</td>
<td><strong>Food Allergies, Food Intolerance &amp; Gluten Sensitivity: Fact 1 or Fashion Statement?</strong></td>
<td>8:00 AM - 9:15 AM</td>
<td><strong>Allergy; Immunology</strong></td>
<td>Proficient</td>
<td></td>
<td>Steven Houser, MD, FAAOA; K. Christopher McMains, MD</td>
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<td>Category:</td>
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<td>This presentation will review current research and practice in the fields of food allergy and gluten sensitivity. The emphasis will be on presenting the highest quality data available to support effective history, physical exam, laboratory evaluation and treatment of food-related disorders.</td>
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<tr>
<td>15.3.041</td>
<td><strong>Hepatitis C: Screening &amp; Current Treatment Options</strong></td>
<td>8:00 AM - 9:15 AM</td>
<td><strong>Gastroenterology; Infectious Disease</strong></td>
<td>Competent</td>
<td>1.25</td>
<td>Cheryl D. Levine, PhD, FNP, CCTI</td>
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<td>Hepatitis C (HCV) is the most common blood borne infection in the United States affecting more than 4 million people. Untreated HCV results in progressive liver damage often to cirrhosis. New direct acting antiviral (DAA) agents are now becoming available with very high efficacy and mostly eliminating the need for interferon therapy with its severe side effects. Currently, more than 50% of HCV infected people are unaware of their infection and many with known infection lack awareness of the importance of treatment. Primary care practitioners need to understand who needs to be screened and treated, potential drug-drug interactions, potential viral mutations/resistance issues and how to increase the chances of successful treatment with the goal of curing HCV.</td>
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<tr>
<td>15.3.042</td>
<td><strong>Update on Urology</strong></td>
<td>8:00 AM - 9:15 AM</td>
<td><strong>Urology; Men's Health; Women's</strong></td>
<td>Expert</td>
<td>1.25</td>
<td>Mikel L. Gray, PhD, PNP, FNP, CUNP, CCCN, FAANP, FAAN Adolescent; Oncology; Pharmacology</td>
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<td>Category:</td>
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<td>This womb-to-tomb urology update includes neonatal urology, prevalent urological disorders of childhood and adult urology including etiology and treatment of prostate cancer, urinary tract infections, calculi and urinary incontinence.</td>
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<tr>
<td>15.3.047</td>
<td><strong>2015 Infectious Diseases in Acute Care</strong></td>
<td>9:45 AM - 11:00 AM</td>
<td><strong>Acute Care</strong></td>
<td>Proficient</td>
<td>1.25</td>
<td>Audrey Stevenson, PhD, MPH, MSN, FNP-BC</td>
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<td>There has been a dramatic increase in the number of circulating infectious diseases that we have seen in the United States in recent years. There have been outbreaks of vaccine-preventable diseases that previously were thought to be eradicated as well as newer infections. With new infectious diseases emerging in the United States and worldwide, clinicians working in acute care settings are seeing an increasing number of diseases both new and old. This presentation will focus on understanding why we are seeing such an increase in infectious diseases, how diseases are being spread, diagnosis, treatment and prevention of the latest infections seen in acute care. The presentation also will discuss travel recommendations for staying healthy while abroad.</td>
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updated 4/14/2015
June 11, 2015, Thursday

15.3.048 Atopic Dermatitis: Managing a Chronic Disease, Promising New Treatments
9:45 AM - 11:00 AM  Track: Dermatology  Category: Chronic Conditions; Immunology  Content Level: Competent
Speaker(s): Susan Tofte, MS, BSN, FNP-C

This lecture will discuss diagnostic criteria of atopic dermatitis and how to make this diagnosis, including differential diagnosis. It will include basic treatment aspects of the disease with discussion of bathing and moisturizing. A discussion of topical treatments will be presented -- how to choose the best therapy and/or combination therapies, how to use in an acute flare, then how to safely use long term for maintenance. Systemic treatments will be discussed, how and when to prescribe, how to safely follow and when to refer. There will be discussion of new treatment options on the horizon, how these look in current clinical trials and how they might be implemented into the treatment plan.

15.3.049 Red Eyes and Red Flags in the Primary Care Setting
9:45 AM - 11:00 AM  Track: Emergent/Urgent Care  Category: Ophthalmology; Infectious Disease  Content Level: Competent
Speaker(s): Denise Ramponi, DNP, ENP-BC, FNP-C, FAANP, FAEN

One of the most common eye complaints in primary care is the red eye. This can be a sign of many ocular diseases resulting from infectious, inflammatory or traumatic conditions. Assessment, treatment considerations and the need for ophthalmologic consultation for the "Red Eye" will be discussed.

15.3.050 Evaluation of a Comprehensive Contraceptive Program for Transitional Females in the Armed Services
9:45 AM - 11:00 AM  Track: Military/Uniformed Services  Category: Women's Health; Reproductive  Content Level: Proficient
Speaker(s): Ida Montgomery, MAJ, AN, FNP, DNP; John F. Meyer, LTC, AN, FNP, DNP

Rates of unintended pregnancy in the US Armed Forces are increasing. Unintended pregnancies in 2005 were 97/1,000 compared to 117/1,000 (2008). Military females double their civilian counterparts (52/1,000) in unintended pregnancies, 25% of military unintended pregnancies are occurring within the first year of service, 82% occur in junior enlisted Soldiers E1-E4, and 69% are ages 18-24. Women make up 15.8% of US military: 299,548 women were deployed to OIF and OEF (Sept 2001 to Feb 2013). 97% of deployed female Soldiers were of reproductive age during OIF. 10.8% of female Soldiers from an Army Brigade were medically evacuated for unintended pregnancy. Female Soldiers gave reasons for not seeking contraceptives from their military providers: lack of education on birth control, lack of birth control use for menstrual cycle suppression and control, barriers to seeking care, lack of confidence in provider, embarrassment, lack of confidentiality, and prefer female provider. A pilot project with a pre- and post-test design was employed at a military base that receives transitional female soldiers or those at their first duty assignment after initial military training. The intervention consisted of a comprehensive contraceptive class addressing: reproductive health, sexually transmitted infections, contraceptive methods and decision-making skills. In addition, appointments were made for women to obtain contraceptives, and the principal investigator made follow-up phone calls once a month for three months. The Reproductive Health Education Questionnaire focusing on knowledge, contraceptive use and avoidance of unintended pregnancy was administered prior to the first class then again at the end of the four-month study period. Of the 92 soldiers who began the study, 68 (74%) responded to the follow-up survey. Soldiers who attend the class had a 1% unintended pregnancy rate, 3% stopped their chosen method of birth control due to adverse effects or desired fertility and 95% continued their contraceptive use at every sexual encounter. The most current CDC contraceptive and family planning guidelines were used to develop a 2.5 CEU class for providers. A comprehensive contraception program is sorely needed throughout the military services to curb the high rates of unintended pregnancies among new female soldiers. This feasible and effective comprehensive program should be spread to other installations that have high numbers of female transitional soldiers.
### 15.3.051 A Case-Based Review of Common Musculoskeletal MRI Findings

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<th>Time</th>
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<tr>
<td>9:45 AM - 11:00 AM</td>
<td>Orthopedics</td>
<td>Proficient</td>
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Category: Musculoskeletal; Diagnostic  
Speaker(s): Larry Collins, PA-C, DFAAPA, ATC

This presentation will provide the attendee an overview of musculoskeletal MRI interpretation. After a brief discussion of current MRI technology, a series of cases will be presented demonstrating MRI findings associated with common musculoskeletal pathologies.

### 15.3.052 Medication Misuse and Abuse in Teens: Prevention, Recognition & Intervention!

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<td>9:45 AM - 11:00 AM</td>
<td>Pain Management</td>
<td>Proficient</td>
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Category: Adolescent; Pediatric; Addiction;  
Speaker(s): David LaFevers, DNP, APRN, FNP-BC

There is an increasing number of incidences involving the misuse and abuse of prescription medications by our pediatric/adolescent populations, their families and the systems that support them. The overall burdens of these experiences are increasing. Even when appropriately prescribed, many medications are diverted from the intended patient resulting in many times, tragic outcomes.

This presentation will provide current evidence-based methods to minimize the risk of improper utilization of appropriately prescribed medications, evidence-based evaluation techniques to recognize those at risk of such behaviors and current recommendations for intervention.

### 15.3.053 Thrombosis Prevention: Across the Primary Care Continuum

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<td>9:45 AM - 11:00 AM</td>
<td>Pharmacology</td>
<td>Competent</td>
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Category: Hematology  
Speaker(s): Tammy Austin-Ketch, PhD, FNP-BC, FAANP; Susan Bruce, PhD, ANP-C

This presentation will describe and discuss primary care approaches to thrombosis prevention from the primary, secondary and tertiary care perspectives based upon current evidence-based guidelines. Common clotting and bleeding disorders will be encompassed within this presentation through the use of exemplars, case discussions and anecdotes to provide a primary care risk/benefit practice perspective that promotes quality patient care. Audience participation will be encouraged during the case discussion.

### 15.3.054 Deciphering Osteoporosis Risk: Clinical Challenges & Pathways in Primary Care

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<tr>
<td>9:45 AM - 11:00 AM</td>
<td>Women's Health</td>
<td>Competent</td>
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Category: Musculoskeletal; Endocrinology  
Speaker(s): Ann C. Falkenberg Olson, PhD, RN, FNP-BC, WHNP-BC, FAANP

Osteoporosis is a costly chronic condition that affects many adults who do not know their bone health status and often are not tested or treated until they experience a fracture. This presentation will help primary care NPs in identifying and effectively treating patients at risk for osteoporosis and subsequent fracture. Included in discussions: current clinical guidelines; related nursing theory and research; clinical questionnaires and recommendations for bio-testing; and clinical implementation in busy primary care practices.

### 15.3.055 FAANP Lecture Series: 7 Habits of Highly Effective NPs

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<td>9:45 AM - 11:00 AM</td>
<td>Business/Professional</td>
<td>Competent</td>
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Category: Business/Professional  
Speaker(s): Amelie Hollier, DNP, FNP-BC, FAANP

This highly motivating presentation describes 7 habits that will help enrich NPs personally, professionally and clinically. Whether you’re a new NP or just need a shot in the arm, this presentation guarantees to move you to the next level.
**June 11, 2015, Thursday**

**15.3.056  Arthritis: New Guidelines & Treatment Options**

9:45 AM - 11:00 AM  
Track:  
Category: Pharmacology; Rheumatology  
Speaker(s): Wendy L. Wright, MS, RN, APRN, FNP, FAAN  
Content Level: Competent  
CE Hours: 1.25

This presentation will provide the nurse practitioner with a brief overview of the pathophysiology of osteoarthritis and rheumatoid arthritis and to discuss the various new and older treatment options currently available.

**15.3.057  Recognizing & Caring for the Patient with Acute Liver Failure**

9:45 AM - 11:00 AM  
Track: Acute Care  
Category: Gastroenterology  
Speaker(s): Lynn A. Kelso, RN, APRN, ACNP-BC, FCCM, FAAN  
Content Level: Competent  
CE Hours: 1.25

This session will enable the participant to recognize patients with acute liver failure and provide appropriate treatment strategies for the best possible outcomes. It will include discussion on causes of ALF, complications associated with ALF and plan of care.

**15.3.058  Psychotropics in the Elderly: What Does the Current Research Reveal?**

9:45 AM - 11:00 AM  
Track:  
Category: Pharmacology; Gerontological;  
Speaker(s): Margaret Huryk, RN, ANP, GNP-BC, ANP-BC  
Content Level: Competent  
CE Hours: 1.25

The presentation will focus on the current research available to treat geriatric psychiatric conditions including depression, anxiety, dementia and BPSD (behavior and psychological symptoms of dementia). The drug classifications to be discussed are acetylcholinesterase inhibitors, NMDA receptor antagonist, antidepressants, anxiolytics, mood stabilizers and second generation antipsychotics. Specific prescribing issues will be handled including appropriate documentation. Navigating through the black box warnings and department of health surveys will be addressed.

**15.3.059  Obstructive Sleep Apnea Diagnosis & Management: Update on Current Practice Guidelines**

9:45 AM - 11:00 AM  
Track:  
Category: Sleep Medicine;  
Speaker(s): Melissa Carlucci, MS, APN; Maureen Smith, MS, ANP-BC, GNP-BC  
Content Level: Competent  
CE Hours: 1.25

Obstructive sleep apnea (OSA) is the most common diagnosis in sleep medicine. It is increasingly common in the United States, but also is under-recognized and under-diagnosed. Appropriate treatment of OSA is essential, due to its close association with cardiovascular disease and motor vehicle crashes. This presentation will focus on key elements of the diagnosis and management of OSA. Patient presentation consistent with OSA, including sleep history, symptom analysis, and risk factor assessment, in addition to the use of polysomnography for diagnosis, will be discussed. Management strategies will be reviewed, with an emphasis on CPAP and lifestyle modification. Indications for referral to a sleep center also will be highlighted.
### First-Line Pharmacology Treatment in the Primary Care Setting for Major Depression, Bipolar, Anxiety & Alcohol Use Disorders

**Track:** Pharmacology  
**Category:** Psych/Mental Health; Addiction  
**Speaker(s):** Anthony James Roberson, PhD, PMHNP-BC, RN; Susanne Astrab Fogger, DNP, PMHNP-BC  
**Content Level:** Advanced Beginner  
**CE Hours:** 1.25

This presentation will focus on first-line medications for treating Major Depression, Bipolar, Anxiety and Alcohol Use Disorders. These disorders are the most commonly seen in primary care settings, specifically by FNs, PNs, PMHNPs, and other specialty NPs. We recognize that a large percent of psychiatric patients are first assessed and started on medications by those in primary care settings, particularly FNs. Therefore, the overall purpose of this presentation is to increase the knowledge of those NPs who initiate treatment for these disorders with an emphasis on appropriate medication regimen(s) based on treatment standards and guidelines. In addition, this presentation will focus on FDA approved medications for these disorders.

### The Spiritual Science of Homeopathy and Its Applications in Primary Care Treatment of Injuries & Trauma

**Track:** Complementary  
**Category:**  
**Speaker(s):** Karen Holder, FNP-BC, CNM, AHN-BC, FAANP  
**Content Level:** Advanced Beginner  
**CE Hours:** 1.25

Recent evidence supporting homeopathic principles of healing will be presented, followed by an overview of remedies used for commonly treated injuries and trauma seen in primary care. Case examples will be presented with audience participation encourage.

### Joining Forces: Caring for Military Families in Your Community

**Track:** Military/Uniformed Services  
**Category:**  
**Speaker(s):** Cindy Cooke, DNP, FNP-C, FAANP; Janice Agazio, PhD, CRNP, FAANP, FAAN; Diane Padden, PhD, CRNP, FAANP  
**Content Level:** Competent  
**CE Hours:** 1.25

Over 2 million service members have been deployed in support of Operation Iraqi Freedom (OIF), Operation Enduring Freedom (OEF), and Operation New Dawn (OND) since the Global War on Terror (GWOT) began well over a decade ago. There are over 3.6 million service members (SM) within the total force of the Armed Services. Total force service members include all those currently serving on active duty as well as the Reserve components, which consist of service members in the National Guard and Reserves. Approximately 44% of the total force is married with children, thus the total military force personnel and their families encompass greater than 5.3 million individuals within the US population. Although the number and length of deployments have been steadily declining, the number of individuals affected since the GWOT began is substantial. Active service members and their families are most often cared for within military treatment facilities where they currently are assigned; however, members of the Reserve components and their family members are cared for in their local community clinics, emergency rooms and hospitals. Important to note that the Reserve Component of the Armed Services are â€œlocal citizensâ€ dispersed across the United States and may not reside near military facilities. Health care providers will no doubt encounter military families at each phase of the deployment experience in their practice settings and need to be adequately prepared to provide the necessary recommendations and resources.

The Joining Forces initiative provides multiple opportunities for individuals and communities to support military families. Health care providers can become active in this initiative by understanding the unique demands of the military lifestyle to provide effective quality care with optimal health outcomes in this population.
June 11, 2015, Thursday

**15.3.063 Work Related Issues in the Primary Care Environment: Diagnosis, Management & Return to Work Issues**

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<td>9:45 AM - 11:00 AM</td>
<td></td>
<td>Competent</td>
<td>Kerri Rupe, ARNP, FNP-S, COHN-S, DNP, FAANP</td>
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Work-related issues are not uncommon in the primary care environment. Workers compensation, work releases, restrictions, FMLA, OSHA, fitness for duty and work accommodations are all issues the NP may face in the clinic setting. This presentation is designed to help the primary care NP embrace work related issues and develop better relationships with employers.

**15.3.064 Current Evidence for Primary Care Treatment of ADD & ADHD**

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<tr>
<td>9:45 AM - 11:00 AM</td>
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<td>Advanced Beginner</td>
<td>Kathleen P. Wilson, PhD, PNP-BC, FNP-BC, CPNP</td>
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A new clinical practice guideline has been released by the American Academy of Pediatrics (AAP) that provides evidence-based recommendations for the diagnosis and treatment of children diagnosed with attention-deficit/hyperactivity disorder (ADHD). This guideline is intended for use by clinicians, such as nurse practitioners, working in primary care settings. The guideline replaces two previously published clinical guidelines that were published by AAP in 2000 and 2001. CDC conducted the systematic review of evidence for the diagnosis and evaluation of ADHD. Important changes to the recent guidelines include: Expanded age range of coverage; expanded scope of services to include behavioral interventions; inclusion of a clinical process algorithm; and early intervention and prevention strategies designed to reduce mental health conditions.

**15.3.065 Can 50 Be the New 30? Current Evidence on Antioxidants & Vitamins**

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<td>9:45 AM - 11:00 AM</td>
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<td>Competent</td>
<td>Jill Johnson, DNP, APRN, FNP-BC, CCRN, CEN, CFRN</td>
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Antioxidants and vitamins are being marketed as the key to the fountain of youth. From chocolate to pomegranate juice to moisturizers, the headlines are screaming the benefits of antioxidants and vitamins. Among the claims it is suggested that they prevent cancer and heart disease, safeguard memory, reduce the risk of degenerative diseases, protect joints, reduce muscle soreness and fatigue, and ward off wrinkles. This presentation will discuss the role of antioxidants in disease prevention, dietary sources of antioxidants, and use of dietary supplements. Evidence on the benefits and risks will be examined.

**15.3.066 Orofacial, Auricular & Lower Paracervical Intramuscular Local Anesthesia Injection Techniques**

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<td>9:45 AM - 11:00 AM</td>
<td></td>
<td>Proficient</td>
<td>Sheila Sanning Shea, RN, MSN, ANP, CEN</td>
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This presentation will present for pain management options for patients presenting with uncomplicated headache, dental or facial pain using a variety of local nerve blocks and anesthesia injections. Anatomic considerations, technique, and indications and contraindications will be presented.
June 11, 2015, Thursday

**15.3.067  Best of the $4 Drugs: Optimizing Your Choice of the Least Costly Generics**

9:45 AM - 11:00 AM  Track: Pharmacology  Content Level: Competent

Category:  CE Hours: 1.25
Speaker(s): Margaret A. Fitzgerald, DNP, FNP-BC, NP-C, FAANP, CSP, FAAN, DCC

The $4 drug lists continue to grow as does our patients' need to access these low cost therapeutic options. But which of these medications is the optimal choice for the treatment of common conditions? Learn how to optimize your clinical decision making in choosing the best of the $4 drugs for the treatment of type 2 diabetes, dyslipidemia, hypertension, select infectious diseases and other commonly encountered clinical conditions.

**15.3.080  General Session: Assessing Outcomes of NP Practice - Why It Matters & How It Can Be Accomplished**

12:45 PM - 1:45 PM  Track:  Content Level:  CE Hours: 1

Category:  Speaker(s): Ruth M. Kleinpell, PhD, RN, AG-ACNP, FAANP, FAAN

Assessing outcomes of nurse practitioner practice is not only important; it is essential! As NPs lead American healthcare forward through traditional and novel models we must identify the impact of NP care. Yet often, the idea of having to identify the outcomes of NP practice can be intimidating and overwhelming. Dr. Ruth Kleinpell, Director of the Center for Clinical Research & Scholarship at Rush University Medical Center and author and presenter on NP outcomes, will review key considerations related to the process of assessing outcomes of NP practice, highlighting practical application to individual NP roles.
June 11, 2015, Thursday

**15.3.084 Fundamental Critical Care Support Course (FCCS) (multi-day course) - Group 2 Skill Stations - Part 1**
(continued in 15.4.082)

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<tr>
<th>Time</th>
<th>Track: Acute Care</th>
<th>Content Level: Proficient</th>
<th>CE Hours: 2.75</th>
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<td>1:00 PM - 4:00 PM</td>
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**Category:**

**Speaker(s):** Kent D. Blad, DNP, ACNP-BC, FNP-C, FCCM, FAANP; Sabrina Jarvis, DNP, ACNP-BC, FNP-BC, FAANP; Sophia Rodgers, ACNP, FNP, FAANP, FCCM; Sarah Layman, MSN, APRN, PNP-BC, ANP-BC, ANP-BC, ACNP-BC; Robert L. Palmer, PA-C; Honey M. Jones, DNP, ACNP-BC; Justin Speyer, MSN, ARNP, FNP-BC

This is an educational course spread over a 3-day period at this conference and is supported by the Society of Critical Care Medicine. The Fundamental Critical Care Support Course (FCCS) is designed for both instructors and providers. FCCS is a standardized course, providing an approach to initial management (first 24 hours) of the critically ill patient for the non-intensivist. The course offers classroom and "hands on" interactive instruction, especially care related to mechanical ventilation, organ hypoperfusion, respiratory failure, acute coronary syndromes and neurological/trauma support.

**FCCS - Group 2 Schedule:**

**Wednesday, June 10**
7:30 AM - 1:00 PM
15.2.009 - Lectures - Part 1

**Thursday, June 11**
7:45 AM - 12:00 PM
15.3.009 - Lectures - Part 2

**Friday, June 12**
1:00 PM - 5:00 PM
15.4.082 - Skill Stations - Part 2 and Post-Test

**Important Note:** If you are late you are considered a no-show and will lose your place in the workshop. There will be a lunch break each day (on your own). A course textbook is required for each participant in this workshop and is included in the $200.00 fee for this course. Payment is due at time of conference registration. Once you have received the textbook and other materials, no refund is available for course if cancelled by the registrant for any reason. You will not receive a completion certificate in this FCCS course unless you attend and complete the entire two-day course and pass the post-test.

(Limited attendance)
June 11, 2015, Thursday

15.3.088  Podium Presentations (Research/Clinical/Practice) - Oh the Pain, Will Robinson: Lost in the World of Pain Management / Pain Population Registry: Care Delivery and Outcomes / Pain Management in Primary Care: Five Percent of the Patients Cause Ninety-Five Percent of the Problems

2:00 PM - 3:30 PM  Track:  
Category:  
Speaker(s):  
Presentation A - Kimberly Quinn, RN, MSN, ANP, ACNP, CRNP
Presentation B - Barbara Koschak, APNP, FNP, DNP
Presentation C - Kathryn Patterson, MSN, APRN, FNP-C

Presentation A - Oh the Pain, Will Robinson: Lost in the World of Pain Management

Presentation B - Pain Population Registry: Care Delivery and Outcomes

Presentation C - Pain Management in Primary Care: Five Percent of the Patients Cause Ninety-Five Percent of the Problems

15.3.089  Podium Presentations (Research/Clinical/Practice) - Respiratory Syncytial Virus & Immunoprophylaxis: Policy Impact and Health Outcomes of Premature Infants / Nurse Practitioner Leadership to Improve Outcomes for Infants with Single Ventricle Physiology / Baby Think It Over Program in Health Class Grade 8

2:00 PM - 3:30 PM  Track:  
Category:  
Speaker(s):  
Presentation A - Suzanne Staebler, DNP, APRN, NNP-BC, FAANP
Presentation B - Cindy Weston, DNP, RN, FNP-BC
Presentation C - Virginia Carreira, DNP, RN, APN, CCRN, CDE

Presentation A - Respiratory Syncytial Virus & Immunoprophylaxis: Policy Impact and Health Outcomes of Premature Infants

Presentation B - Nurse Practitioner Leadership to Improve Outcomes for Infants with Single Ventricle Physiology

Presentation C - Baby Think It Over Program in Health Class Grade 8

15.3.090  Podium Presentations (Research/Clinical/Practice) - Stroke 60: Closing the Stroke Team Gap with a Cerebrovascular APN Team / Management of Systolic Hypertension in the Elderly / The Birds & Bees of Stroke: Prevention and Risks of Stroke in Women

2:00 PM - 3:30 PM  Track:  
Category:  
Speaker(s):  
Presentation A - Kiffon M. Keigher, APN, ACNP-BC0
Presentation B - Angela Ritten, DNP, ARNP, FNP-BC
Presentation C - Amanda Dirickson, MS, APRN, ANP-C, CRN

Presentation A - Stroke 60: Closing the Stroke Team Gap with a Cerebrovascular APN Team

Presentation B - Management of Systolic Hypertension in the Elderly

Presentation C - The Birds & Bees of Stroke: Prevention and Risks of Stroke in Women
### June 11, 2015, Thursday

**15.3.091 Podium Presentations (Research/Clinical/Practice) - Left Ventricular Assist Devices for the Non-LVAD Provider: The Basics to "Pump" You Up / Use of Portable Echocardiography in the NP Cardiology Practice Arena: An Extender or Replacement of the Stethoscope? / Taking the Mystery Out of Implantable Cardioverter-Defibrillator Therapy**

- **2:00 PM - 3:30 PM**
  - **Track:**
  - **Category:**
  - **Speaker(s):**
  - **Presentation A -** Michell L. Brown, MSN, RN, NP-C
  - **Presentation B -** Debbi Lindgren-Clendenen, RN, MN, GNP-BC, AGPCNP-BC
  - **Presentation C -** Nancy E. Stone, PhD, ACNP, ANP, CCRN

Presentation A - Left Ventricular Assist Devices for the Non-LVAD Provider: The Basics to "Pump" You Up

Presentation B - Use of Portable Echocardiography in the NP Cardiology Practice Arena: An Extender or Replacement of the Stethoscope?

Presentation C - Taking the Mystery Out of Implantable Cardioverter-Defibrillator Therapy

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**15.3.092 Podium Presentations (Research/Clinical/Practice) - Promoting Evidence-Based LGBT Health Care Services in Primary Care / Management of the Poisoned Patient: When Seconds Count! / Starting from Scratch: How to Approach Toxicologic Emergencies / AKI: Implications for the ENP**

- **2:00 PM - 3:30 PM**
  - **Track:**
  - **Category:**
  - **Speaker(s):**
  - **Presentation A -** George Byron Peraza-Smith, DNP, GNP-BC, CNE; Mary Mackenburg-Mohn, RN, PhD, CNP
  - **Presentation B -** Mary Mackenburg-Mohn, RN, PhD, CNP; David Steel, RN, CNP, DNPc
  - **Presentation C -** Jennifer Wilbeck, DNP, ACNP-BC, FNP-BC

Presentation A - Promoting Evidence-Based LGBT Health Care Services in Primary Care

Presentation B - Management of the Poisoned Patient: When Seconds Count!

Presentation C - AKI: Implications for the ENP
June 11, 2015, Thursday

15.3.093 Podium Presentations (Research/Clinical/Practice) - Avoiding the Drama & Trauma of Lawsuits / A Lively Discussion of the Pros and Cons of the Family Nurse Practitioner in the Acute Care Setting! / Establishing an Online Professional Presence

2:00 PM - 3:30 PM  
Track:  
Category: Content Level:  
Speaker(s): CE Hours: 1.5  
Presentation A - Carol Nikolai, MS, FNP; Alice M. Teall, MS, FNP, PNP  
Presentation B - D'Ann Somerall, DNP, FNP-BC; Melanie Hallman, DNP, FNP-BC, AANP-BC, CEN  
Presentation C - Alice M. Teall, MS, FNP, PNP; Carol Nikolai, MS, FNP

Presentation A - Avoiding the Drama & Trauma of Lawsuits

Presentation B - A Lively Discussion of the Pros and Cons of the Family Nurse Practitioner in the Acute Care Setting!

Presentation C - Establishing an Online Professional Presence

15.3.094 Podium Presentations (Research/Clinical/Practice) - Nurse Practitioner Transition to Practice Programs: Operational Steps to Implementation of Evidence Based Standards for NP Fellowships / Nurse Practitioner Care Model in the Observation Unit: Improved Patient and Organizational Outcomes / Impacting the Quality and Cost of Caring for Patients with COPD Using a Bundled Payment Approach and an Advanced Practice Nurse-Led Integrated Practice Unit

2:00 PM - 3:30 PM  
Track:  
Category: Content Level:  
Speaker(s): CE Hours: 1.5  
Presentation A - Jennifer DerKazarian, DNP, ANP-BC; Sheryl Cosme, MSN, RN-BC  
Presentation B - Katherine Kenny, DNP, RN, ANP-BC, FAANP; Patricia Nichols, MS, RN, FNP-BC  
Presentation C - deNay P. Kirkpatrick, DNP, APN-BC

Steps to Implementation of Evidence Based Standards for NP Fellowships

Presentation B - Nurse Practitioner Care Model in the Observation Unit: Improved Patient and Organizational Outcomes

Presentation C - Impacting the Quality and Cost of Caring for Patients with COPD Using a Bundled Payment Approach and an Advanced Practice Nurse-Led Integrated Practice Unit
### Podium Presentations (Research/Clinical/Practice) - Ophthalmology Update for Nurse Practitioners / Incorporating Child & Adolescent Screening in Nursing Education Programs / Boxer Fractures & Fight Bites for Primary or Urgent Care

**2:00 PM - 3:30 PM**  
**Track:**  
**Category:**  
**Speaker(s):**  
Presentation A - Tulay Cakiner-Egilmez, ANP, PhD, CRNO, COT  
Presentation B - Dustin Spencer, DNP, CEN, NP-C, PMHS, ENP-BC  
Presentation C - Suzanne Alton, DNP, FNP

Presentation A - Ophthalmology Update for Nurse Practitioners  
Presentation B - Incorporating Child and Adolescent Screening in Nursing Education Programs  
Presentation C - Boxer Fractures & Fight Bites

### Podium Presentations (Research/Clinical/Practice) - The Role of the Nurse Practitioner and Appropriate Supportive Treatments for Asymptomatic Urinary Tract Infections in Long-Term Care Facilities / Preventing Humpty Dumpty's Fall: Teaching Fall Risk Assessments Through Community Engagement / Prevention of Urinary Tract Infections in Long Term Care: An Evidence-Based Approach

**2:00 PM - 3:30 PM**  
**Track:**  
**Category:**  
**Speaker(s):**  
Presentation A - Leslie Morrison-Pandy, DNP, FNP-BC  
Presentation B - Lorena C. Guerrero, PhD, ARNP, FNP-BC  
Presentation C - Janice Hoff, MSN, ARNP

Presentation A - The Role of the Nurse Practitioner and Appropriate Supportive Treatments for Asymptomatic Urinary Tract Infections in Long-Term Care Facilities  
Presentation B - Preventing Humpty Dumpty's Fall: Teaching Fall Risk Assessments Through Community Engagement  
Presentation C - Prevention of Urinary Tract Infections in Long Term Care: An Evidence-Based Approach
### 15.3.097: Podium Presentations (Research/Clinical/Practice) - Heartfelt Aging / Identifying, Diagnosing & Managing Mild Cognitive Impairment Due to Alzheimer's Disease in a Busy Primary Care Setting / Improving Nurses' Knowledge of Delirium in Post Acute Care & Evaluating the Feasibility of the RADAR Screening Tool

**Track:** Podium Presentations (Research/Clinical/Practice)  
**Category:** Content  
**Content Level:** CE Hours: **1.5**

**Speaker(s):**  
- Presentation B - Cheryl L. Brandi, DNSc, ARNP, NP-C
- Presentation C - Kanah May Lewallen, MSN,

**Presentation A - Heartfelt Aging**

**Presentation B - Identifying, Diagnosing & Managing Mild Cognitive Impairment Due to Alzheimer's Disease in a Busy Primary Care Setting**

**Presentation C - Improving Nurses' Knowledge of Delirium in Post Acute Care & Evaluating the Feasibility of the RADAR Screening Tool**

### 15.3.098: Podium Presentations (Research/Clinical/Practice) - Ebola Virus: A New Nemesis for NPs? / DSM V: Overview of Changes / FACT or FICTION: Understanding Factitious Disorders, Munchausen's Syndromes & Malingering as Diagnoses in NP Clinical Practice

**Track:** Podium Presentations (Research/Clinical/Practice)  
**Category:** Content  
**Content Level:** CE Hours: **1.5**

**Speaker(s):**  
- Presentation A - Sandra Wiggins Petersen, DNP, APRN, FNP-BC, GNP-BC, PMHNP; Jacqueline Rhoads, PhD, APRN-BC, PMHNP-BC, FAANP
- Presentation B - Jacqueline Rhoads, PhD, APRN-BC, PMHNP-BC, FAANP
- Presentation C - Victoria Soltis-Jarrett, PhD, PMHNP-BC, FAANP

**Presentation A - Ebola Virus: A New Nemesis for NPs?**

**Presentation B - DSM V: Overview of Changes**

**Presentation C - FACT or FICTION: Understanding Factitious Disorders, Munchausen's Syndromes & Malingering as Diagnoses in NP Clinical Practice**
June 11, 2015, Thursday

15.3.099  15.3.099: Podium Presentations (Research/Clinical/Practice) - Bugs, Bites and Beyond: Dengue, Malaria and Chikungunya / Are You Asking the Questions that Could Save a Student's Life? The Management of Fever in Returning Travelers / Pre-Exposure Prophylaxis: An Overview of an Emerging Clinical Approach to Preventing HIV in High-Risk Adults

2:00 PM - 3:30 PM  Track:  Content Level:  CE Hours: 1.5
Category:  Speaker(s):  Presentation A - Nancy E. Dirubbo, DNP, FNP-BC, FAANP, CTH
Presentation B - Julie Richards, RN, MSN, WHNP-C, FNP-BC, MSIE, CTH
Presentation C - Christopher W. Blackwell, PhD, ARNP, ANP-BC, AGACNP-BC, CNE

Presentation A - Bugs, Bites and Beyond: Dengue, Malaria and Chikungunya

Presentation B - Are You Asking the Questions that Could Save a Student's Life? The Management of Fever in Returning Travelers

Presentation C - Pre-Exposure Prophylaxis: An Overview of an Emerging Clinical Approach to Preventing HIV in High-Risk Adults

15.3.100  15.3.100: Podium Presentations (Research/Clinical/Practice) - SBIRT Education in Didactic, Simulation and Clinical Settings in NP Primary & Acute Care Programs / Nursing Telehealth Education for Nurse Practitioners / International Innovations in Nurse Practitioner Practice

2:00 PM - 3:30 PM  Track:  Content Level:  CE Hours: 1.5
Category:  Speaker(s):  Presentation A - Mary T. Weber, PhD, PMHNP-BC, FAANP; Laura Rosenthal, DNP, ACNP
Presentation B - Patty Schweickert, RN, MSN, PMC, FNP-BC, DNP
Presentation C - Daniel O'Neill, NP, FCENA, FACN; Steven W. Branham, PhD, RN, ACNP-BC, FNP-BC, FAANP

Presentation A - SBIRT Education in Didactic, Simulation and Clinical Settings in NP Primary & Acute Care Programs

Presentation B - Nursing Telehealth Education for Nurse Practitioners

Presentation C - International Innovations in Nurse Practitioner Practice
### 15.3.101: Podium Presentations (Research/Clinical/Practice) - Controversies Surrounding the Diagnosis & Treatment of Ductal Carcinoma in Situ (DCIS) / Impact of Age on Women's Interest in Genetic Testing for Hereditary Breast Cancer Risk / HPV and Head & Neck Cancer: Increasing Knowledge, Making a Difference

**2:00 PM - 3:30 PM**

- **Track:**
- **Category:**
- **Speaker(s):**
  - Presentation A - Suzanne Day, MSN, RN, FNP-BC
  - Presentation B - Karen E. Greco, PhD, RN, ANP-BC, FAAN
  - Presentation C - Michelle Ziebarth, FNP-C

**Presentation A - Controversies Surrounding the Diagnosis & Treatment of Ductal Carcinoma in Situ (DCIS)**

**Presentation B - Impact of Age on Women's Interest in Genetic Testing for Hereditary Breast Cancer Risk**

**Presentation C - HPV and Head & Neck Cancer: Increasing Knowledge, Making a Difference**

### 15.3.102: Podium Presentations (Research/Clinical/Practice) - Gut Grief: Is Non-Celiac Gluten Sensitivity (NCGS) Real? / Component Resolved Diagnostics: A Molecular View of Food Protein Sources and Determination of Food Sensitivities

**2:00 PM - 3:30 PM**

- **Track:**
- **Category:**
- **Speaker(s):**
  - Presentation A - Christine Kessler, MS, CNS, ANP, BC-ADM, FAANP
  - Presentation B - Sharon Bryant, DNP, RN, ACNP-BC
  - Presentation C - John Distler, DPA, MBA, MS, FNP-C, FAANP

**Presentation A - Gut Grief: Is Non-Celiac Gluten Sensitivity (NCGS) Real?**

**Presentation B - Clostridium Difficile: An Update on Management**

**Presentation C - Component Resolved Diagnostics: A Molecular View of Food Protein Sources and Determination of Food Sensitivities**
### 15.3.103

**Presentation A** - From Barbies to Birth Control: Identifying Barriers to the Implementation of Evidence Based HIV/STI/Teen Pregnancy Prevention for Urban Adolescent Females / Update of HPV Related Diseases and the Role of the Nurse Practitioner / Counting Every Drop: Navigating Low Milk Supply

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**Presentation A** - Cynthera McNeill, DNP, APRN, AGPCNP
**Presentation B** - Marita Lazzaro, APRN, ANP-BC
**Presentation C** - Jaclyn Engelsh, DNP, APRN

Presentation A - From Barbies to Birth Control: Identifying Barriers to the Implementation of Evidence Based HIV/STI/Teen Pregnancy Prevention for Urban Adolescent Females

Presentation B - Update of HPV Related Diseases and the Role of the Nurse Practitioner

Presentation C - Counting Every Drop: Navigating Low Milk Supply

### 15.3.104

**Presentation A** - An Analysis of a Hospital Readmission Prevention Program: Utilizing Nurse Practitioners to Improve Quality and Decrease Hospital Readmissions in the Elderly / In Search of Red Flags: Preoperative Evaluations / Frailty Assessment: Improving Pre-Operative Assessment of Elderly with Aortic Stenosis

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**Presentation A** - Catherine Wisner, PhD, CFNP
**Presentation B** - Joan E. King, PhD, ACNP-BC, ANP-BC
**Presentation C** - Mary McGreal, DNP, ANP-C, RN, CCRN, CMC

Presentation A - An Analysis of a Hospital Readmission Prevention Program: Utilizing Nurse Practitioners to Improve Quality and Decrease Hospital Readmissions in the Elderly

Presentation B - In Search of Red Flags: Preoperative Evaluations

Presentation C - Frailty Assessment: Improving Pre-Operative Assessment of Elderly with Aortic Stenosis
**June 11, 2015, Thursday**

**15.3.105**  
15.3.105: Podium Presentations (Research/Clinical/Practice) - Is Your Office Prepared? Developing an Action Plan for Mental Health Referrals / Practicing within Clinical Practice Guidelines for the Management of PTSD: 2 Case Reviews & Outcomes from a Civilian Provider Serving Military Personnel in Europe / Suicide Assessment & Prevention: A Clinical Practice Guideline for Primary Care

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<th>Track: Podium Presentations (Research/Clinical/Practice)</th>
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<td>2:00 PM - 3:30 PM</td>
<td>CE Hours: 1.5</td>
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<tr>
<td>Speaker(s):</td>
<td>Presentation A - Susan Calloway, PhD, RN, PMHNP, FNP, FAA</td>
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<td>Presentation B - Catherine Stuart, APRN, CNS, FPMHNP</td>
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<td>Presentation C - Shonda Phelon, DNP, FNP-BC, APMHNP-BC</td>
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Presentation B - Practicing within Clinical Practice Guidelines for the Management of PTSD: 2 Case Reviews & Outcomes from a Civilian Provider Serving Military Personnel in Europe

Presentation C - Suicide Assessment & Prevention: A Clinical Practice Guideline for Primary Care

**15.3.106**  
Podium Presentations (Research/Clinical/Practice) - Dancing With Death: Club and Party Drugs / Book Club, Play Dates & Chardonnay: Emerging Trends in Alcohol Abuse and Dependency in Women / Exploring Rip's Secret: Sleep Deprivation

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<th>Track: Podium Presentations (Research/Clinical/Practice)</th>
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<td>2:00 PM - 3:30 PM</td>
<td>CE Hours: 1.5</td>
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<tr>
<td>Speaker(s):</td>
<td>Presentation A - Janice Delgiorno, MSN, CCRN, ACNP-BC</td>
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<td>Presentation B - Beth Rowlands, DNP, GNP-BC</td>
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<td>Presentation C - Leslie W. Norris, DNP</td>
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Presentation A - Dancing With Death: Club and Party Drugs

Presentation B - Book Club, Play Dates & Chardonnay: Emerging Trends in Alcohol Abuse and Dependency in Women

Presentation C - Exploring Rip's Secret: Sleep Deprivation
### 15.3.107: Podium Presentations (Research/Clinical/Practice) - Eating Disorder Screening: Implementation of the SCOFF Questionnaire / ADHD and the Transition to Early Adulthood: Creating a Patient-Centered Approach to a Chronic Disorder / Child Sexual Abuse: The Essentials for Primary Care Nurse Practitioners in Prevention, Reporting & Addressing in the Office

<table>
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<th>Time</th>
<th>Track: 15.3.107</th>
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<tr>
<td>2:00 PM - 3:30 PM</td>
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<td>CE Hours: 1.5</td>
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**Speaker(s):**
- Presentation A - Julie Schreiner, DNP, FNP, RN, PMHS
- Presentation B - Cindy Parsons, DNP, PMHNP-BC, FAANP
- Presentation C - Kate K. Chappell, MSN, APRN, CPNP

**Presentations:**
- Presentation A - Eating Disorder Screening: Implementation of the SCOFF Questionnaire
- Presentation B - ADHD and the Transition to Early Adulthood: Creating a Patient-Centered Approach to a Chronic Disorder
- Presentation C - Child Sexual Abuse: The Essentials for Primary Care Nurse Practitioners in Prevention, Reporting & Addressing in the Office

### 15.3.108: Podium Presentations (Research/Clinical/Practice) - Mastering Thoracic Imaging: Do You See What I See? / The Responsibility & Risk Involved in the Use of Advanced Outpatient Diagnostic Imaging / Screening for Lung Cancer: The New Standard for Preventative Care

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<td>2:00 PM - 3:30 PM</td>
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<td>CE Hours: 1.5</td>
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**Speaker(s):**
- Presentation A - Susan Collazo, MSN, APN, CNP
- Presentation B - Debbie Shelton, DNP, APRN, FNP-BC
- Presentation C - Jenny Condon, MSN, RN, ARNP, FNP-C

**Presentations:**
- Presentation A - Mastering Thoracic Imaging: Do You See What I See?
- Presentation B - The Responsibility & Risk Involved in the Use of Advanced Outpatient Diagnostic Imaging
- Presentation C - Screening for Lung Cancer: The New Standard for Preventative Care
**June 11, 2015, Thursday**

**15.3.109 Podium Presentations (Research/Clinical/Practice) - Sodium Imbalance in Acute Care / The Cardiology Urology Pathology Prevalence Interplay Determination Study (CUPPID Study) / Paget-Schroetter Syndrome:**

**Early Recognition & Treatment Options**

2:00 PM - 3:30 PM

- **Track:**
- **Category:**
- **Speaker(s):**
  - Presentation A - Angela Nelson, MSN, RN, CCRN, ACNP-BC, FCCM, FAANP
  - Presentation B - Cynthia Bednarchik, FNP-BC
  - Presentation C - Catherine K Otule, ANP-BC; Janet C. Esparza, BSN, RN, CCRN; Albert U. Quiambao, RN, BSA; Miriam D. Quiambao, RN, BSN, CCRN

Presentation A - Sodium Imbalance in Acute Care

Presentation B - The Cardiology Urology Pathology Prevalence Interplay Determination Study (CUPPID Study)

Presentation C - Paget-Schroetter Syndrome: Early Recognition & Treatment Options

**15.3.110 Podium Presentations (Research/Clinical/Practice) - Becoming a Vaccinator: The Ins & Outs of Ordering, Administering and Billing for Vaccines / Code Smarter Not Work Harder: Fiscal Responsibility in a Changing Healthcare Environment / Clinical & Psychometric Evaluation of a Structured Transition Program for Emerging Adults with Type 1 Diabetes**

2:00 PM - 3:30 PM

- **Track:**
- **Category:**
- **Speaker(s):**
  - Presentation A - Carol Hayes, CNM, MN, MPH; Eileen Ehudin Beard, CNM, FNP, MN, MS
  - Presentation B - Lynn Rapsilber, MSN, ANP-BC, APRN, FAANP
  - Presentation C - Eileen Egan, DNP, FNP-C, CDE

Presentation A - Becoming a Vaccinator: The Ins & Outs of Ordering, Administering and Billing for Vaccines


Presentation C - Clinical & Psychometric Evaluation of a Structured Transition Program for Emerging Adults with Type 1 Diabetes
June 11, 2015, Thursday

15.3.111: Podium Presentations (Research/Clinical/Practice) - Management of Acute Kidney Injury: Avoiding Risk During Recovery / 21st Century Treatments: Utilizing Genomics to Customize Treatment for Patients with Hepatitis C / Measuring the Perceived Self-Management Practices of Adult Type 2 Diabetics With & Without Completion of a Diabetes Self-Management Education Program

2:00 PM - 3:30 PM  
Track:  
Category:  
Speaker(s):  
Presentation A - Catherine Wells, DNP, CNN-NP, ACNP, FNKF  
Presentation B - Cathy M. St. Pierre, PhD, APRN, FNP-BC, FAANP  
Presentation C - Dennis S. Wooley, MSN, APRN, FNP-BC

Presentation A - Management of Acute Kidney Injury: Avoiding Risk During Recovery  
Presentation B - 21st Century Treatments: Utilizing Genomics to Customize Treatment for Patients with Hepatitis C  
Presentation C - Measuring the Perceived Self-Management Practices of Adult Type 2 Diabetics With & Without Completion of a Diabetes Self-Management Education Program

15.3.116: Attended NP Posters: Group 2 Posters Exhibit for Thursday only

3:45 PM - 5:45 PM  
Track:  
Category:  
Speaker(s):  
Function of AANP

Attended NP Invited Posters: Group 2 Posters exhibit for Thursday only
June 12, 2015, Friday

15.4.008  Intermediate Spanish for NPs
7:30 AM - 12:30 PM  Track:  Content Level:  Competent
Category:  Business/Professional  CE Hours: 4.75
Speaker(s):  Diane Davalos, MA, MAT, PhD (abd)

This is fun, fast engaging learning for those who have some background in medical Spanish. Learn questions and commands relative to the present illness, past medical history, parts of the body, physical exam, diagnosis, treatment and cultural considerations.

Prerequisite: Participants must have studied Spanish at least 2 years or regularly use it in practice and/or office. If you do not have this experience, please do not take this class as it is not fair to the other participants who have the required background and knowledge.

(Limited Attendance)

15.4.009  Basic Suturing: A Cut Above
8:00 AM - 11:00 AM  Track:  Content Level:  Advanced Beginner
Category:  Procedures  CE Hours: 2.75
Speaker(s):  Cynthia Durham, RN, MSN, ANPC, RNFA

Repeat of 15.3.012 & Repeated in 15.6.001

This course is designed for the nurse practitioner who has limited to no skill in the assessment and management of lacerations. The participant will learn how to accurately assess a laceration, deliver a local anesthesia, choose suture material and close a laceration. Techniques utilized to close will be a simple interrupted and vertical mattress stitch. If those closure techniques are mastered, you also will learn to close skin with a running subcuticular stitch.

Important Note: $100 fee

(Limited attendance)

15.4.010  Clinical Photography: Bring Your Camera & Learn How to Shoot With What You've Got
8:00 AM - 11:00 AM  Track:  Content Level:  Advanced Beginner
Category:  Business/Professional  CE Hours: 2.75
Speaker(s):  Robert (Bob) T. Smithing, MSN, ARNP, FAANP

Clinical photography is one of the best ways to record what you see visually. “A picture is worth a thousand words.” This workshop will help you to take those pictures and give you a working knowledge of how to use your camera to best effect. We’ll go over straightforward steps you can take to improve your clinical images. You’ll be able to enlarge your knowledge of macro photography. The workshop will include some essential basics, HIPAA considerations and equipment selection. The "focus" will primarily be on DSLR cameras, but everyone including compact camera and cell phone camera shooters will benefit. We’ll have you take photos with the gear you bring and give recommendations for improvements. Bring images you’ve taken and problems you’ve encountered and we’ll have a discussion. Familiarity with your camera is highly recommended. This workshop will be presented by nurse practitioner photographer Bob Smithing who has been chasing light for longer than he has been a nurse, and that’s a long time.

Important Note: $100 fee

(Limited attendance)
Currently, there are 192,000 nurse practitioners in the U.S. and the role is being utilized in all types of settings. NPs are now billing for their services and thus have gained the attention of regulatory bodies and insurance companies. In today’s healthcare environment, correctly billing for NP services adds an important dimension to the role. It is important that NPs are diligent in keeping abreast of regulations developed by the Centers for Medicare and Medicaid Services to ensure that his/her billing practices are compliant with regulations. This presentation provides an overview of the appropriate criteria for incident to, shared, critical care, transitional care codes and prolonged care codes through case studies. Current issues/controversies related to reimbursement of NPs will be discussed.

Military service members are at risk for sleep disorders, TBI and mental disorders due to routine military stressors, occupational hazards and multiple deployments. This lecture will provide the advanced practice nurse with information regarding the risk factors and prevalence of disease, effects of deploying service members with sleep disorders and implications for practice.

The audience will identify approaches to cervical spine clearance from c-collar, revisit the anatomy and innervation of the cervical spine, discuss approaches to assessment of cervical spine chronic and acute presentations, interpret clinical and radiologic findings of the cervical spine injury patient and develop treatment plans via case studies for patients with cervical spine injuries.

This presentation will be a review of pharmacodynamic principles (potency, maximal efficacy, tolerance, desensitization, side effects, drug allergies, bioequivalence, generics & more) and pharmacokinetic processes (absorption, protein binding, drug metabolism, renal elimination, interactions, etc.) with specific emphasis on their relationship and relevance to the everyday "real world" practice of clinical medicine.
### Orthopedic Assessment & Treatment of Common Lower Extremities Issues in Primary Care

<table>
<thead>
<tr>
<th>Time</th>
<th>Track</th>
<th>Category</th>
<th>Speaker(s)</th>
<th>CE Hours</th>
<th>Content Level</th>
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</thead>
<tbody>
<tr>
<td>8:00 AM - 11:00 AM</td>
<td>Orthopedics</td>
<td>Musculoskeletal; Procedures</td>
<td>Gregory B. Holm, PhD, NP-C, FAANP</td>
<td>2.75</td>
<td>Advanced Beginner</td>
</tr>
</tbody>
</table>

This lively, fun and interactive presentation will combine PowerPoint and return demonstration practice to learn about the background anatomy, pathophysiology, assessment, diagnosis and treatment of upper extremity orthopedic complaints commonly found in the primary care setting. Red flag conditions will be reviewed. You will leave feeling confident and comfortable about your orthopedic competence.

Important Notes: $100. Active sportswear clothing strongly suggested.

(Limited attendance)
June 12, 2015, Friday

15.4.018  Fundamental Critical Care Support Course (FCCS) (multi-day course) - Group 1 Skill Stations - Part 2 & Post-Test

8:00 AM - 12:00 PM  Track: Acute Care  Content Level: Proficient  CE Hours: 3.75

Category: Proficient
Speaker(s): Kent D. Blad, DNP, ACNP-BC, FNP-C, FCCM, FAANP; Sabrina Jarvis, DNP, ACNP-BC, FNP-BC, FAANP; Sophia Rodgers, ACNP, FNP, FAANP, FCCM; Sarah Layman, MSN, APRN, PNP-BC, ANP-BC, ANP-BC, ACNP-BC; Robert L. Palmer, PA-C; Honey M. Jones, DNP, ACNP-BC; Justin Speyer, MSN, ARNP, FNP-BC

This is an educational course spread over a 3-day period at this conference and is supported by the Society of Critical Care Medicine. The Fundamental Critical Care Support Course (FCCS) is designed for both instructors and providers. FCCS is a standardized course, providing an approach to initial management (first 24 hours) of the critically ill patient for the non-intensivist. The course offers classroom and "hands on" interactive instruction, especially care related to mechanical ventilation, organ hypoperfusion, respiratory failure, acute coronary syndromes and neurological/trauma support.

FCCS - Group 1 Schedule:

Wednesday, June 10
7:30 AM - 1:00 PM
15.2.008 - Lectures - Part 1

Wednesday, June 10
2:00 PM - 5:00 PM
15.2.068 - Skill Stations - Part 1

Thursday, June 11
7:45 AM - 12:00 PM
15.3.008 - Lectures - Part 2

Friday, June 12
8:00 AM - 12:00 PM
15.4.018 - Skill Stations - Part 2 & Post-Test

Important Note: If you are late you are considered a no-show and will lose your place in the workshop. There will be a lunch break each day (on your own). A course textbook is required for each participant in this workshop and is included in the $200.00 fee for this course. Payment is due at time of conference registration. Once you have received the textbook and other materials, no refund is available for course if cancelled by the registrant for any reason. You will not receive a completion certificate in this FCCS course unless you attend and complete the entire two-day course and pass the post-test.

(Limited attendance)
### 15.4.022 New Pressure Modes of Ventilation: The Good, Bad & the Ugly

**8:00 AM - 9:15 AM**  
Track: Acute Care  
Category: Respiratory/Pulmonology  
Speaker(s): Suzanne M. Burns, RN, MSN, CCRN, RRT, ACNP, FAAN, FCCM, FAANP  

This session is designed to familiarize NPs with the characteristics and operation of new pressure ventilation modes in addition to how to select, apply and evaluate them. The application of microprocessor technology has resulted in sophisticated pressure mode options that are very responsive to patient initiated efforts yet little is known about how to use the modes or their effect on patient outcomes. This session covers a wide variety of pressure modes including traditional modes such as Pressure Support and Pressure Controlled Ventilation in addition to less traditional new modes such as Airway Pressure Release Ventilation, BiPhasic Positive Airway Pressure, Pressure Augmentation, Volume Support, Pressure Regulated Volume Control, Volume Ventilation Plus, Adaptive Support Ventilation and Proportional Assist Ventilation. The "good, bad and ugly" issues surrounding the application, evaluation and outcomes of the modes also will be discussed.

### 15.4.023 Is Pruritus Driving Your Patient (and You) Crazy: When to Worry

**8:00 AM - 9:15 AM**  
Track: Dermatology  
Category: Pharmacology; Oncology  
Speaker(s): Susan T. Voss, DNP, FNP-BC, DCNP

Pruritus is a condition that frustrates both the patient and the provider. The possible causes can range from benign to more serious and malignant conditions. This presentation will discuss the pathophysiology of itch and outline the classifications of itch. Important clues in the history of the itch will be discussed. Attendees will be taken through an algorithm to assist in the diagnostic workup for itch. Pharmacologic and non-pharmacologic treatments will be presented.

### 15.4.024 Acute MI in the ED

**8:00 AM - 9:15 AM**  
Track: Emergent/Urgent Care  
Category: Cardiovascular; Pharmacology  
Speaker(s): Edwin W. Schaefer, DNP, ENP-BC, FNP-BC

This presentation will discuss pharmacological treatment in the first 24 hours of acute myocardial infarction and its rationale. Treatment options of TPA and cardiac catheterization will be discussed.

### 15.4.025 Shoulder Instability: Evaluation & Management Techniques

**8:00 AM - 9:15 AM**  
Track: Orthopedics  
Category: Musculoskeletal  
Speaker(s): Charles (Tom) Bush, MSN, FNP-BC, FAANP

Glenohumeral joint instability can provoke dramatic clinical signs and subtle objectives symptoms. Diagnosis and treatment of shoulder instability can be challenging. This session covers signs and symptoms of shoulder instability with provocative maneuvers for diagnosis of specific conditions. Treatment strategies, reduction techniques and associated complications of glenohumeral instability also will be addressed.

### 15.4.026 Personalizing Medication Management with Pharmacogenetic Testing (PGT)

**8:00 AM - 9:15 AM**  
Track: Pain Management  
Category: Pharmacology; Genomics  
Speaker(s): Maria G. Guevara, PharmD, CPE

Pharmacogenetic testing (PGT) is an important advancement in medical science and healthcare. It may help clinicians to individualize medication treatment and improve patient outcomes. Clinicians often observe patients with the same diagnoses, prescribe the same medications, who do not all respond with the same degree of efficacy or tolerability. Illustrated with case examples, this presentation will demonstrate how PGT may help clinicians individualize medication choices to optimize efficacy and minimize side effects.
### Substance Abuse and Clinical Concerns in Primary & Acute Care

**15.4.027**  
**Time:** 8:00 AM - 9:15 AM  
**Track:** Pharmacology  
**Content Level:** Proficient  
**Category:** Addiction  
**CE Hours:** 1.25  
**Speaker(s):** Nancy Balkon, PhD, ANP-BC, NPP, FAANP

NPs in primary and acute care settings attend to individuals whose history includes substance use, abuse and addiction. The focus of this session is a pharmacology update to review commonly abused substances, the clinical presentation of symptoms of abuse and abstinence and treatment modalities for addiction. How these factors influence clinical decision making in medical (non-behavioral medicine) settings are illustrated using clinical examples.

Objectives: 1. Review common substances of abuse; 2. Identify clinical symptoms of abuse and abstinence; 3. Review pharmacologic treatment modalities for addiction; and 4. Discuss how the NPs clinical decision making in medical (non-behavioral medicine) settings is influenced when an individual has a substance use, abuse or addiction diagnosis in addition to medical co-morbidities.

### Cancelled

**15.4.028**  
**Time:** 8:00 AM - 9:15 AM  
**Track:**  
**Content Level:**  
**Category:**  
**CE Hours:**  
**Speaker(s):**

This session has been cancelled.

### ALT, AST and the Rest of the LFT Alphabet Soup: A Look at Abnormal Liver Labs in Primary Care

**15.4.029**  
**Time:** 8:00 AM - 9:15 AM  
**Track:**  
**Content Level:** Competent  
**Category:** Gastroenterology; Diagnostic  
**CE Hours:** 1.25  
**Speaker(s):** Amelie Hollier, DNP, FNP-BC, FAANP

What do I order? How do I interpret it? When is it time to worry? The presenter will use examples and case studies to illustrate common and not-so-common presentations of abnormal liver enzymes in primary care.

### Lyme Disease: The Elusive Diagnosis

**15.4.030**  
**Time:** 8:00 AM - 9:15 AM  
**Track:**  
**Content Level:** Proficient  
**Category:** Neurology  
**CE Hours:** 1.25  
**Speaker(s):** Karen S. Moore, DNP, APRN, ANP, BC

Lyme disease is a bacterial infection that affects every body system. Per the Centers for Disease control, the diagnosis of Lyme disease should be based upon clinical impression rather than lab results yet many practitioners are not confident enough to make the diagnosis. When missed, as it often is, significant morbidity and disability ensues. Lyme disease often is misdiagnosed as Fibromyalgia, Chronic Fatigue Syndrome, Multiple Sclerosis and Lupus (among many other diagnoses). Learn the vast differential for this often-missed disease and the secrets of when to suspect and how to make this elusive diagnosis.

### Obesity Case Studies: A Look at Nonpharmacologic & Pharmacologic Options to Treat this Epidemic

**15.4.031**  
**Time:** 8:00 AM - 9:15 AM  
**Track:**  
**Content Level:** Proficient  
**Category:** Obesity; Pharmacology  
**CE Hours:** 1.25  
**Speaker(s):** Wendy L. Wright, MS, RN, APRN, FNP, FAANP, FAAN

Obesity is reaching epidemic proportions. At present, approximately one-third of the entire US population is considered obese. The incidence is rising, particularly in certain parts of the country and sub-sets of the population. Children are more obese than ever before and are at significant risk for a number of conditions related to their obesity. Health care professionals often are unaware of the methods available to treat the individual suffering from or at risk for obesity. Learn about the various non-pharmacologic and pharmacologic treatment options available for individuals with or at risk for obesity.
### 15.4.032 Out of My Mind: Acute Delirium in the Acute Care Setting

**8:00 AM - 9:15 AM**  
**Track:** Acute Care  
**Category:** Pharmacology; Gerontological;  
**Content Level:** Proficient  
**Speaker(s):** Kelly Arashin, APRN, MSN, CCNS, ACNP-BC, ACNPC, CEN

Delirium is defined as a disturbance of consciousness exhibited by acute disorganized thinking, impaired sensorium and often accompanied by agitation. Elderly hospitalized patients with neurocognitive disorders are especially at risk for developing acute delirium. Additionally, higher acuity patients with complex and comorbid conditions are frequently admitted to intermediate and progressive care units, increasing the number of patients experiencing delirium outside of the ICU. Prevention is the best strategy for reducing associated morbidity and mortality for patients at risk of developing delirium such as the elderly, history of substance abuse, polypharmacy and other risk factors. This session will focus on the identification of high-risk populations for the development of delirium in patient care units outside of the ICU setting including reliability of the critical care tools versus assessment. Contributing factors that increase a patient’s risk of delirium and subsequent recovery will be discussed as well as management strategies including nonpharmacologic and pharmacologic interventions.

### 15.4.033 Adult Travel Immunizations

**8:00 AM - 9:15 AM**  
**Track:** Pharmacology  
**Category:** Travel Medicine; Adult  
**Content Level:** Competent  
**Speaker(s):** Nancy E. Dirubbo, FNP-BC, DNP, FAANP, CTH

Many of the health problems associated with travel could be prevented by pre-travel health counseling and immunization. Yet, most international travelers do not seek pre-travel health care. When they do, they tend to visit their PCPs more often than travel health specialists. Many PCPs have not received formal education in travel health, particularly travel immunizations, and are not comfortable providing such care. While it is important to protect the health of the traveler, in doing so, PCPs can protect the health of vulnerable populations in their communities by also preventing the inadvertent importation of diseases acquired during travel.

The objective for this talk is to increase the knowledge of NPs in primary care about adult travel immunizations. I will present a brief overview of travel health and its role in primary care, discuss the current recommendations for routine adult immunizations and then discuss recommended and required travel immunizations. Using a case study I will explore the problems and barriers frequently seen in primary care settings associated with immunizing adults and provide online and community resources for further information.

NPs in a variety of primary care settings are seeing patients who travel for pleasure, business, education, humanitarian reasons, adoption and to visit family and friends abroad. It is important for PCPs to identify adult patients at risk for vaccine preventable disease and immunize them properly. This presentation will increase their ability to do so.

### 15.4.034 The Legalization of Medical Marijuana: Considerations for NP Practice

**8:00 AM - 9:15 AM**  
**Track:** Business/Professional; Regulation  
**Content Level:** Advanced Beginner  
**Speaker(s):** Louise Kaplan, PhD, ARNP, FNP-BC, FAANP, FAAN

Medical marijuana is legal in nearly half of the states and the District of Columbia. NPs practicing in states that allow them to authorize qualifying patients to participate in medical marijuana programs have a responsibility to understand legal and regulatory aspects of these laws. NPs in other states can prepare for potential & regulatory changes that would add them as providers who authorize qualifying patients for medical marijuana by understanding existing laws and regulations.

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15.4.035  Male Hypogonadism: Case-Based Management
8:00 AM - 9:15 AM  Track:  Category: Men's Health; Reproductive;  Speaker(s): Susanne A. Quallich, ANP-BC, NP-C, CUNP, FAANP

This presentation will demystify the process of identifying, diagnosing and managing men with hypogonadism, within the latest evidence-based guidelines. It will review the current criteria for diagnosis and discuss controversies regarding the definition of hypogonadism and those groups that would benefit from treatment. A discussion of pre-treatment counseling will be presented along with examples of treatment plans relative to specific hypogonadal populations, e.g., primary hypogonadism, obesity-related hypogonadism and treatment in elderly men. Case studies will be used to focus the discussion participants' concerns regarding identification and management of this under-recognized clinical entity, bridging the knowledge gap about this important men's health issue.

15.4.036  DNP Projects & Student Papers: What is Publishable and What Is Not
8:00 AM - 9:15 AM  Track:  Category: Business/Professional  Speaker(s): Charon A Pierson, PhD, GNP, FAANP, FAAN, Editor-in Chief, Journal of the American Association of Nurse Practitioners, Austin, TX; Marilyn W. Edmunds, Editor-in-Chief, The Journal for Nurse Practitioners, Alpine, UT

The editors-in-chief of the two official journals of AANP will discuss the common problems they encounter with student submissions, including both MSN and DNP projects. Understanding the difference between academic papers and scholarly papers suitable for publication in peer-reviewed journals will help students be more successful in writing, submitting and revising manuscripts. This presentation is targeted towards students and novice authors faced with the requirement (or the desire) to submit theses, dissertations or capstone projects as manuscripts to complete requirements for a degree. This material also will benefit faculty in all levels of NP programs who have made a requirement of manuscript submission for course or program completion.

15.4.037  Applying Asthma Guidelines to Practice: A Practical Approach to Improving Pediatric Asthma Control
8:00 AM - 9:15 AM  Track:  Category: Respiratory/Pulmonology  Speaker(s): Michael T. Corjulo, APRN, CPNP, AE-C

This session will discuss key aspects of the National Asthma Education and Prevention Program (NAEPP) and fundamental principles that facilitate successful asthma management and outcomes. Practical strategies to overcoming common barriers to improved asthma control also will be included.

15.4.038  Stroke Management and Secondary Prevention
8:00 AM - 9:15 AM  Track:  Category: Neurology; Cardiovascular  Speaker(s): Jean Luciano, MSN, RN, CRNP, CNRN, SCRN, FAHA

This will be a lecture and discussion about acute stroke management, prevention of secondary complications and secondary prevention strategies. Case studies on acute stroke, patients with complications of acute stroke and transient ischemic attacks also will be presented.
As the population of the United States continues to age, it will place greater demands on surgical services. Strategies need to be developed to meet these growing demands to ensure quality care for the older surgical patient. Advancing age should not preclude a person from a surgical intervention. In 2012 the American College of Surgeons NSQIP/American Geriatrics Society published guidelines that recommend tools to assess functional, cognitive and psychosocial domains, nutritional status, fall and delirium risk factors, frailty assessment and more. This information may help nurse practitioners to better inform the patient and family/caregiver as to the projected outcomes of surgery, possible complications and post discharge disposition. A geriatric preoperative assessment may be critical for the nurse practitioner to develop an individualized plan of care. Nurse practitioners will be on the forefront of providing quality care for the older adult.

NPs are increasingly at risk for allegations of misdiagnosis and patient management in primary, ambulatory and urgent/emergent settings. NPs need to know how to appropriately manage patients and document their findings in the event that a case results in litigation. Common misdiagnoses especially in the area of wound management, &nbsp;improper antibiotic administration leading to wound infections, missed tendon injuries resulting in loss of function, foreign bodies resulting in infection/sepsis/limb amputation, and failure to properly diagnosis and manage joint injuries causing major morbidity and mortality will be discussed. Failure to diagnose skin ailments and the misdiagnosis of pediatric and adult patients with abdominal pain also will be discussed. Using real case scenarios, the pitfalls in practice and the pearls of assessment, management and documentation will be covered during this lecture.

This presentation will focus on hypothyroid disease, one of the most common findings in endocrine practice and often identified in primary care. This session will break down the types of hypothyroid disease and present case studies to illustrate the diagnosis, treatment and care management for adult patients utilizing current clinical practice guidelines and evidence to support patient management.

The management of ARDS and Acute Severe Asthma (ASA) patients requiring mechanical ventilation can be a challenge for all involved. In order to assure good outcomes, an understanding of the pathophysiology of the diseases in conjunction with current available evidence is used to apply ventilator strategies. Concepts to be covered in the ARDS portion of the session include protective lung strategies (e.g., low lung volumes, lung recruitment, PEEP levels, 40/40 and 60/60 maneuvers, prone positioning and permissive hypercapnia) and the selection and application of modes of ventilation such as airway pressure release, bi-phasic, and adaptive support. ASA management will focus on the avoidance of dynamic hyperinflation and auto‐PEEP and the use of selected therapies and ventilator maneuvers such as low tidal volumes, low rates and specific modes of ventilation.
Psoriasis in Primary Care: Just the Tip of the Iceberg

9:45 AM - 11:00 AM  Track: Dermatology  Category: Immunology
Speaker(s): Melodie S. Young, MSN, RN, A/GNP-C, cDNP

This presentation will be an overview of psoriasis as a complex disease that is no longer seen as a skin disease. We will review current knowledge regarding the inflammatory process of the many forms of psoriasis as well as mechanisms of action of FDA-approved treatment options and how primary care can help identify and manage patients with this and comorbid diseases.

Not Just a Broken Heart: Differential Diagnosis of Chest Pain

9:45 AM - 11:00 AM  Track: Emergent/Urgent Care  Category: Diagnostic; Cardiovascular;
Speaker(s): K. Sue Hoyt, PhD, RN, FNP-BC, CEN, FAANP, FAEN. FAAN

Some causes of chest pain can lead to sudden death. Therefore, rapid assessment by the NP is essential for early identification and treatment. This presentation will discuss the obvious and "not-so-obvious" differential diagnoses and medical decision making for patients with chest pain. Case studies will be used to highlight both cardiac and non-cardiac etiologies to consider in the evaluation of chest pain including pulmonary, gastrointestinal, traumatic and other less common causes of chest pain.

Pediatric Musculoskeletal Development & Sports Issues

9:45 AM - 11:00 AM  Track: Orthopedics  Category: Musculoskeletal; Pediatrics; Sports
Speaker(s): Charles (Tom) Bush, MSN, FNP-BC, FAANP

This session tackles pediatric musculoskeletal developmental issues and associated sports implications. The pre-participation exam and conditions that predispose to injury are addressed. Risk factors for overuse injuries in the pediatric population with a focus on diagnosis and treatment of selected issues are included.

A Biopsychosocial Approach to Understanding & Managing Chronic Pain in Neurological Disease

9:45 AM - 11:00 AM  Track: Pain Management  Category: Pharmacology; Chronic Conditions;
Speaker(s): Heidi Maloni, PhD, ANP- BC, CNRN, MSCN

Chronic pain often is a comorbid feature of neurological diseases. This presentation will focus on pain mechanisms in degenerative, metabolic, CNS, neurovascular, tumor, migraine, peripheral nerve pain and fibromyalgia. Pharmacologic and non-pharmacologic management will be reviewed with emphasis on a biopsychosocial approach.

Transitions of Care and Medication Safety

9:45 AM - 11:00 AM  Track: Pharmacology  Category:  
Speaker(s): Justin Waryold, DNP, ANP-C; Patricia Moran, DNP, ANP-C; Nancy Balkon, PhD, ANP-BC, NPP, FAANP

Insuring accuracy and continuity of pharmacotherapy during transition of an individual's care from one health care environment to another (transitions of care) is an ongoing challenge for the inter-professional health care team. This session is a pharmacology update to explore the role of the NP using clinical examples. Objectives: (1) Identify existing standards, strategies and models used to promote medication safety across health care settings and (2) Discuss clinical examples that illustrate how medication safety principles are implemented.
Due to the ongoing stigma of depression, many patients are reluctant to volunteer their symptoms of depression. Unless the astute provider asks directly about depression, or observes some signs of depression, the patient is unlikely to obtain treatment. Furthermore, symptoms and experiences of depression differ between men and women. This presentation will describe risk factors, physical, cognitive and emotional manifestations of depression among women seen in the primary care setting. Methods of diagnosis will be outlined. Pharmacological and non-pharmacological treatment modalities will be described.

Transition to ICD-10 on October 15, 2015, increases the number of diagnosis codes to a greater level of specificity. This change will require documentation to support the increased specificity of diagnosis codes available. This presentation will outline key changes for code chapters and identify strategies to improve documentation to support accurate diagnosis code selection.

This presentation will examine the neurobiology of sexual dysfunction caused by psychotropic medications and assessment guidelines when discussing and evaluating sexual dysfunction. Additionally, pharmacological and non-pharmacological strategies to enhance sexual functioning disrupted by psychotropic medications or diagnosis will be discussed.

Practices are relying more heavily on the use of technology and portals to improve efficiency. This presentation will focus on the reasons to utilize technology but also some of the implications are from both a malpractice perspective and also from improved efficiency.

Anemias may signal nutrient deficiencies like iron or B12 and usually are easy to diagnose, but what about when two anemias are present at the same time — as is common in older adults? With examples and case studies, you will learn some strategies to evaluate and diagnose anemias like a pro.
June 12, 2015, Friday

15.4.057  Autism Spectrum Disorder: Update for Primary Care Providers

9:45 AM - 11:00 AM  
Track:  
Category: Adolescent; Pediatric; Neurology  
Speaker(s): Susan Van Cleve, DNP, CPNP-PC, PMHS, FAANP

This session will review the characteristics of Autism Spectrum Disorder (ASD), how to screen for the disorder, referral for diagnosis and primary care management. Pharmacologic management for co-morbid disorders that are common in children with ASD will be reviewed. Case studies will be integrated into the presentation.

15.4.058  How to Prepare a "Slick" CV

9:45 AM - 11:00 AM  
Track:  
Category: Business/Professional  
Speaker(s): Mary Anne Dumas, PhD, RN, FNP-BC, GNP-BC, FAANP, FAAN, FNAP

The "Slick CV" is a non-academic CV that can be used by all NPs for opportunities that focus on professional credentials and expertise. It provides a presentation that is sharp, gets the attention of the reader and presents the NP's credentials in a pleasantly readable format. NPs have a need of the "Slick CV" for opportunities that the presentation of credentials, publications and grants are requested promptly. This presentation will discuss the "slick" CV, how to best present credentials, accomplishments and keeping current.

15.4.059  Male Fertility Issues: A Primer for NPs

9:45 AM - 11:00 AM  
Track:  
Category: Men's Health; Reproductive  
Speaker(s): Susanne A. Quallich, ANP-BC, NP-C, CUNP, FAANP

NPs in all environments have a unique opportunity to identify men who are potentially at risk for fertility issues. This presentation will focus on hormonal, anatomic and environmental contributors to male fertility concerns, and review the current standards for evaluation of male fertility concerns. Treatment of potentially reversible causes of male fertility will be discussed, and methods for preserving male fertility will be introduced. Recognizing these etiologies can help ensure that men receive cost-effective, male-focused care.

15.4.060  DNP Update 2015: What's New

9:45 AM - 11:00 AM  
Track:  
Category: Business/Professional  
Speaker(s): Moderator:Mary Ellen Roberts, DNP, RN, APRN, FAAN, FAANP; Panelists:Eileen Breslin, PhD, RN, FAAN; Donna McArthur, PhD, APRN, FNP-BC, FAANP, FNAP; Susan D. Ruppert, PhD, FNP-C, FNAP, FAANP, FAAN

This panel of experts on the DNP will update you on the state of the DNP degree, answer your questions about DNP projects, how to pick a program and help you decide if the DNP is for you. An update on the AACN Rand Study also will be discussed.

15.4.061  Primary Care Evaluation of the Patient with Acute or Chronic Laryngitis

9:45 AM - 11:00 AM  
Track:  
Category: Otolaryngology; Adult  
Speaker(s): Judith Shannon Lynch, MS, MA, APRN-BC, FAANP

This presentation will prepare the primary care provider to differentiate between acute and chronic voice disorders in adult patients. Various etiologies of acute and chronic laryngitis will be discussed and the history and physical assessment of these patients will be outlined. Appropriate diagnostic testing for chronic laryngitis will be reviewed and management and referral techniques will be described.
Epidemics, such as the recent Ebola outbreak in West Africa, have the potential to become global public health threats. This session will describe past and present epidemics and factors that will contribute to or hinder future epidemics. Ebola will be highlighted to discuss how epidemics move globally and the international response to contain epidemics. Select local and global epidemics will be highlighted discussing mode of transmission, signs and symptoms of disease, treatment, prevention and what nurse practitioners need to know. Emerging epidemics and what is lurking in the future will be explored.

Nurse practitioners, adolescents and parents of adolescents often are unaware of the latest evidence regarding factors that promote or inhibit healthy sexual decision making. Becoming more aware of this information could be very helpful in promoting optimal health for adolescents. The purpose of this presentation is to provide the latest research regarding adolescent sexual decision making. This will include the most current statistics and trends regarding adolescent sexual decision making, rates of teen pregnancy and sexually transmitted infections. Understanding factors that influence adolescent sexual decision making, either positively or negatively, is essential. The latest research regarding factors of greatest concern will be discussed. These include relationships with peers, parents and siblings; adolescent activities during school and after school and companions who share these activities; kinds of media used and amount of use; perspectives about education, commitment to academic success, and attitudes of parents and peers regarding academic success; parental choices, their examples and their monitoring of adolescent behaviors; and contraception knowledge and use.

In addition to discussing the latest research findings, strategies for connecting with parents and teens will be proposed. To encourage utilization of this information, case studies will be discussed to help personalize this topic and promote interaction with attendees.

Common oral and dental conditions are seen in primary care including acute tooth fractures, tooth luxation, maxillary/mandibular injuries and mouth ulcers. Supraperiosteal dental block procedural steps and dental cement application will be reviewed along with assessment and treatment of common conditions causing mouth and dental pain.
**June 12, 2015, Friday**

**15.4.065  Clinical Pearls in Neuroimaging for Nurse Practitioners**

9:45 AM - 11:00 AM  
Track:  
Category:  Radiology; Diagnostic; Neurology  
Speaker(s):  Laszlo Mechtler, MD  
Content Level:  Advanced Beginner  
CE Hours:  1.25

Neuroimaging places powerful tools for clinical diagnosis and research in the hands of Neurologists and Neurological Nurse Practitioners. Rapid progress in the field yields better techniques but also a more complex decision tree regarding what technique is indicated in a given clinical situation, and an ever-expanding range of image patterns characteristic of each disease. Up-to-date information on these advances is imperative to clinicians who request neuroimaging studies. It is even more important to the large and growing number of Nurse Practitioners who use image information for clinical decision-making. This presentation will serve as an update and overview of the role of neuroimaging in clinical neurology. Faculty will provide an organized approach on the evaluation of neurologic disorders with emphasis on imaging. Neurologic disorders will include brain and spine tumors, stroke, spine disease, headache patients and interesting cases.

**15.4.078  Attended NP Posters: Group 3 Posters Exhibit for Friday only**

12:30 PM - 2:15 PM  
Track:  
Category:  
Speaker(s):  Function of AANP  
Content Level:  
CE Hours:  1.75

Attended NP Invited Posters: Group 3 Posters exhibit for Friday only
June 12, 2015, Friday

15.4.082  Fundamental Critical Care Support Course (FCCS) (multi-day course) - Group 2 Skills Stations - Part 2 & Post-Test

1:00 PM - 5:00 PM  Track:  Acute Care  Content Level:  Proficient

Category:

Speaker(s):  Kent D. Blad, DNP, ACNP-BC, FNP-C, FCCM, FAANP; Sabrina Jarvis, DNP, ACNP-BC, FNP-BC, FAANP; Sophia Rodgers, ACNP, FNP, FAANP, FCCM; Sarah Layman, MSN, APRN, PNP-BC, ANP-BC, ANP-BC, ACNP-BC; Robert L. Palmer, PA-C; Honey M. Jones, DNP, ACNP-BC; Justin Speyer, MSN, ARNP, FNP-BC

This is an educational course spread over a 3-day period at this conference and is supported by the Society of Critical Care Medicine. The Fundamental Critical Care Support Course (FCCS) is designed for both instructors and providers. FCCS is a standardized course, providing an approach to initial management (first 24 hours) of the critically ill patient for the non-intensivist. The course offers classroom and "hands on" interactive instruction, especially care related to mechanical ventilation, organ hypoperfusion, respiratory failure, acute coronary syndromes and neurological/trauma support.

FCCS - Group 1 Schedule:

Wednesday, June 10 7:30 AM - 1:00 PM  15.2.008 - Lectures - Part 1

Wednesday, June 10 2:00 PM - 5:00 PM  15.2.068 - Skill Stations - Part 1

Thursday, June 11 7:45 AM - 12:00 PM  15.3.008 - Lectures - Part 2

Friday, June 12 8:00 AM - 12:00 PM  15.4.018 - Skill Stations - Part 2 & Post-Test

Important Note: If you are late you are considered a no-show and will lose your place in the workshop. There will be a lunch break each day (on your own). A course textbook is required for each participant in this workshop and is included in the $200.00 fee for this course. Payment is due at time of conference registration. Once you have received the textbook and other materials, no refund is available for course if cancelled by the registrant for any reason. You will not receive a completion certificate in this FCCS course unless you attend and complete the entire two-day course and pass the post-test.

(Limited attendance)

15.4.086  Acute Care Interest Forum

2:45 PM - 4:00 PM  Track:  Business/Professional

Category:  Content Level:  CE Hours: 1.25

Speaker(s):  Function of AANP
### June 12, 2015, Friday

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<tr>
<th>Session</th>
<th>Title</th>
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<th>CE Hours</th>
<th>Speaker(s)</th>
<th>Function of AANP</th>
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<tr>
<td>15.4.087</td>
<td>APN Clinical Directors Interest Forum</td>
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<td>15.4.090</td>
<td>Dermatology Interest Forum</td>
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<td>15.4.091</td>
<td>Disaster Preparedness Interest Forum</td>
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<td>15.4.092</td>
<td>DNP Interest Forum (This forum will be of interest for DNP students, DNP graduates and those contemplating pursuing the DNP degree to discuss issues pertinent to the DNP degree and its relationship to practice and the profession.)</td>
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**June 12, 2015, Friday**

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<td>Emergency Department Interest Forum</td>
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<td>15.4.096</td>
<td>International NP Interest Forum</td>
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<td>National Health Service Corp (NHSC) Interest Forum</td>
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<td>15.4.098</td>
<td>NP Faculty Interest Forum</td>
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<td>15.4.099</td>
<td>NP Preceptor Interest Forum (This forum will provide an opportunity for faculty and preceptors to discuss issues related to precepting students.)</td>
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### June 12, 2015, Friday

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<tr>
<td>15.4.100 Occupational Health Interest Forum</td>
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<td>15.4.101 Oncology Interest Forum</td>
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<td>15.4.102 Orthopedic Interest Forum</td>
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<td>15.4.103 Pain Management Interest Forum</td>
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<td>15.4.104 Palliative Care Interest Forum</td>
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<td>15.4.105 Practice-Based Research Interest Forum</td>
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<tr>
<td>15.4.106 Psych/Mental Health Interest Forum</td>
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Opportunities for facilitated group discussion with others interested in this topic.
### Pulmonology and Sleep Medicine Interest Forum

**2:45 PM - 4:00 PM**  
**Track:**  
**Category:** Business/Professional  
**Speaker(s):** Function of AANP  

Opportunities for facilitated group discussion with others interested in this topic.

### Retail Clinics Interest Forum

**2:45 PM - 4:00 PM**  
**Track:**  
**Category:** Business/Professional  
**Speaker(s):** Function of AANP  

Opportunities for facilitated group discussion with others interested in this topic.

### Student Interest Forum (This forum is designed for students poised to enter their NP career.)

**2:45 PM - 4:00 PM**  
**Track:**  
**Category:** Business/Professional  
**Speaker(s):** Function of AANP  

Opportunities for facilitated group discussion with others interested in this topic. It is designed for students poised to enter their NP career.

### Veteran Affairs Interest Forum

**2:45 PM - 4:00 PM**  
**Track:**  
**Category:** Business/Professional  
**Speaker(s):** Function of AANP  

Opportunities for facilitated group discussion with others interested in this topic.
Analysis of the 12-Lead ECG for Acute & Primary Care Providers

This program presents the systematic evaluation of the 12-Lead ECG including rate rhythm, intervals, axis and morphology. Assessment of rate with respect to its implication for metabolic disease and drug toxicity is presented. Rhythm implications are reviewed, and PR, QRS and ST segment intervals are evaluated. Axis determination using the hexaxial plot is presented. Morphologic changes of the P wave, QRS complex, ST segment and T wave morphology are analyzed in terms of both acute and chronic changes.

Musculoskeletal Injection & Arthrocentesis in Primary Care

This lively, fun and interactive presentation will use PowerPoint lecture and return demonstration practice on manikin and human models to learn orthopedic injections and arthrocentesis commonly performed in the primary care setting. You will leave with a better understanding and feeling of comfort for these important procedures!

Important Notes: $100 fee. Active sportswear clothing strongly suggested.

Beginning Spanish for NPs

This lively and interactive medical Spanish class offers basic "survival" skills to those with little or no background. In a low-stress high-energy atmosphere, discover how to pronounce anything, use basic courtesy phrases, ask selected questions for a simple history, learn body parts and the most commonly needed instructions.

Important Notes: Please do not take this session as a refresher course if you have basic Spanish skills. If you have questions, please ask AANP to contact the instructors on your behalf.

Important Notes: (Limited attendance)
## 15.5.011 Advanced Suturing Techniques & Digital Blocks: Advancing Wound Care Management in Primary Care

**8:30 AM - 11:30 AM**

**Track:**

**Category:** Procedures; Wound Care

**Speaker(s):** Gregory L. Brooks, DNP, APRN, FNP-C

**Content Level:** Competent

**CE Hours:** 2.75

This session will build upon the basic suturing workshop offered at AANP. This workshop will address complex wounds, advanced suturing techniques (running simple, buried, half-buried, horizontal and corner), and digital blocks. The first half of the class will be a lecture format, with the second half of the class incorporating practice and hands-on techniques.

**Prerequisite:** Participants must have taken a Basic Suturing workshop prior to June 2015, or regularly use basic suturing in practice. If you do not have this experience, please do not register for this workshop as it is not fair to the other participants who have the required background and knowledge.

**Important Note:** $100.00 fee

(Limited attendance)

## 15.5.012 The Acute Abdomen in Primary Care: What to Know and How to Examine an Acute Abdomen!

**8:30 AM - 11:30 AM**

**Track:** Pain Management

**Category:** Diagnostic

**Speaker(s):** Bruce S. Zitkus, EdD, APRN, ANP-BC, FNP-BC, CDE

**Content Level:** Proficient

**CE Hours:** 2.75

Revised in 15.6.002

Are you prepared to evaluate and diagnose a patient who comes into your office with the complaint of abdominal pain? Abdominal pain can be treated as a medical condition or it may be an acute surgical emergency. This workshop focuses on being prepared, as an advanced practice nurse, to examine and evaluate those individuals who come into your office with the complaint of abdominal pain. This hands-on workshop will review the pathophysiology of abdominal pain, the required subjective questioning and potential "red flags"; the advanced examination techniques, and the top ten causes of an acute abdomen with evaluation and treatment.

**Important Notes:** $100 fee. Active sportswear clothing strongly suggested. You will share your abdomen with another workshop participant.

(Limited attendance)

## 15.5.013 Chest Radiography 101: It's All Black and White to Me

**8:30 AM - 11:30 AM**

**Track:**

**Category:** Acute Care; Radiology;

**Speaker(s):** Sabrina Jarvis, DNP, ACNP-BC, FNP-BC, FAANP

**Content Level:** Advanced Beginner

**CE Hours:** 2.75

This presentation is an introduction to basic interpretation of chest x-rays in the acute and ambulatory settings. The presentation will include the systematic approach to interpreting the x-ray, anatomical landmarks and a brief section on invasive lines and tubes. Case studies will include pleural effusion, pneumonia, atelectasis, pneumothorax, interstitial lung disease, etc.
The military and veteran populations are not immune to the global epidemic of obesity. In fact, military personnel are recruited from an ever smaller pool of eligible candidates because of obesity. Background data on obesity rates will be discussed with a focus on the military and veteran population. Detrimental health effects and treatment costs will be highlighted. Various Department of Defense and veteran programs will be covered to highlight efforts to mitigate obesity. Results of an evidence-based project using the Army H.E.A.L.T.H. Weight Management Program in an Army Wellness Center to determine weight loss will be discussed. This program will allow healthcare providers to make informed decisions to personalize a program for their patient population.

Valvular heart disease remains a common cause of morbidity and mortality. With the dramatic aging of the American population over the past several decades, degenerative lesions of the mitral and aortic valves, resulting in mitral regurgitation, aortic stenosis or aortic regurgitation have become the most prevalent valvular disorders requiring surgical intervention. This presentation focuses on the recognition-advanced cardiac assessment, echocardiographic and other diagnostic imaging criteria and management of these disorders. Mitral valve prolapse syndrome and the recognition of acute versus chronic mitral regurgitation also is discussed along with the newly updated ACC valvular guidelines.

Greater than 100,000 mobile apps are marketed to healthcare professionals and patients. This abundance can be both a benefit and burden to the nurse practitioner (NP) who must determine which mobile apps are useful for his or her NP practice. The astute practitioner needs to be able to differentiate the degree to which a mobile app is a suitable fit for a specific practice need including practitioner knowledge, patient education and practice management. This session will provide an overview of the use of mobile apps for NP practice, highlighting important considerations for the selection and use of mobile apps to guide clinical care. Examples of mobile apps that are applicable to NP practice will be reviewed in this interactive session, with demonstration of select features of several apps. Audience participants also will be encouraged to share apps that they find useful in clinical practice.

This presentation will provide an overview in current cosmetic dermatology treatments and products. The focus is on evidence-based procedures and medications. We also will review the aging process and its effects on appearance, options, costs, complications and how to integrate aesthetics into practice.

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<tr>
<td>8:30 AM - 11:30 AM</td>
<td>Military/Uniformed Services</td>
<td>Overweight Challenges in our Military &amp; Veteran Population: Tipping the Scales Toward a Healthy Solution</td>
<td>Obesity; Health Promotion</td>
<td>Competent</td>
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<td>Speaker(s): Daniel A. Blaz, MAJ (P), AN, USA, FNP-BC; Brad Franklin, Major, US Army, FNP-C</td>
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<td>8:30 AM - 11:30 AM</td>
<td>Acute Care</td>
<td>Recognition &amp; Treatment of Valvular Heart Disease</td>
<td>Cardiovascular; Diagnostic</td>
<td>Competent</td>
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<td>Speaker(s): Kristine Anne Scordo, PhD, RN, ACNP-BC, FAANP</td>
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<td>8:30 AM - 11:30 AM</td>
<td>Business/Professional</td>
<td>Practice Resources for NPs: Navigating the World of Mobile Apps</td>
<td>Business/Professional</td>
<td>Advanced Beginner</td>
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<td>Speaker(s): Ruth Kleinpell, PhD, RN, AG-ACNP, FAANP, FAAN; Susan Conaty-Buck, DNP, APRN, FNP-C; Brian Buchner, DNP, APRN, ACNP-BC</td>
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<td>8:30 AM - 9:45 AM</td>
<td>Dermatology</td>
<td>Overview of Aesthetic Treatments: The Latest in Cosmetic Dermatology</td>
<td>Aesthetics</td>
<td>Advanced Beginner</td>
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<td>Speaker(s): Beth Haney, DNP, FNP-C</td>
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updated 4/14/2015
June 13, 2015, Saturday

15.5.021  Liability in the Emergency Department
8:30 AM - 9:45 AM  Track: Emergent/Urgent Care  Content Level: Competent
Category: Business/Professional; Legal  CE Hours: 1.25
Speaker(s): Moderator:
Sophia L. Thomas, APRN, FNP-BC, PPCNP-BC, FAANP
Panelists:
Patricia McMullen, PhD, JD, WHNP-BC, FAANP; Ken Stackhouse, MBA, MSN, APRN, FNP-C, ENP-BC

This panel features two NPs, one working in an ED and the other an attorney. They will discuss the liability nurse practitioners face while working in an Emergency Department. Whether it be in the Fast Track Area, Rapid Diagnostic Unit or a Pediatric Emergency Department, these experts will address barriers and concerns of NPs in the Emergency Department arena.

15.5.022  Back Pain: Diagnosis & Management in Primary Care
8:30 AM - 9:45 AM  Track: Orthopedics  Content Level: Proficient
Category: Pain Management; Musculoskeletal;  CE Hours: 1.25
Speaker(s): Michael E. Zychowicz, DNP, ANP, ONP, FAAN, FAANP

The attendees of this presentation will develop a solid understanding of low back pain evaluation and management in primary care. Evaluation techniques for the patient with low back pain will be described.

15.5.023  Using Naloxone for Overdose Mitigation: The NP Role
8:30 AM - 9:45 AM  Track: Pain Management  Content Level: Advanced Beginner
Category: Pharmacology  CE Hours: 1.25
Speaker(s): Tracy Klein, PhD, FNP, FAANP, FAAN; Shannon Panther, PharmD

The purpose of this presentation is to educate nurse practitioners regarding their role in provision of Naloxone for overdose risk mitigation in the community setting. The nurse practitioner may serve as an access point in multiple ways including as a prescriber, an educator and a collaborator with pharmacists and other health professionals who provide Naloxone and Naloxone training. Legal status of Naloxone provision as well as policy implications will be explored while providing examples of current initiatives to educate and distribute Naloxone to professionals, paraprofessionals and patients. Presenters are a pharmacist with Naloxone prescribing authority in Washington and an NP with expertise in safe prescribing of controlled substances and legal policy related to scheduled drugs. Presenters will provide interested participants with a Naloxone demonstration kit.

15.5.024  Exploring Post MI Management for the Aging Jock
8:30 AM - 9:45 AM  Track: Pharmacology  Content Level: Proficient
Category: Cardiovascular; Sports Medicine;  CE Hours: 1.25
Speaker(s): Jan Feltowicz, DO, ABIM, ACEM

This presentation will be a discussion of the broad range of medical care for our aging but athletically active patients after CAD onset. We also will discuss the treatment and prognosis of bicyclists, runners, endurance racers, triathletes, etc., including medications, physical rehabilitation, activity limits and alternative treatments including supplementations. A look at HRT and complications and medical therapies will be included.
As the Baby Boomer demographic ages, millions of women with complex health challenges are seen in primary care settings. One aspect that is rarely discussed by these women and addressed by their providers are the genitourinary changes that may plague them. Urinary incontinence, over active bladder, prolapsing organs, dermatologic changes, discomfort as well as quality of life issues will all be reviewed. Many women believe that they cannot enjoy activities unless they are close to a bathroom. These issues will be addressed in addition to the clinical symptoms diagnostic algorithms and evidence-based therapeutic options for relief.

The burden of chronic kidney disease (CKD) is growing, especially among people with diabetes. Although evidence-based guidelines for managing CKD are available, implementation of recommended care is poor and most clinicians feel inadequately educated on basic concepts of CKD including glomerular filtration rate (GFR), albuminuria, the progressive nature of chronic kidney disease and the transition to endstage kidney disease. This session is designed to help nurse practitioners improve the management of patients with kidney disease in the primary care setting.

"Approximately 30% of patients presenting with acute coronary syndrome (ACS) have ST-segment elevation myocardial infarction (MI) and the remainder unstable angina or non-ST -segment elevation (NSTEMI) (AHA 2014). This presentation will outline the select differences between the 2012 guidelines and the 2014 guidelines.

As the obesity rate of United States adults is greater than 30% and often results in numerous health consequences, it is important to maintain current knowledge of all options for treatment, both medically and surgically, in order to optimally manage the morbidly obese patient. Metabolic and bariatric surgeries remain the most reliable method for long-term weight loss with resultant comorbidity reduction or remission, including type2 diabetes, cardiac disease, hypertension, obstructive sleep apnea and cancer. In addition, the recent increased rate of the laparoscopic approach to these procedures has decreased the mortality rate substantially in the past decade. A history of bariatric surgeries and causes of obesity, both genetically and environmentally, will be reviewed. Current surgical options, their metabolic mechanisms of action, potential risks and national long-term results will be presented for each. In addition, information regarding access to care, methods to identify a comprehensive practice with quality outcomes, long-term post-surgical management guidelines and resources for additional evidence will be presented.
### 15.0529 The Pediatric Pertinent Negative Exam: It's All About What You Don't See
#### 8:30 AM - 9:45 AM
- **Track:** Pediatrics
- **Category:** Pediatrics
- **Speaker(s):** Ann Petersen-Smith, PhD, RN, CPNP-PC, CPNP-AC
- **Content Level:** Advanced Beginner
- **CE Hours:** 1.25

This presentation highlights the important negative findings in a pediatric physical assessment. In a systems-review format, the participant will learn the pertinent positive and negative findings while examining a child. Understanding the importance of identifying and documenting these findings will assist the learner to feel more confident in caring for the pediatric patient and that their documentation of care is complete.

### 15.0530 Help! Something is Wrong with Mama: Pearls for Geriatric Prescribing
#### 8:30 AM - 9:45 AM
- **Track:** Pharmacology
- **Category:** Gerontological
- **Speaker(s):** Amelie Hollier, DNP, FNP-BC, FAANP
- **Content Level:** Competent
- **CE Hours:** 1.25

Different prescribing strategies must be employed when prescribing for older patients so that drug-drug and drug-disease interactions may be avoided. More importantly, physiologic changes occur with aging that necessitate different strategies. Examples and case studies will be used to illustrate general points as well as the most salient points.

### 15.0531 Recognizing Severe Mental Illness in Primary Care
#### 8:30 AM - 9:45 AM
- **Track:** Psych/Mental Health
- **Category:** Psych/Mental Health
- **Speaker(s):** Kathleen T. McCoy, DNP, APRN, PMHNP-BC, PMHCNS-BC, FNP-BC, FAANP
- **Content Level:** Proficient
- **CE Hours:** 1.25

This presentation will specifically focus upon recognizing severe mental illness (MI) presenting in Primary Care (PC) settings, especially in its masquerading counterparts, which may mask the severity of the MI, yet require management. Because a majority of suicide cases have visited their Primary Care Provider (PCP) in a short time previous to the attempt, it is critical that the PCP recognize decompensation as well as calls for help, and intervene appropriately. As patients with severe MI may lack insight and yet prefer their PCP, these presentations likely will continue to present in PC rather than in the mental health arena. Topics such as major depression, severe, anxiety, thought disorders, ADHD, the pregnant and post-partum patient, dementia vs. delirium, relational discord will be approached. Differential diagnosis will be largely discussed as clinicians apply clinical reasoning to such cases. Briefly, guidelines will be provided that accompany decision making on behalf of this population.

### 15.0532 Non-Invasive Cardiac Stress Testing: Choosing the Most Appropriate Test
#### 8:30 AM - 9:45 AM
- **Track:** Cardiovascular; Diagnostic
- **Category:** Cardiovascular; Diagnostic
- **Speaker(s):** Jennifer Ballard-Hernandez, DNP, FNP-BC, GNP-BC, CVNP-BC, AACC, FAHA, CCRN
- **Content Level:** Proficient
- **CE Hours:** 1.25

Coronary artery disease (CAD) is the leading cause of death in the United States. Appropriate evaluation of chest pain syndromes or its equivalent is essential to accurate diagnosis and management of CAD. Noninvasive cardiac stress testing (NICST) remains an essential component in the diagnosis and management of CAD. Through the use of interactive case-based tutorials, participants will review current ACC/AHA Stress Testing Guidelines, emphasizing practical approaches and clinical pearls to translate scientific evidence into everyday practice to improve patient outcomes. Exercise and pharmacologic cardiac stress testing modalities will be reviewed in detail. A systematic approach to selecting the most appropriate NICST will be covered. The program will provide participants with an enhanced understanding of appropriate NICST selection, patient education and preparation for each test, and fundamental knowledge to interpret results.
June 13, 2015, Saturday

15.5.033  Housecalls 101
8:30 AM - 9:45 AM  Track:  
Category: Business/Professional  
Speaker(s): Scharmaine M. Lawson-Baker, DNP, FNP-BC, FAANP

During this presentation you will learn about housecalls and how to provide primary care in the home.

15.5.034  The Basic & Clinical Pharmacology of Cannabis
8:30 AM - 9:45 AM  Track: Pharmacology  
Category:  
Speaker(s): Alan P. Agins, PhD

This presentation will include an examination of the basic pharmacology of marijuana constituents (cannabinoids) including their different sources, chemistry, mechanism(s) of action, pharmacokinetics, purported therapeutic benefits, side effects, potential interactions and more. We also will review clinical evidence, both positive and negative, for a number of suggested-therapeutic uses such as muscle spasms caused by multiple sclerosis, nausea from cancer chemotherapy, poor appetite and weight loss caused by chronic illness (i.e., HIV), various types of pain, seizure disorders, inflammation, psychiatric disorders and others.

15.5.035  HEENT Emergencies You Must Consider
8:30 AM - 9:45 AM  Track: Emergent/Urgent Care  
Category: Otolaryngology; Ophthalmology  
Speaker(s): Edwin W. Schaefer, DNP, ENP-BC, FNP-BC

HEENT concerns typically are high volume - low acuity. All these systems harbor illnesses that can be life threatening. We will discuss pathology that may not be readily apparent during HEENT exams, but needs to be considered. Multiple disorders from each system will be covered.

15.5.036  Fatty Liver Disease: Screening & Management Strategies
8:30 AM - 9:45 AM  Track: Gastroenterology  
Speaker(s): Cheryl D. Levine, PhD, FNP, CCTI

Non-alcoholic fatty liver disease (NAFLD) is the most common cause of chronic liver disease in the United States. A high association has been noted with metabolic syndrome, diabetes and cardiac disease. It is characterized by the presence of hepatocellular injury, is progressive in a substantial proportion of cases and can lead to cirrhosis and all its complications. When an ultrasound of the abdomen mentions "fatty liver" further investigation may be warranted to evaluate the presence of steatohepatitis and liver fibrosis. Discussion will include symptoms, assessment, risk factors, progression of disease and current management strategies.

15.5.037  Venous Thromboembolism: Current Recommendations for Evaluation & Management in the Acute Care Setting
8:30 AM - 9:45 AM  Track: Respiratory/Pulmonology; Vascular  
Speaker(s): Joanne Thanavaro, DNP, ANP-BC, AGACNP-BC, GNP-BC, DCC, FAANP

Venous thromboembolism (VTE) consists of deep vein thrombosis (DVT) and pulmonary embolism (PE). This is a common, potentially lethal disorder, with approximately one million cases in the United States yearly. It recurs frequently and can result in long-term complications including chronic thromboembolic pulmonary hypertension (CTPH) and post-thrombotic syndrome (PTE). VTE is often underdiagnosed but is a preventable medical condition. This session will review etiology, clinical presentation and clinical decision rules for the evaluation of venous thromboembolism. Evidence based management strategies will be presented.
**June 13, 2015, Saturday**

**15.5.038  HIV Treatment & Prevention: An Update for Primary Care Nurse Practitioners**

8:30 AM - 9:45 AM  
Track:  
Category: Infectious Disease  
Speaker(s): Jeffrey Kwong, DNP, MPH, ANP-BC, ACRN, AAHIVS; Don Kurtyka, FNP-BC, MS, MBA, PhD, FAANP  
Content Level: Advanced Beginner  
CE Hours: 1.25

This presentation will provide a clinical overview of the most current guidelines and recommendations for HIV testing, diagnosis and management. In addition, the role of biomedical HIV prevention strategies, including non-occupational post-exposure prophylaxis (nPEP) and HIV pre-exposure prophylaxis (PrEP) will be reviewed. Implications for primary care nurse practitioners will be discussed.

**15.5.039  Exercise is Medicine: The Role of the Nurse Practitioner in Primary Care**

8:30 AM - 9:45 AM  
Track:  
Category: Cardiovascular; Sports Medicine  
Speaker(s): B. LaGary Carter, DA, NP-C, ACSM-RCEP, ACSM-CES  
Content Level: Proficient  
CE Hours: 1.25

The purpose of this presentation is to educate nurse practitioners about the Exercise is Medicine (trademark) global initiative as it relates to evidence-based clinical practice. A survey of the scientific literature focusing on systematic reviews and meta-analysis methodology that examined the efficacy of exercise as a primary, secondary and tertiary intervention. The impact of cardiorespiratory fitness on all-cause mortality and morbidity will be reported. Cardiovascular fitness has been described in the literature as the new vital sign. Nurse practitioners will gain a deeper understanding of the diagnostic and prognostic value of exercise testing and exercise prescription in clinical practice. How to overcome patient compliance barriers also will be discussed. Exercise is a cost-effective and safe medical intervention that is valued highly by patients if prescribed and reinforced by their provider.

**15.5.040  The CDC, Antimicrobial Stewardship & Clostridium Difficile**

8:30 AM - 9:45 AM  
Track:  
Category: Pharmacology; Gastroenterology;  
Speaker(s): Katherine Marie Sluder, DNP, FNP-BC  
Content Level: Competent  
CE Hours: 1.25

The presentation will discuss the current antibiotic crisis facing the United States where the CDC reports 20-50% of all antibiotics prescribed in U.S. acute care hospitals are either unnecessary or inappropriate. Antibiotics have serious side effects including adverse drug reactions and Clostridium Difficile Infection (CDI). Patients who are unnecessarily exposed to antibiotics are placed at risk for serious adverse events with no clinical benefit. The misuse of antibiotics has contributed to the growing problem of antibiotic resistance which has become one of the most serious and growing threats to public health. The CDC estimates more than two million people are infected with antibiotic-resistant organisms resulting in approximately 23,000 deaths annually. Clostridium Difficile now is the number one multi-drug resistant organism in the United States. The presentation will identify Clostridium Difficile Infection's pathophysiology, symptoms and current treatment strategies in addition to antimicrobial stewardship.

**15.5.046  Top New Guidelines & Topics that Impact Acute Care Practice**

10:15 AM - 11:30 AM  
Track: Acute Care  
Speaker(s): Steven W. Branham, PhD, RN, ACNP-BC, FNP-BC, CCRN, FAANP; Ted Rigney, PhD, ACNP-BC, FAANP  
Content Level: Proficient  
CE Hours: 1.25

The health care environment is changing rapidly and evidence that supports our practice is mandating practice change almost daily. Additionally, new and evolving treatment options are on the horizon for a wide range of diseases and conditions. This session will provide a succinct overview of recently updated guidelines as well as present some promising new treatments which are in development.
### 15.5.047  A Year in Review: What's New in Dermatology

**10:15 AM - 11:30 AM**  
**Track:** Dermatology  
**Category:** CE Hours: **1.25**  
**Speaker(s):** Kathleen Haycraft, DNP, FNP, PNP, DCNP-BC, FAANP

A review of the latest journal articles that will have influence in changing dermatology practice will be followed by a review of the latest pharmaceutical and treatment options that will have an impact on patients with dermatologic conditions.

### 15.5.048  A Case Study Approach to Gynecological Emergencies

**10:15 AM - 11:30 AM**  
**Track:** Emergent/Urgent Care  
**Category:** Women's Health; Reproductive  
**CE Hours: **1.25**  
**Speaker(s):** Jill Johnson, DNP, APRN, FNP-BC, CCRN, CEN, CFRN

Abnormal uterine bleeding and pelvic pain are common complaints encountered in the ED. Using a case-based format, this session will discuss various gynecological assessment findings, differential diagnosis, diagnostic clues and management for nurse practitioners in the Emergency Department.

### 15.5.049  Saving the Weekend Warrior: Identifying & Treating Overuse Injuries in the Orthopaedic Patient

**10:15 AM - 11:30 AM**  
**Track:** Orthopedics  
**Category:** Musculoskeletal; Sports Medicine;  
**CE Hours: **1.25**  
**Speaker(s):** Aaron Morgenstein, MD

This case-based presentation will cover musculoskeletal overuse injuries seen in the primary care, specialty clinic and urgent care settings. It will go through the differential diagnosis of common overuse injuries seen in the adult population. This will include overuse injuries associated with athletes and non-athletes. Etiology of overuse injuries will be discussed along with how to prevent them. Participants will learn the signs, symptoms, physical exam findings and diagnostic tests to make the correct diagnosis. Lastly, this presentation will cover non-operative treatment modalities for each of the injuries.

### 15.5.050  Solving the Mystery of Back Pain

**10:15 AM - 11:30 AM**  
**Track:** Pain Management  
**Category:** Musculoskeletal; Diagnostic  
**CE Hours: **1.25**  
**Speaker(s):** Theresa Mallick-Searle, MS, RN-BC, ANP-BC

This presentation will review most of the common, and some of the more uncommon, causes and treatments of cervical and low back pain. We will explore the use of diagnostics, including the use of imaging and EMG to make the diagnosis. We will review basic anatomy and physiology of the spine, while exploring cervical and lumbar pathology through a series of case studies. The basics of taking a focused back pain history and performing a focal physical exam will be reviewed.

### 15.5.051  Sinusitis, Rhinitis & Pharyngitis: Right Diagnosis, Right Drug, Right Rx

**10:15 AM - 11:30 AM**  
**Track:** Pharmacology  
**Category:** Otolaryngology  
**CE Hours: **1.25**  
**Speaker(s):** M. Elayne DeSimone, PhD, NP-C, FAANP

Through the use of case studies, participants will differentiate the appropriate diagnoses and treatments for sinusitis, rhinitis and pharyngitis.
**June 13, 2015, Saturday**

### 15.5.052  Cervical Cancer Prevention: Applying New Guidelines for Pap & HPV Testing, HPV Genotyping and the Management of Abnormal Screening Tests

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<tr>
<td>10:15 AM - 11:30 AM</td>
<td>Women's Health</td>
<td>Reproductive; Health Promotion;</td>
<td>Competent</td>
<td>Nancy Berman, MSN, ANP-BC, NCMP</td>
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This session will address the recent changes in cervical cancer prevention strategies with discussion of the natural history of HPV, new screening guidelines including screening intervals and discontinuation, the appropriate use of HPV testing in triage, in co-testing women 30 and older, and the use of HPV genotyping. The session will address the recent approval for primary (stand alone) HPV testing in women 25 and older, including its advantages and disadvantages. The session also will address some common management algorithms for the abnormal Pap and for HPV positive women.

### 15.5.053  Writing a Winning Abstract

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<td>10:15 AM - 11:30 AM</td>
<td></td>
<td>Business/Professional</td>
<td>Advanced Beginner</td>
<td>Judith A. Berg, PhD, RN, WHNP-BC, FAAN, FAANP, FNAP; Patricia F. Pearce, MPH, PhD, FNP-BC, FAANP, FNAP</td>
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This presentation will include the art of creating a credible abstract that reviewers for any conference will deem worthy for presentation. Presenters will walk the attendees through the necessary series of systematic steps of writing an abstract, provide examples and templates that can be tailored for future use, and discuss important pointers to win approval of those who review abstracts. Presenters are highly accomplished in presentation, writing and reviewing. The presentation will be useful for novices to experts who want to hone their abstract writing skill.

### 15.5.054  Childhood Obesity: A Growing Health Concern

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<td>10:15 AM - 11:30 AM</td>
<td></td>
<td>Obesity; Adolescent; Pediatric; Health</td>
<td>Competent</td>
<td>Beth Haney, DNP, FNP-C</td>
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This presentation will provide a description of the current childhood obesity problem, the role of nutrients, exercise and nutrition, and discuss the link between diet, chronic diseases and cancer. Current recommendations will be provided as well as suggestions for the health care provider to screen and monitor for obesity.

### 15.5.055  Preserving Your Future: An Overview of Photographs, Artifacts, Oral Histories & Other Documents

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<td>10:15 AM - 11:30 AM</td>
<td></td>
<td>Business/Professional</td>
<td>Competent</td>
<td>Julie Fairman, PhD, RN, FAAN</td>
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This presentation will provide an overview of photographs, artifacts, oral histories and other types of documents that should be organized and collected to preserve the history of the organization and individuals who practice as nurse practitioners.
### 15.5.056  E-Cigarettes: Why "Vaping" is Hazardous to Youth - Implication for Advocacy & Practice

**10:15 AM - 11:30 AM**

**Track:**

**Category:** Adolescent; Pediatric; Health

**Speaker(s):** Laura Searcy, MN, PPCNP-BC

**Content Level:** Competent  
**CE Hours:** 1.25

E-Cigarette use is increasing at dramatic rates, among middle and high school students. Accidental ingestions of nicotine containing e-cigarette cartridges and calls to poison control centers are increasing exponentially with the majority of ingestions involving children under 5. Insufficient regulations are in place to prevent access and marketing to youth. Nurse practitioners who provide care to children should be aware of the implications for child and adolescent health and know how to counsel parents and children as well as advocate for laws and regulations that prevent access and marketing of this dangerous product to children.

### 15.5.057  Older Adult Vaccine Updates: Be a Clinical Champion

**10:15 AM - 11:30 AM**

**Track:**

**Category:** Gerontological; Pharmacology;

**Speaker(s):** Barbara Resnick, PhD, CRNP, FAAN, FAANP

**Content Level:** Competent  
**CE Hours:** 1.25

This session will provide a current update on recommendations of adult vaccines and cost coverage across a variety of clinical settings. Differences for adults and older adults will be highlighted. In addition, the session will provide a step approach and examples for how to be an immunization &champion within settings of care. Findings and work from the National Adult Vaccine Program will be provided along with teaching tools for others and patient and caregiver resources.

### 15.5.058  Fibromyalgia: It's Not All In Your Head!

**10:15 AM - 11:30 AM**

**Track:**

**Category:** Adult; Pain Management;

**Speaker(s):** Anne Moore, DNP, APN, FAANP

**Content Level:** Competent  
**CE Hours:** 1.25

This session will discuss the complexity of diagnosis of fibromyalgia. Diagnostic evaluation, differential diagnoses and treatment modalities will be presented.

### 15.5.059  Atrial Fibrillation: New Treatments for a Chronic Old Problem

**10:15 AM - 11:30 AM**

**Track:**

**Category:** Cardiovascular; Pharmacology;

**Speaker(s):** Louann Bailey, DNP, APRN, FAANP

**Content Level:** Proficient  
**CE Hours:** 1.25

This lecture will discuss the current evidence-based guidelines for treating atrial fibrillation. This will include discussion on pharmacologic and non-pharmacologic treatments. Pharmacology discussions will encompass antiarrhythmic therapy and new oral anticoagulant therapies (NOAC). We will discuss patient populations at risk for atrial fibrillation and possible prevention of this chronic disease. Case studies will be used to describe patient scenarios and possible treatment options.
June 13, 2015, Saturday

15.5.060 Post Graduate Education: Opportunities for Our Next Generation

10:15 AM - 11:30 AM  Track: Content Level: Proficient
Category: Business/Professional  CE Hours: 1.25
Speaker(s): Panelists:

Britney S. Broyhill, DNP, ACNP-BC; Mary B. Dougherty, PhD, MBA; Margaret Flinter, PhD, APRN, FNP-C and Heather Meissen, ACNP-BC, CCRN

Moderator:
Michael E. Zychowicz, DNP, ANP, ONP, FAAN, FAANP

The purpose of this panel discussion is to describe the role post graduate NP educational programs have in nurse practitioner transition to practice and to summarize the outcomes of these programs from key post-graduate educators across the country representing all continuaums of practice. The panelists will summarize the current state of post graduate education for nurse practitioners and propose the future vision of post graduate educational programs for nurse practitioners.

15.5.061 What You Need to Know about Irritable Bowel Syndrome

10:15 AM - 11:30 AM  Track: Content Level: Proficient
Category: Gastroenterology  CE Hours: 1.25
Speaker(s): Peter Buch, MD, AGAF, FACP

The evaluation and treatment of Irritable Bowel Syndrome patients consumes a huge amount of time and expense. I intend to review the basic science, definitions, differential diagnoses and treatment of these patients. In addition, I will discuss the limitations of medications and the usefulness of coordinating with dieticians and therapists. I will share how I have approached these patients over the last 34 years and share key words and phrases that give IBS patients an important proactive role in their treatment.

15.5.062 Same Day Access Clinic: A Shift in Acute Heart Failure Care

10:15 AM - 11:30 AM  Track: Content Level: Expert
Category: Cardiovascular; Acute Care;  CE Hours: 1.25
Speaker(s): Margaret T. Bowers, DNP, FNP-BC, AACC, FAANP

The Same Day Access clinic is a model of care which provides a structure for treating patients with chronic heart failure during acute exacerbations. This model provides a strategy for reducing heart failure readmissions and has both financial and patient satisfaction implications. The presentation will cover the components of the Same Day Access clinic including patient selection, protocols, staffing and scheduling. At the conclusion of the presentation, participants should have the knowledge to replicate this type of clinical practice model for other chronic illnesses which have acute events requiring urgent intervention.
Without adequate support, adolescents transitioning from the pediatric to the adult health care system are at increased risk for poor health outcomes and need additional support. Decline in health over this transition time period is pervasive. Increasing obesity, sickle cell disease complications and renal transplant loss are among the many documented poor health outcomes encountered during the transition to young adulthood. These outcomes are often the result of preventable lapses in adherence, follow-up and insurance coverage. In light of this, the American Academy of Pediatrics, American College of Physicians and American Academy of Family Physicians came together with other professionals, family and youth as an expert panel and developed a report on transition that includes a set of specific clinical activities for all youth beginning at age 12. The report, Supporting the Health Care Transition from Adolescence to Adulthood in the Medical Home, was published in Pediatrics in 2011. From this report, 6 core elements of quality improvement transition practice process were developed and tested in several practice settings and shown to be helpful in improving the transition process for youth. The Federally Funded Got Transition: Center for Health Care Transition Improvement with collaboration of many national transition experts updated these 6 core elements in 2014.

This session will present the need for better transition approaches and new "Six Core Elements of Health Care Transition" and process measurement tools. The "Six Core Elements" include a set of steps to guide primary and specialty care teams in establishing assessment, implementing a transition plan, transferring to adult-centered care and ensuring continuity of care within the adult system. The new tools and evaluation methods, and quality improvement tips will be presented focusing on the essential role the NP plays in improving the transition from pediatric to adult health care for youth. Specific details of the process will be reviewed with pertinent information and resources for pediatric, family practice and adult providers.

NPs are key drivers to improving quality care for their patients. Their focus on patient and family engagement is essential to quality care. As they play a central role in coordinating the transition process that youth make from their pediatric care to the adult health care, being aware of the most up-to-date QI tools available to improve the transition process for their patients will be helpful for their delivery of quality care.

This presentation will provide participants with an overview of issues shaping the current health policy landscape and strategies to successfully influence change.
June 13, 2015, Saturday

15.5.078 6-Minute Lectures
1:30 PM - 2:45 PM
Track: Content Level: CE Hours: 1.25
Category:
Speaker(s): Function of AANP
This session will consist of presentations similar to those promoted with names such as Pecha Kucha and Ignite.

The AANP 6-Minute Lectures session will provide each selected presenter with an opportunity to present up to 18 slides on a specified topic in only 6 minutes! There will be 3 minutes for Q&A at the end of each presentation. This provides a fun and fast-moving platform for NPs to share their "Pearls of Wisdom" with fellow conference attendees.

A Call for Abstracts will be sent via email in March (approximately) to all registrants and speakers.

A list of all presentations and their location will be published in the Conference Guide you receive on-site upon check-in.

15.5.105 General Session - Annual Membership Meeting & Closing Keynote - 50 Years of the Nurse Practitioner: The Past, Present and Future
3:00 PM - 5:00 PM
Track: Content Level: CE Hours: 1
Category:
Speaker(s): Julie Fairman, PhD, RN, FAAN; Jeffrey C. Bauer, PhD, FAAN
Fifty years of nurse practitioner practice truly is a milestone. The history of nurse practitioner practice is quite remarkable and dynamic. And, the historical context is critical for our understanding of the integration of research, education and clinical practice.

Dr. Julie Fairman, Director of the Barbara Bates Center for the Study of the History of Nursing, author of Making Room in the Clinic: Nurse Practitioners and the Evolution of Modern Health Care, will discuss how the past can inform and transform the present and future.

Dr. Jeff Bauer, an internationally recognized health care futurist and medical economist, will discuss future trends in the health care system and their implications for nurse practitioners. He has published more than 250 articles, books, web pages and videos on health care delivery, and speaks frequently about key trends in health care, medical science, technology, information systems, reimbursement, public policy and health reform.

Please join us for this informative session as we reflect on NP practice and the health care delivery models for the next 50 years, and how we can be strategically positioned to meet the challenges.
June 14, 2015, Sunday

15.6.001  Basic Suturing: A Cut Above
8:00 AM - 11:00 AM  Track:  
Category: Procedures  
Speaker(s): Cynthia Durham, RN, MSN, ANPC, RNFA  
Content Level: Advanced Beginner  
CE Hours: 2.75

Repeat of 15.3.012 & 15.4.009

This course is designed for the nurse practitioner who has limited to no skill in the assessment and management of lacerations. The participant will learn how to accurately assess a laceration, deliver a local anesthesia, choose suture material and close a laceration. Techniques utilized to close will be a simple interrupted and vertical mattress stitch. If those closure techniques are mastered, you also will learn to close skin with a running subcuticular stitch.

Important Note: $100 fee

(Limited attendance)

15.6.002  The Acute Abdomen in Primary Care: What to Know and How to Examine an Acute Abdomen!
8:00 AM - 11:00 AM  Track:  
Category: Diagnostic  
Speaker(s): Bruce S. Zitkus, EdD, APRN, ANP-BC, FNP-BC, CDE  
Content Level: Proficient  
CE Hours: 2.75

Repeat of 15.5.012

Are you prepared to evaluate and diagnose a patient who comes into your office with the complaint of abdominal pain? Abdominal pain can be treated as a medical condition or it may be an acute surgical emergency. This workshop focuses on being prepared, as an advanced practice nurse, to examine and evaluate those individuals who come into your office with the complaint of abdominal pain. This hands-on workshop will review the pathophysiology of abdominal pain, the required subjective questioning and potential "red flags"; the advanced examination techniques, and the top ten causes of an acute abdomen with evaluation and treatment.

Important Notes: $100 fee. Active sportswear clothing strongly suggested. You will share your abdomen with another workshop participant.

(Limited attendance)

15.6.003  Neurological Exam Essentials for the Nurse Practitioner in Acute Care
8:00 AM - 11:00 AM  Track:  
Category: Neurology  
Speaker(s): Angela Nelson, MSN, RN, CCRN, ACNP-BC, FCCM, FAANP  
Content Level: Proficient  
CE Hours: 2.75

A thorough review of all aspects of the neurological exam will be discussed in detail including a PowerPoint presentation, videos, live demonstration and audience participation. Abnormal findings with differential diagnosis will be presented. Case studies also will be presented to further reinforce exam findings. Participants should be prepared to practice examination techniques on fellow participants. Pen lights, reflex hammers, tuning forks and written materials outlining the neurological exam will be given to all participants. Facilitators will be present to provide further reinforcement and instruction of examination techniques.

Important Note: $100 fee

(Limited attendance)
June 14, 2015, Sunday

15.6.004  Fine Needle Aspiration of Superficial Lesions: A Hands-On Workshop
8:00 AM - 11:00 AM  Track: Procedures
Category: Procedures  CE Hours: 2.75
Speaker(s): Rosemary Tambouret, MD; Cynthia Benedict, MD; Susan D. Rollins, MD, FCAP, FIAC; Dina Peterson, BAS, RTÂ®, RDMS, RDCS, RVT

The workshop will begin with a 60 minute lecture on the basics of fine needle aspiration (FNA), the use of ultrasound guidance (US) and FNA, the types of lesions amenable to FNA with a focus on FNA of thyroid nodules. The hands-on session will be divided into 4 stations through which the participants will rotate. The stations will provide an opportunity to practice FNA of a palpable mass without US guidance, manipulation of the needle and syringe post-FNA to extract the maximum amount of cellular material for analysis, smearing techniques to optimize subsequent cytological analysis including methods to deal with cyst fluid and bloody samples, preparation of cellular material for cell blocks and FNA of lesions with US guidance for needle placement.

Important Note: $100 fee

(Limited attendance)

15.6.005  Auricular Acupuncture: An Introductory Workshop
8:00 AM - 11:00 AM  Track: Complementary; Procedures; Chronic
Category: Complementary; Procedures; Chronic  CE Hours: 2.75
Speaker(s): Catherine G. Ling, PhD, FNP-BC, FAANP; Candy Wilson, Lt Col, USAF, NC, PhD, WHNP-BC

Auricular acupuncture has been developed by Dr. Richard Niemtzow and has been used in both the Department of Defense and Veterans Administration for chronic and acute pain relief. Providers introduce acupuncture needles into 5 specific areas on the ear with a specific process. This process has been found to be highly effective in both immediate pain relief and longer term quality of life.

Important Note: $100 Fee

(Limited attendance)

15.6.006  Minor Surgical Skills for the Primary Care & Acute Care Nurse Practitioner
8:00 AM - 11:00 AM  Track: Acute Care
Category: Procedures; Surgical  CE Hours: 2.75
Speaker(s): Richard McLaughlin, MS, ACNP-BC, FAANP; Noel M. Pycior, MS, FNP-BC

Repeat of 15.1.002 & 15.1.016

Minor Surgical Skills for the Primary Care & Acute Care Nurse Practitioner is designed to familiarize the participant with a basic orientation and practical experience with common minor surgery procedures used in the office, emergent care or hospital setting. During the first 90 minutes, the skills will be introduced through an interactive PowerPoint lecture.

In the second half of the workshop, participants will practice incision and drainage of an abscess, removal of a sebaceous cyst using the Elliptical Incision and subcutaneous and subcuticular closure, digital blocks, treatment for paronychia and toenail removal.

Important Note: $100 Fee

(Limited attendance)
June 14, 2015, Sunday

15.6.008  Musculoskeletal Injection & Arthrocentesis in Primary Care
8:00 AM - 12:00 PM  Track:  Orthopedics  Content Level:  Advanced Beginner
Category:  Musculoskeletal; Procedures  CE Hours: 3.75
Speaker(s):  Gregory B. Holm, PhD, NP-C, FAAN

Repeat of 15.1.009, 15.1.023 & 15.5.009

This lively, fun and interactive presentation will use PowerPoint lecture and return demonstration practice on manikin and human models to learn orthopedic injections and arthrocentesis commonly performed in the primary care setting. You will leave with a better understanding and feeling of comfort for these important procedures!

Important Notes: $100 fee. Active sportswear clothing strongly suggested.

(Limited attendance)